



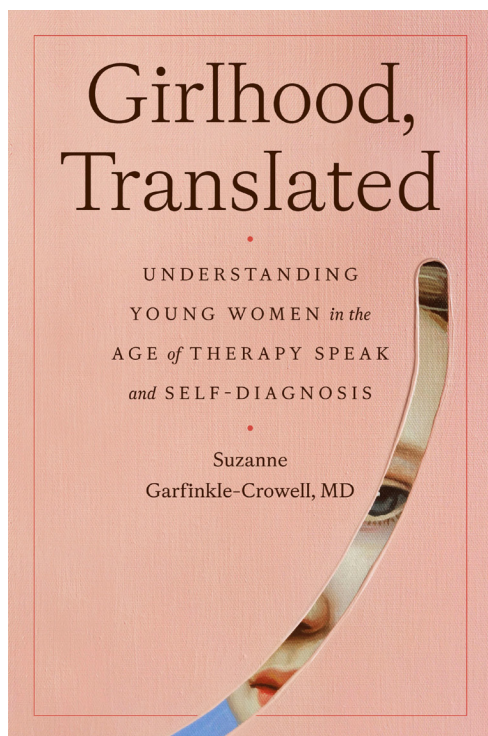
CMPS

Center for Modern Psychoanalytic Studies

Public Event

Book Launch:

Girlhood, Translated: Understanding Young Women in the Age of Therapy Speak and Self-Diagnosis



ADHD. OCD. Toxic. Unwell. Over the past decade, psychiatrist Suzanne Garfinkle-Crowell noticed that girls were coming to her office with an increasingly long list of psychiatric diagnoses, often pulled from the internet and social media. It seemed like it was becoming impossible for young women to talk about their feelings without using “therapy speak” or connecting them to mental illnesses. At the same time, she saw parents responding to this jargon with either alarm or dismissiveness, both of which only broadened the communication gap with their daughters. Through vibrant, moving stories from the therapy room, Dr. Garfinkle-Crowell helps us see why girls have been driven to rely on this lexicon in order to be heard--and teaches us to listen better. *Girlhood, Translated* shows us how a girl can evolve from damaged object to empowered subject, who can not only heal but thrive.

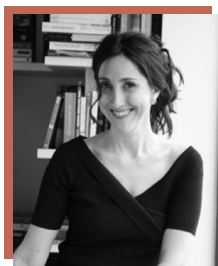
FRIDAY, OCTOBER 9, 2026 • 7:00 – 8:30 PM

Doors Open at 6:30 PM

RSVP: cmeps.edu/events

For More Information: 212-260-7050 • cmeps@cmeps.edu

Admission: Free



Suzanne Garfinkle-Crowell is a psychiatrist who treats children, adolescents, and adults. She studied English at Amherst College and received a Master of Science degree in Theoretical Psychoanalysis from the University College, London. She completed her medical and residency training at Columbia University/New York State Psychiatric Institute and the Icahn School of Medicine at Mount Sinai, where she is Founding Director of the Academy for Medicine and the Humanities. She lives with her family in Greenwich Village.