SPA FOR THE SPIRIT

Stepping Out on God's Word: Meeting God in the Wilderness

Saturday, March 19 • 10:00am Event for Women 18+ (in the church)

Life is filled with wilderness experiences, and fortunately, so is the Bible!! One of the things we learn there is that the wilderness is a great place to meet God and grow in our faith. Our Spiritual SPA Day will focus on how we can take the Bible's wilderness lessons and apply them to our lives in creative and fulfilling ways.

Rev. Dr. Carol Ann Munro is an ordained minister in the United



Church of Christ. Dr. Munro received both her MDiv and DMin degrees from the Chicago Theological Seminary. She has served as a parish pastor, hospital chaplain, development officer, retreat leader and spiritual director. During her ministry, primary areas of focus have been adult faith formation, biblical literacy and spiritual growth. She is currently a volunteer with the Ignatian Spirituality Project, which provides spiritual companioning for people recovering from homelessness and addiction.