

# NJ Crisis Services: Who Should I Call?

There are many types of emergencies. What number is best to call during a crisis?

**988** | SUICIDE & CRISIS LIFELINE

**9-1-1**

**2-1-1**

Someone to Call For...

Behavioral Health Crisis

Emergency Response

Basic Needs

 24/7 services			
 Serves adults			
 Serves youth <sup>1</sup>			
 Overdose in progress or medical emergency			
 Fire			
 Immediate rescue required <sup>2</sup>			
 Crime			
 Suicide attempt in progress			
 Someone is a threat to self or others			
 Mental health crisis			
 Substance use crisis			
 Suicidal thoughts			
 Crisis stabilization <sup>3</sup>			
 Follow-up services			
 Referrals			

<sup>1</sup>For children/youth under 21, contact PerformCare (877-652-7624) which provides a family-centered, community-focused, single point of entry to obtain services for behavioral health, intellectual/developmental disabilities, or substance use. Available 24/7. Parent/legal guardian consent required for youth under 18.

<sup>2</sup>Immediate rescue required for self-injury, serious threats of harm to self/others, severe disorientation, and/or agitation, etc.

<sup>3</sup>Crisis stabilization provides short-term care for an individual experiencing an acute mental health or substance use crisis.

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STATE OF NEW JERSEY

Phil Murphy, Governor | Tahesha L. Way, Lt. Governor



DEPARTMENT OF HUMAN SERVICES

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