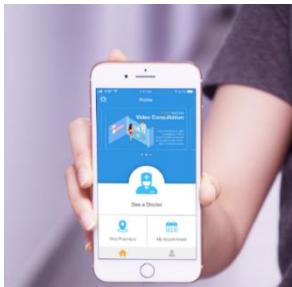


Important Notice! If you have been exposed to COVID-19 (coronavirus) or suspect you may have the virus, please use this telemedicine option to pre-screen before coming into the office.



WHEN TO USE CDOC?

CDoc is a mobile telehealth app that helps you connect with your healthcare provider, diagnose your non-emergency medical conditions, prescribe medication, and send the prescription to your nearest pharmacy. By using this app, you can have a two-way video conversation with your provider to receive a diagnosis and treatment plan right from your home. Eliminate travel and wait time by connecting to your medical practice all from your mobile device.

How do I start using it?

1. Contact our medical office at 201-288-6781 to be registered if you are a new patient. If you are an existing patient, proceed to step 2.

Please have valid identification (driver's license, state ID), insurance information, and payment method (credit card, debit card, etc.) ready.

2. Use the mobile links below or **scan the QR codes** above to download the app from the [Apple Store \(iPhone\)](#) or [Google Play \(Android\)](#).

Note: Say "Yes" when CDoc asks to use your phone, camera, and microphone for the app to work correctly.

3. Create an account on the CDoc app using the service code '**heightsmedical**' (not case sensitive). *Please use same email you provided our office.*

4. Click "See A Doctor" to choose a provider and book an appointment by picking a time and date (**Recommended**). *Please book only one appointment per day.*

5. You could also use the "Consult Now" button to start the video conversation immediately if a provider is available. If no provider is "on-line", you can join their virtual waiting room and wait for a call back.

- Asthma
- Prescription Renewals/Refills
- Rashes
- Nausea, Vomiting
- Diarrhea
- Urinary Tract Infection
- Bronchitis
- Depression/Mental Health Consults
- Cold, Flu, Fever, Cough
- Sore Throat
- Headache
- Insect Bites
- Allergies