

As Individuals...

Here are some steps we all can take:

- Don't buy single-use plastic water bottles. There are excellent reusable alternatives.
- Don't use plastic drinking straws. Ask the server, "No straws, please."
- If given the choice between a glass bottle and a plastic bottle, choose glass, and recycle it. (Sometimes this choice is not possible.)
- Bring your own reusable shopping bags to groceries and retail stores, and don't accept the plastic bags in the store. (Given Connecticut laws, you may be doing this already.)
- Once we start having after-worship coffee hours again, bring your own ceramic coffee or travel mug.
- Ask that takeout food be put into containers other than those made of plastic. This may not be possible everywhere, but especially local restaurants may be able to comply.
- Have your own reusable cutlery instead of taking the plastic disposables offered at fast-food restaurants.
- Contact your state or national legislative representatives, and ask them to support environment-friendly laws. A list of these lawmakers is at the end of this newsletter.