

(Read below to find more information about each event from the Orcas Senior Center listed in the Blast)

Did You Know? – by Lynnette Wood, Orcas Senior Center

Did you know that many services available from the Orcas Senior Center are available to others than just seniors? For instance, all of our services are available to adults with disabilities as well as to those aged 60 and older. In addition, the meals program is available to spouses and unpaid caregivers of eligible individuals, regardless of their age, and to individuals of any age who volunteer their services for the program during meal hours. The center's foot care nurses are independent partners whose services are available to anyone. The center is a grateful host to the Lion's Club mobility equipment program, which helps anyone—including people of all ages recovering from surgery or an injury—needing a crutch, cane or other mobility device. The center also hosts SHIBA volunteer advisors who provide free and confidential help with Medicare to people of all ages. Medical transportation is available to adults with disabilities, as well as to seniors 60 years of age and over. Many of our activities and classes are available to anyone, including the Meeting of the Minds lecture series and many of the wellness classes. Check out on our website at orcasseniors.org to find out more about all these programs or give us a call at 360-376-2677. We will be happy to hear from you because, even if we aren't able to help, we can refer you to someone who can. Your generous donation is greatly appreciated to continue to offer and host these important programs for all residents of Orcas Island, not just seniors.

Meeting of the Minds – “8020 Vision” presented by Jay Kimball - Orcas Senior Center: Wednesday, November 17, 2021 at 1pm by Zoom

Please join Orcas Senior Center and Jay Kimball, founder of 8020 Vision, a consulting firm that helps organizations understand global impacts and related environmental changes for an engaging dialogue on climate change and its impact on the San Juan Islands. Jay will provide an intriguing 20-year outlook on energy and climate impact in San Juan County and things we can do to adapt on Wednesday, November 17 at 1pm by Zoom.

Jay is an engineer who consults on mega-trends in climate change and how to generate and use energy to reduce carbon emissions. Jay also works with OPALCO on long-range planning, clean energy grants, and member insight.

To attend, go to the Calendar of Event at orcasseniors.org on Wednesday, November 17 at 1pm. To continue offering great programs like this one, your generous donation is always welcome.

**“Mapping Orcas: The Way Home” with Orcas Island Historical Museum’s Nancy Stillger:
Tuesday November 16th at 1:00pm by Zoom**

How did early explorers find their way to Orcas Island before they even knew what was there to be found? The Orcas Island Historical Museum’s new exhibition “Mapping Orcas: The Way Home” features an extraordinary collection of early maps that helped lead the way. Nancy Stillger, Executive Director, will guide you in a live virtual tour and presentation of this exhibition direct from the museum. The exhibit features an extraordinary collection of maps, most of which were assembled, restored, and reproduced by photographer Peter C. Fisher of Orcas Island. Also featured in the museum are exquisite, hand drawn, original maps by the late Jean Putnam.

Nancy Stillger has almost 30 years of nonprofit experience in arts, history, and cultural organizations throughout the west coast and has been the Executive Director of Orcas Island Historical Museum since Spring 2020.

Please join this unique virtual event Tuesday, November 16 at 1pm. To join, go to Orcas Senior Center’s Calendar of Events page at orcasseniors.org. So that we can continue to offer great programs like this one, your generous donation is always appreciated.

Orcas Socrates Café @ Orcas Senior Center by Zoom (Sunday, November 14, 4-6pm)

Orcas Senior Center continues to virtually host the Orcas Socrates Café from 4-6pm on the second Sunday of each month. It’s an opportunity to engage in an open discussion on philosophical perspectives. This is not a book club, but rather a conversation, based on the book, *Socrates Café: A Fresh Taste of Philosophy* by Christopher Phillips. Each month will offer a new discussion topic, where everyone will be encouraged to exchange philosophical perspectives based on personal experiences. Past topics have included pondering: what is the purpose of wealth and what is enough wealth? And is there a time when common good takes precedence over personal freedom?

We hope you will be compelled to join this friendly community discussion which is sure to encourage insightful dialogue. Register with Michel Vekved at michel@orcasseniors.org.