

Reinvigoration of Hearts and Hands

As more people are venturing out and getting together, it is time to call on our community to help reinvigorate the Hearts and Hands program at the Orcas Senior Center. Hearts and Hands volunteers have provided in-home companionship visits to seniors and disabled adults on Orcas Island for 15 years. Caring volunteers make friendly visits to seniors and adults with disabilities to help with maintaining independence and a good quality of life. The visits include assistance with light chores, errands, and provide a social connection and companionship. As a daughter of a Hearts and Hands recipient states, “you are helping to keep my mom involved in life and her desire to continue living.”

If you would like to become a Hearts and Hands volunteer or if you or someone you know could use assistance from a Hearts and Hands volunteer, please contact Jim Glozier at (360) 919-9318. (All volunteers are vetted and follow strict COVID-19 protocols.)