

How to Have Tough Talks With Your Teen

Wednesday, April 7 from 7:00-8:00 pm



KEYNOTE SPEAKER Sam Anthony Lucania

TEDx speaker, 5-star author, personal trainer, overdose survivor, and recovery advocate

Sam Anthony took his first drink at 12 in an attempt to hide his anxiety and depression and fit in with his peers. What started off as self-medication turned into a vicious cycle of addiction, leading to an overdose that landed him on life support in 2013. Thinking he didn't need help, he continued this lifestyle and subsequently was arrested and sentenced to three years in jail in 2015. Since then, Sam Anthony has brought awareness and hope to thousands by sharing his inspiring recovery story.

PANELIST Robin Kolodzinski, LCSW-R, is a licensed clinical social worker in the state of New York. She works in the NY Presbyterian Westchester Behavioral Health Center's Child and Adolescent Outpatient Department. Ms. Kolodzinski received her Masters Degree in Social Work from New York University in 1996 and has extensive inpatient and outpatient experience working with families, children, and adolescents that struggle with ADHD, anxiety, depression, mood disorders and psychosis.



PANELIST Camille Banks-Lee is a psychotherapist in private clinical practice. Previously, Camille served as a teacher and administrator in the Ossining Union Free School District, an adjunct professor at Manhattanville College, and as the Executive Director for the City of Mount Vernon Youth Bureau. She currently resides in New Rochelle with her husband and three sons and remains committed to social justice, mental health awareness and programs to promote youth development.



PANELIST Dr. Joshua Logan is proud to have been the school psychologist for House 1 at New Rochelle High School for the past 15 years. Dr. Logan provides student counseling, consults with teachers and parents, and conducts psychological evaluations to help address student's learning and social-emotional needs. Dr. Logan also serves on the Concussion Management Committee, the Health and Safety Committee, and is the co-faculty advisor for the Best Buddies club.



PANELIST Pina Palmisano, LCSW-R, has been the Student Assistance Counselor at New Rochelle High School for the past 20 years. Pina is a social worker with extensive training in substance abuse prevention and intervention. She provides individual and group counseling for students while working closely with school administrators, teachers, and parents. She also advises the Students Against Destructive Decisions (SADD) club and co-facilitates the Co-Occurring Disorders (CODA) club.



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