

PROVIDER NETWORK

Getting to Know Blue: Medical Director Dr. Deirdre “Dee” Barfield

Dr. Deirdre “Dee” Barfield, an internal medicine physician with Louisiana Blue since 2014, was promoted to chief medical officer in 2025 after holding numerous medical director and clinical services roles.

Dr. Barfield was instrumental in leading or guiding many notable clinical efforts, including setting medical policies, oversight of the appeals process, Epic Payer Platform implementation and driving greater member engagement with Care Management programs and services. She oversaw the transition to moving behavioral health case management services in house for greater coordination with other Care Management programs, which took effect this year. Dr. Barfield also was extensively involved in the development and creation of Louisiana Blue’s Quality Blue value-based care programs.

She was initially hired as medical director for the Shreveport region and was promoted two years later to senior medical director. In 2021, she was named vice president, Medical Management, overseeing Louisiana Blue’s Care Management, Utilization Management and clinical teams. She retains that role in addition to being chief medical officer.

As a company spokesperson, Dr. Barfield has been interviewed on behalf of Louisiana Blue by multiple media outlets statewide about annual wellness visits, preventive screenings, immunizations, mental health and more. Recent media appearances by Dr. Barfield:

- [Tips For A Healthy Heart | WWL-TV “Great Day Louisiana”](#)
- [Small changes, big impact: How preventive care and everyday choices can improve heart health | Shreveport – Bossier City Advocate](#)

Before she joined Louisiana Blue, Dr. Barfield was chief medical officer of health plans and population health for CHRISTUS Health in Irving, Texas. She was also chief medical officer, VP of Medical Affairs and director of Women’s Services at CHRISTUS Schumpert Health System in Shreveport, where she began her career working as a pathologist. During her time in academic medicine, Dr. Barfield taught and advised students and chaired numerous committees. Her current professional and society memberships include the American College of Physicians, American Medical Association, Louisiana State Medical Society and Shreveport Medical Society. Dr. Barfield earned a Bachelor of Science degree at Louisiana State University in Shreveport and her medical degree at the LSU Medical Center in Shreveport. She holds an MBA from the University of Massachusetts Amherst, Isenberg School of Business. She is board certified by the American Board of Internal Medicine and the American Board of Anatomic and Clinical Pathology.

The Louisiana Blue Foundation has previously honored Dr. Barfield with the Blue Angel Award, a special recognition given annually to a Louisiana Blue employee who goes above and beyond in serving the community. Dr. Barfield was recognized in 2019 for her work as a doctor and active volunteer with MLK Health Center and Pharmacy in Shreveport.