



**NEW ROCHELLE HIGH SCHOOL UNVEILS KEYNOTE SPEAKERS FOR
FAMILY UNIVERSITY 2019
MARCH 27, 2019 (6:00-9:00 pm)**

Best-selling Authors, Technology and Mental Health Experts to Lead Inspiring and Informative Evening for Students, Educators, Parents and Caregivers

New Yankees Legend Mariano Rivera to Appear as Special Guest Speaker

New Rochelle New York, March 1, 2019 - The NRHS PTSA invites students, parents and caregivers to Family University on March 27 from 6:00-9:00 pm at New Rochelle High School. The event is sponsored by New York-Presbyterian/Lawrence Hospital in an ongoing effort to educate and inform middle and high school students as well as parents and caregivers on important mental health and social media issues affecting young people in our community.

The keynote speakers include: bestselling author and nationally renowned speaker Bobby Petrocelli, lifestyle and technology founder, Stephanie Humphrey and leading mental health educator, author and family life coach Joshua Wayne. Additionally, New York Yankees legend Mariano Rivera will appear as a guest speaker sharing his personal journey from bullied child to baseball legend and how mentorship played an important role in his success.

Family University will also feature a panel discussion centering on the warning signs of stress, anxiety and depression, as well as a session that focuses on the importance of youth mentoring.

Family University will begin at 6:00 pm with a dinner sponsored by local New Rochelle restaurant Gemelli's. The official program will begin at 6:45 pm in the Whitney Young Auditorium for students and in the Linda Kelly Theater for parents and caregivers. Spanish language translation will be available. Registration for Family University is \$6 and can be booked in advance via the [PTSA website](#) or at the event.

Mental Health Parent Panel: Identifying the Warning Signs of Stress, Anxiety and Depression in Your Child

Stephanie Marquesano, founder of [The Harris Project](#); Dr. Despina Hatziergati, M.D. Assistant Professor of Clinical Psychiatry, Child and Adolescent Psychiatry, Weill Cornell Medical College Child and Adolescent Inpatient Service Chief, NYP Westchester Division, Elizabeth Van Buren, domestic violence counselor for [Hope House](#), New Rochelle High School social worker Grisella Ramos and a member of the New Rochelle Police Department's PACT Unit (Community Policing).

Student Panel: The Importance of Mentorship

Speaker and author Bobby Petrocelli, ALMS Principal John Barnes, IEY Principal Anthony Bongo, NRHS high school coach and alumni Rasaun Young, NRHS alumni and speaker Stefanie Toglia and Dr. Josh Logan (NRHS psychologist) and a member of the New Rochelle Police Department's PACT Unit (Community Policing).

Keynote Speaker Biographies

BOBBY PETROCELLI



Renowned Speaker, Bestselling Author, Educator, Coach, Telly Award-winner and NSA Certified Speaking Professional

Bobby Petrocelli is an engaging speaker, author, educator and coach. With almost three decades of professional speaking experience, he has become a leading voice. Bobby's contagious zest for life and sincere love for people are communicated through his messages. Those who experience him leave educated and motivated by his relevant stories and are refreshed by his charismatic personality. He has been described as **Real: Relatable; and Relevant** as his message screams out, **"YOU MATTER, will you be you!"**

Bobby has inspired millions through personal, television and radio appearances along with every form of printed media. He has worked with educational groups, community organizations,

professional sports/collegiate teams, and corporations as well as medical groups. He has been featured on every major TV affiliate along with MSNBC, Lifetime and the Family Channel. He recently won the prestigious Telly Award for his television appearance on Overcoming Obstacles. He has also authored and co-authored 18 different motivational books with over 1,000,000 in circulation.

Bobby's best selling books include:

- *You Matter, It Doesn't*
- *10 Seconds will Change Your Life Forever*
- *Triumph Over Tragedy*
- *Unshakeable Character*

Bobby is a Certified Speaking Professional (CSP), the highest earned designation of the National Speaking Association and International Federation of Professional Speakers. He has become one of the most sought after speakers in the nation.

STEPHANIE HUMPHREY



Lifestyle and Technology Expert:founder, A Matter of Life and Tech blog

Tech-Life Expert Stephanie Humphrey merges her passion for lifestyle media with in-depth tech expertise to show everyday people how empowering, enriching and fun technology can be. Stephanie is driven by the sole purpose of connecting people, particularly those underrepresented in technology, with the tech know-how to transform their worlds.

Stephanie is proud to say that she has realized her dream of becoming a nationally syndicated media personality as the technology contributor to 'The Harry Show', hosted by Harry Connick, Jr. She also recently reached another national goal when she became a contributor to Good Morning America and was a guest expert on the daytime morning show Home & Family on The Hallmark Channel. Stephanie was a frequent guest on NewsOne with Roland Martin on TV One and has also contributed her tech-life expertise to other national media outlets including Al-Jazeera America, HuffPostLive, TheGrio.com, and BlackEnterprise.com. She is a regular on-air

tech contributor to Fox 29's Good Day Philadelphia (WTXF) where she's delivered tech news since 2012. Stephanie spent three years as the technology writer for EBONY.com and a contributor to EBONY magazine, where she provided readers with the latest in apps, gadgets, and social media. She was the originator of the popular "Tech2Go" column on TheRoot.com, and spent two years as the spokesperson for HP, Inc. on the QVC shopping channel. And Stephanie uses social media to help hundreds of people understand tech basics with her weekly 60-Second Tech Break on Instagram & Twitter (@TechLifeSteph). Clips of some of Stephanie's work can be viewed on her YouTube channel.

Helping students is the passion that drives Stephanie, and she has channeled this motivation into a seminar called 'Til Death Do You Tweet.' The seminar, tailored to either students, parents, or professionals, helps them understand the potential negative consequences of online behavior - especially through social media - and gives helpful advice on how people can maintain a positive reputation in cyberspace.

Stephanie is inspired by an innate curiosity to know why things work and an entrepreneurial spirit, which was the spark that started her on her present journey into tech-life media. Her expertise is built upon more than a decade as a Senior Systems Engineer at Lockheed Martin and engineering degrees from Florida A&M University and the University of Pennsylvania. In her free time, Stephanie serves as the Vice President for the Southeastern Pennsylvania chapter of the Drifters, Inc. and has served twice as a Big Sister in the Big Brothers/Big Sisters program.

JOSHUA WAYNE



Joshua Wayne Helps Parents and Educators Understand & Prevent Risky Teen Behavior

Joshua's speaking focuses on helping parents and educators understand and prevent risky teen behavior. Whether it's drugs and alcohol, being sexually active, driving recklessly or posting inappropriate information online, Joshua provides practical solutions to prevent risky teen behavior.

His innovative, grounded approach helps parents and educators break through their confusion and fear to identify warning signs, implement appropriate and effective interventions, and keep the lines of communication open with teens. Joshua will challenge your audience to think critically about risks, and will leave them energized and optimistic about helping their teens become healthy, happy, successful young adults.

Joshua's entire career has been devoted to helping teens, young adults and their families resolve conflicts and thrive. He holds a Masters Degree in Counselor Education from Northeastern Illinois University in Chicago and is a Nationally Certified Counselor with the National Board of Certified Counselors (NBCC). He has been featured as a Life Coach on the Style Network and writes for the Huffington Post.
