

**“LOVE IS MORE THAN A MEMORY” by MS. AMY  
STROUD OF BIRCHVIEW MEMORY CARE @ ORCAS  
SENIOR CENTER  
(Monday, March 25, 1:00-2:30pm, Lundeen Room)**

The Orcas Senior Center Nonprofit is sponsoring an Alzheimer's Disease class by Ms. Amy Stroud, an educator from Birchview Memory Care in Sedro Wooley, WA.

The 90 minute session is designed for members of our community, family, and volunteers who may be caregivers for folks living with Alzheimer's. The class will focus on ways for caregivers and companions to manage or cope with changes associated with Alzheimer's Disease. Admission is **FREE** and open to all members of the community. Please call the Orcas Senior Center at **360-376-2677** to reserve your seat!