



ORDER of SERVICE

for Sunday, January 30, 2022

Believing in a community that unites all people

Pre-Service Quiet

Prelude *Spiegel im Spiegel* by Arvo Pärt
Matthew Johnsen, Music Director

Chalice Lighting words by Burton D. Carley

Introit *And So It Goes* by Billy Joel
The King's Singers

Welcome & Opening Words by John Gibb Millspaugh

✧ **Opening Hymn #1009** *Meditation on Breathing*

Religious Exploration Moment
Robin Mitzcavitch, Director of Religious Exploration

Reading Excerpt from *The Sabbath* by Abraham Joshua Heschel

50/50 Collection to benefit Greater Worc. UU Campus Ministry
Rev. Cheryl Leshay

Offertory *Intermezzo in A Major* by Brahms
(Newcomers: please accept this service as our gift to you.
Do not feel obligated to participate in the offering at this time.)

Joys & Sorrows

Pastoral Prayer

Musical Meditation *Meditation on the Thin Space*
of St. Paul's Chapel by Peter Ostroushko

Reflection *Sabbath Moments* Rev. Aaron Payson

Litany words by Dan Lambert

✧ **Closing Hymn #1031** *Filled With Loving Kindness*

Benediction words by Heather Rion Starr (adapted)

Postlude *Improvisation on Hyfrodol* by Matthew Johnsen

✧ Please stand in body or in spirit

Text-to-Give - Without check or cash and want to participate in our weekly offering? From a smartphone text the amount of your contribution to 508-231-5335. First-time contributors will be asked for one-time registration information by Simplegive. Thank you for helping us continue to be a congregation of love, hope and justice!

SERVICE NOTES

*Thanks to this morning's
Volunteers:*

In Person Audio Team:
Bruce Leshay & Frank Sweetser

Facebook Moderator:
Rev. Cheryl Leshay

Church Photographer:
Betty Jenewin

Greeter & Connection Team:
Maya Desai & David Fields

Visit a Connections Team Member
at the Welcome Table for more
information about UUCW!

UPCOMING SERVICES

Unless noted otherwise
Preservice Quiet & Prelude at 9:50 am
Worship Service and RE Classes at 10 am
Fellowship at 11:15 am
Rev. Aaron Payson, Preaching

Sunday, February 6
All Church Read Sunday
The Benefits of Being an Octopus
Religious Exploration Program

Sunday, February 13
The Self Love of Self-Less Love

Sunday, February 20
A Helot's Bargain

Sunday, February 27
The End of Empowerment

FELLOWSHIP INFO

Please! *No food or drink in the
sanctuary during the service.*

Due to COVID response,
Fellowship Hour will take place
outdoors at this time.

UUCW Activity Calendar ~ January 30 - February 6

Regularly Scheduled UUCW Events/ Community Groups

Sunday, January 30 - Multi-platform Worship & RE at 10 am

Sunday, February 6 - Multi-platform Worship & RE at 10 am

All other meetings of the church must be scheduled on a case-by-case basis following the guidelines of the Health & Safety Team. Please contact the office to schedule any meetings of the church.



Choir Rehearsal

Th, 7 - 8:30 PM
Sunday, 9 - 9:30 am

Evening Book Club

2nd Wed, 7 - 8:30 pm, Lounge

Get Out The Vote Team

2nd Thurs, 6 - 7:30 pm, Zoom

Loaves & Fishes Food Pantry Setup

3rd Fri, 4 - 10 pm, Fell Hall

Loaves & Fishes Food Pantry

3rd Sat, 10 am - noon, Fell Hall

Lunch With the Minister

1st Wed, Noon-1:15 pm, Lounge

Men's Group

4th Fri, 7 pm, Meeting Room 1

Monday Meditation Group

9:30 - 11:30 am, Zoom

Side With Love Task Force

1st & 3rd Tues, 6:30 - 7:30 pm, Zoom

Staff Meeting

Mon, 10 am - noon, Meeting Room 1

Women's Social Circle

2nd & 4th Sat, Off-Site/Zoom

Al-Anon Adult Children (ACOA)

Thurs., 7:30 pm, Meeting Room 1

Alcoholics Anonymous (AA)

Fri., 8 pm, Lounge

Debtors Anonymous (DA)

Tues., 7 pm, Meeting Room 1

Greater Worc. Humanists

2nd Tues, 6:30 pm F.Hall

Overeaters Anonymous

Sat., 7:30 am, Meeting Room 1

WGLN Rainbow Lunch

2nd & 4th Wed, 12 - 2 pm FH

Litany words by Dan Lambert

Because the daily pressure of life weighs heavy on our minds, on our bodies, and on our spirits.

We need a time of sabbath rest.

Because the stresses of our culture often leave us feeling burdened and looking for hope.

We need a time of sabbath rest.

Because rest, fun, leisure, and naps help us cope and feel refreshed.

We need a time of sabbath rest.

Because we think more clearly, love more freely, and share more joyfully when we are well rested.

We need a time of sabbath rest.

Giver of Life, help us recognize when we need to stop and care for ourselves.

Allow us to enjoy a sabbath as often as we need one.

Allow us to rest without guilt so that we may work with more joy.

We are thankful for the gift of sabbath rest. Amen.

OFFICE INFORMATION

Office Hours : In person: M, W: 9 am - 3 pm; Th: 9 am - 2 pm; by phone (508-853-1942 ext 102) and email (office@uucworchester.org) only on Tuesdays.

CONGREGATIONAL MISSION STATEMENT

The members and friends of the Unitarian Universalist Church of Worcester covenant to be a congregation of love, hope and justice inspiring people to take on the challenges of a changing world.

WELCOMING CHURCH MISSION STATEMENT

The Unitarian Universalist Church of Worcester strives to further the affirmation and celebration of LGBTQI individuals in all aspects of the church community. We also seek to increase the visibility of UUCW as a Welcoming Congregation within the greater community.

RELIGIOUS EXPLORATION & EDUCATION

Religious Education: 10 - 11:15 am, *Youth Group:* 6 - 8 pm, For information on UUCW RE programs, please email the RE program at uucwre@gmail.com

THE OFFERING - LAST WEEK

Sunday, Jan 23 pledges = \$245.00
FY2022 Pledges to date = \$110,095.00
Budgeted FY2022 Pledges to date = \$107,666.67

Sunday, Jan 23 offering = \$150.00
FY2022 offering to date = \$5,945.91
Budgeted FY2022 offering to date = \$3,046.06

Unitarian Universalist Church of Worcester

90 Holden Street, Worcester, MA 01606
(508) 853-1942 · office@uucworchester.org ·
www.uucworchester.org

TEXT ALERTS FROM UUCW

TEXT ALERTS from UUCW are now being offered. In case of cancellation of Worship/RE or other events, you can receive alerts on your smartphone. To sign up, text UUCWORCESTER to 84483. Please note that carrier SMS fees may apply.