



Self Help Inc.

COORDINATED FAMILY &



COMMUNITY ENGAGEMENT

The Community Action Agency of Greater Brockton and Attleboro

780 West Main Street ■ Avon, MA 02322

Phone: 508-559-1666 Fax: 508-583-3808

Web: www.selfhelpcpc.org Email: cpc@selfhelpinc.org

[f/selfhelpcpc](https://www.facebook.com/selfhelpcpc) [@SHICFCE](https://twitter.com/SHICFCE)

Parent-Child Summer Programs

July-August-September 2018

See What's coming up!!



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UPCOMING PROGRAMS

July-Aug-Sept 2018

Please find below a listing of all of the Self Help Inc. CFCE community based programs scheduled for SUMMER 2018! All programs provided are FREE for families!

***JOY TO THE CHILDREN FAMILIES:

please note that all of the activities listed below are eligible to help you meet your CFCE Activity Requirement, if you intend on applying for Joy to the Children Assistance this Holiday Season!

IMPORTANT REMINDERS

ACTIVITY REGISTRATION REMINDER: Please remember that most of our programming requires PRE-REGISTRATION. Please follow registration instructions for each activity, or you can [visit our calendar](#) for registration links/contacts for each program!!

ILLNESS: Please remember that if you or your child are showing symptoms of illness, we ask that you do not attend CFCE programs, for your and everyone's health and safety. Please see link below for more information/resources.

JUL 1, 2018 (SUN)



Think, Draw and Write for July's Online Project @ online and mail-in activity

JUL @ anytime during the month

This is an AT-HOME activity!

Activity for this Month.....**If you could invent a new toy what kind of toy would you create and why? Draw a picture of it and a story to tell all about how it works!!!**

Creative, imaginative writing fun for school-aged children and siblings...and you get a FREE surprise each month you participate! **For more information and to Register, please email or call Carol Carver at 508-559-1666 x1811, ccarver@selfhelpinc.org. CHECK OUT THE AMAZING WORK FROM THE KIDS WHO PARTICIPATED IN 2015-2016 BY [CLICKING HERE!](#)**

If you can, please mail of copy of this picture to me so I can hang it up on our CREATIVITY Wall at Self Help Inc./CFCE, 780 West Main Street, Avon, MA 02322. If you register to do this activity each month, I will send you some self-addressed stamped envelopes to help with the mailing.



Seasonal Nature Collection Table : Summer @ at home

Jul @ anytime during the summer

Families email Carol at ccarver@selfhelpinc.org to register and/or for questions, to express an interest in the at home/online parent-child activity called....Seasonal Nature Collection Table for Home.

CFCE staff will email you suggested ideas of what to do , mostly outdoor activities, with their child in that particular season, along with a list of nature items to collect, and then a craft idea to create by using them !! Take pictures of an activity outdoors , things you collected or the craft you created and email them to Carol at CFCE and she will then mail or give your child a special surprise!!!! **CATEGORIES: ALL AGES TAGS: All Partnerships At Home Carol**

Read & Roll for School Aged Children @ At Home Activity

Jul @ anytime over the summer

REGISTER for this program by contacting Carol at 508-559-1666 x1811 or email ccarver@selfhelpinc.org:

Read & Roll: This is an engaging activity for the whole family!!! Dad's, Mom's and school-

age children!!! CFCE is collaborating with WHITMAN CAROUSEL FUN CENTER to offer this activity!!! Email Carol to REGISTER - please include Child's name & address. The children are asked to

read 5 books and mail CFCE a short summary and picture of the book(s) they have completed- one at a time. CFCE will tally their participation and when all five books and activities are completed, they will be mailed a book mark certificate stating the reading completion. This will enable them to go , with the certificate, to CAROUSEL FAMILY FUN CENTER in WHITMAN to get one FREE admission to the roller skating rink- FUN,FUN,FUN!!! (you still need to pay for skaterentals). **CATEGORIES: SCHOOL AGE TAGS: Carol**



JUL 4, 2018 (WED)



**CFCE OFFICES ARE CLOSED
TODAY! PLEASE HAVE A SAFE AND
HAPPY 4TH OF JULY!!**

JUL 9, 2018 (MON)



**Nature Club for Families @ WWI Memorial
Park & Zoo (North Attleboro)**

Jul 9 @ 10:15 am - 11:30 am

**REGISTER for this family SERIES, outdoor time by calling
or emailing Carol at ccarver@selfhelpinc.org, 508-559-1666
x1811!!!** (weather permitting). We will meet at the zoo keeper's
office near the small tot's playground. As families... we will
discover & explore different outdoor terrains during the
summer, fall and spring seasonsalong with stories, activities
and related art projects each month. A bundle of OUTDOOR
FUN in various towns and outdoor places!!! **CATEGORIES:** All

Ages TAGS: North Attleboro Carol



**Musical Waterplay Story Time for 4-6 year olds @
Holbrook Park/Playground**

Jul 9 @ 1:30 pm - 2:15 pm

**REGISTER with Carol at 508-559-1666 X1811 OR
email ccarver@selfhelpinc.org.** This program is weather

permitting! **Musical Water-play:** Learn how many things can make music-jars
of water, animals, singing, instruments, wind chimes..and the list goes on and
on!!! Come to listen to sounds, participate in making musical sounds and
create a rain stix for musical movement at home and outdoors!!!

CATEGORIES: KINDERGARTEN PRESCHOOL TAGS: Carol Holbrook

JUL 10, 2018 (TUE)



Tot Time Sing n Learn @ Rockland Public Library

Jul 10 @ 10:30 am - 11:15 am

Come play, sing, and learn with Ms.Marsha. We will play with toys, have some great
stories and sing our favorite songs! This months theme will be loosely based
around animals preparing for winter. **REGISTER BY CALLING THE LIBRARY at 781-**

878-1236 . CATEGORIES: All Ages TAGS: Rockland Marsha



**Discovery Day @ Bradley Lessa Memorial
Playground-Stoughton**

Jul 10 @ 12:00 pm - 1:15 pm

Come join us to explore the MANY things at the Bradley Lessa Memorial
Playground, including Lunch time together, playing at the playground and
then a storywalk along a nature trail- all weather permitting!!!

REGISTER by calling or emailing Carol at 508-559-1666
x1811, ccarver@selfhelpinc.org. We will meet near the playground
picnic area to start! **CATEGORIES:** PRESCHOOL TAGS: Carol Stoughton

PLEASE VISIT OUR WEBSITE AT

[www.SELFHELPCPC.ORG](http://www.selfhelpcpc.org) FOR THE MOST UP TO DATE PROGRAMS!!



The Science of Sound @ Rockland Public Library

Jul 10 @ 2:00 pm - 3:00 pm

Have you ever wondered why some sounds are loud and others soft? Join Ms. Marsha as we explore the Science of Sound! The Science of Sound is a STEAM program for young children ages 4-8 and their caregivers, which include parents, grandparents, guardians, and informal caregivers, to the science of sound. We will be engaged in a variety of activities and books that help us explore how sound is made. We will

strengthen their listening, sharing, and turn taking skills as well as the ability to express their ideas through participation in this program. Handouts will be provided to continue the learning at home. **Please contact the children's librarian Erin Puleio, to register, at 781-878-1236** CATEGORIES: KINDERGARTEN SCHOOL AGE TAGS: Marsha Rockland



Ms. Marsha's Musical Story time in Avon @ Avon Public Library

Jul 10 @ 6:15 pm - 7:00 pm

Come listen and sing along at Ms. Marsha's musical story time. This 45 minutes story time will include all books set to music. Of course we will do some favorite music and movement songs too! this program is suitable for young children and their caregivers which include parents, grandparents, guardians, and informal caregivers. **Please contact the Children's Librarian at 508 583 0378 to register.** CATEGORIES: ALL AGES TAGS: Avon Marsha

JUL 11, 2018 (WED)



Drop-In Playgroup @ Mansfield public Library

Jul 11 @ 10:30 am - 11:15 am

Come join Carol Carver - Early Childhood Support Specialist-from Self Help, Inc. Coordinated Family & Community Engagement Program. **Drop In**

Playgroup: Parents (Dads, Moms, Grandparents- EVERYONE) can chat together, children can engage in toys and practice their social skills as well as -music-and-manipulatives together, and everyone will have some FUN!!! The Playgroup will run for approximately 45 minutes- with free play lasting about 15 minutes and then

songs, stories, simple art and parachute play/tunnel play will be offered towards the later part! Activities are geared for 2-4 yr olds. **NO PRE-REGISTRATION REQUIRED!** CATEGORIES: All

AGE TAGS: Mansfield Carol



Music and Movement @ Canton Public Library

Jul 11 @ 10:30 am - 11:15 am

Come sing, Dance, and Move to the Groove with Ms. Marsha. We will sing, dance and have an instrument play. One lucky family will leave with the program

Cd. This program is open to young children and their caregivers. **DROP-IN! No registration required. Please contact Library at for more info./questions.** CATEGORIES: All Ages

TAGS: Canton Marsha



Can You Guess What I Am? 4 Week Series for 3-5 year olds @ Plainville Public Library

Jul 11, 18, 25, & Aug 1 @ 1:00 pm - 1:45 pm

REGISTER by contacting the Children's Librarian in Plainville at 508-695-

1784. Can You Guess What I Am? **4-week STEAM series** of Can You Guess What I Am? Includes guessing games, stories, movement, art, songs, free play

etc. CATEGORIES: PRESCHOOL TAGS: Carol Plainville



Voices in the Orchestra (*three session series*)@ Middleboro Public Library

Jul 11, 18 and 25 @ 2:00 pm - 3:00 pm

Come and learn the Voices in the Orchestra! Voices in the Orchestra is a program for school age children ages 5 and up and their caregivers, which include parents, grandparents, guardians and informal caregivers, to explore the different sounds the instruments make in the orchestra and how they can help bring stories to life. **This three session program** introduces the children to the various voices in the orchestra (strings, woodwind, brass, percussion, and keyboard sections) and stories that use orchestral music to bring characters to life.

Session 1: the children will learn about the orchestra in general, session 2 includes listening to a recording of Make Way for Ducklings narrated by the late

Senator Ted Kennedy and backed by the Boston Landmark orchestra. In session 3 the children will watch a piece of the movie Fantasia and be challenged to identify the instruments that they hear in the movie. The children will strengthen their listening skills as well as their knowledge of music through participation in this program. If you cannot attend all three session choose the one that means most to you! **Please contact the children's librarian to register, Amanda Meyer 508-946-2470.** CATEGORIES: KINDERGARTEN SCHOOL AGE TAGS: Marsha Middleboro

JUL 12, 2018 (THU)



Music and Movement @ Turner Free Library-Randolph

Jul 12 @ 10:00 am - 10:45 am

Come sing, Dance, and Move to the Groove with Ms. Marsha. We will sing, dance and have an instrument play. One lucky family will leave with the program Cd. This program is open to young children and their caregivers. **DROP-IN! No registration required. Please contact Library**

at for more info./questions. CATEGORIES: ALL AGES TAGS: Marsha Randolph



Moove & Groove ...*3 week series for 3-6 year olds* @ Whitman Public Library

Jul 12, 19 & 26 @ 1:00 pm - 1:45 pm

REGISTER by contacting the Children's Librarian at 781-447-7613. Move N'Groove: Do you want your kids to dance, learn exercise and have fun all at the same time? That's what Move N'Groove is all about! It is a creative exercise program **series for 3 gatherings for children ages 3 to 6 years** and is designed to

help children develop self-confidence, encourage healthy living and promote problem-solving skills. It gives the children plenty of opportunity to dance and jump around - just what kids love doing best! We want all kids to learn good exercise habits early! Each session starts off with a warm up, then moves into locomotor and non-locomotor movements. Kids then follow a series of aerobic dance exercises, and concludes with a relaxing cool-down segment. FUN time for all to enjoy!!! CATEGORIES: KINDERGARTEN PRESCHOOL TAGS: Carol Whitman



Whale Songs @ Dedham Public Library

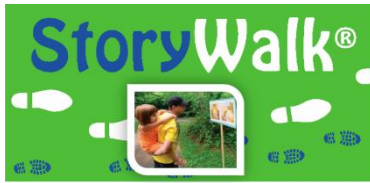
Jul 12 @ 2:30 pm - 3:30 pm

Did you ever hear the songs a whale sings? Join Ms.Marsha at Whale songs a STEAM program designed for children 4 -8 and their caregivers ,which include parents, grandparents, guardians, and informal caregivers, to introduce them whales and the way they communicate with sound. We will learn about whales through stories and activities that teach us about whales and the sounds they make to communicate. We will strengthen their listening skills and presenting skills as we

share ideas and information with each other during the program. Handouts will be given at the end of the program to continue their learning at home. **REGISTER BY CALLING the LIBRARY AT 781-751-9283.** CATEGORIES: KINDERGARTEN SCHOOL AGE TAGS: Dedham Marsha

JUL 17, 2018 (TUE)

StoryWalk in Norton @ Norton Public Library



Jul 17 @ 10:00 am - 10:45 am

Enjoy a leisurely stroll around the grounds of the Norton Public Library and share a wonderful story with your child! There will be activities scattered throughout the story to make it even more fun! Each month will feature a different story. If it rains we will take it inside! **No need to register! this is a drop in program!** The Story Walk® Project was created by Anne Ferguson of Montpelier, Vermont and was developed in collaboration with

the Vermont Bicycle and Pedestrian Coalition and the Kellogg-Hubbard Library. **CATEGORIES: ALL AGES TAGS: Marsha Norton**



Animals Are Really Cool...3-5 year olds group!!! @ East Bridgewater Public Library

Jul 17 @ 10:30 am - 11:15 am

REGISTER by contacting the librarian at 508-378-1616. Animals Are Really COOL!!!: During each month of the year we will meet to do an animal fun story time series with books, musical instruments, movement, art and lots of FUN FACTS!!!

CATEGORIES: PRESCHOOL TAGS: Carol East Bridgewater



Music and Movement @ Norton Public Library

Jul 17 @ 10:45 am - 11:30 am

Come sing, Dance, and Move to the Groove with Ms. Marsha. We will sing, dance and have an instrument play. One lucky family will leave with the program

Cd. This program is open to young children and their

caregivers. DROP-IN! No registration required. Please contact Library at for more info./questions. **CATEGORIES: All Ages**

TAGS: Norton Marsha



Story Hour @ Norton Glenn Playground

Jul 17 @ 12:30 pm - 1:30 pm

Come to the playground at Norton Glenn for Storytime. This lunch time story hour will include stories,songs, and movement. It is for all ages! Each child will leave with a new book for their home library., This is a drop in program-**NO REGISTRATION REQUIRED**, so come on by Norton Glenn Playground and look for Ms.Marsha!

CATEGORIES: ALL AGES TAGS: Marsha Norton



Whale Songs @ NortonPublic Library

Jul 17 @ 2:00 pm - 3:00 pm

Did you ever hear the songs a whale sings? Join Ms.Marsha at Whale songs a STEAM program designed for children 4 -8 and their caregivers ,which include parents, grandparents, guardians, and informal caregivers, to introduce them whales and the way they communicate with sound. We will learn about whales through stories and activities that teach us about whales and the sounds they make to communicate. We will strengthen their listening skills and presenting skills as we

share ideas and information with each other during the program. Handouts will be given at the end of the program to continue their learning at home. **REGISTER BY CALLING the LIBRARIAN Jillian Goss at 508-285-0265.** **CATEGORIES: KINDERGARTEN SCHOOL AGE TAGS: Norton Marsha**

JUL 18, 2018 (WED)



Playground Bonanza!!! @ Imagination Station Playground (Randolph)

Jul 18 @ 10:30 am - 11:15 am

REGISTER by contacting Carol at 508-559-1666 x1811

or ccarver@selfhelpinc.org Playground Bonanza: Travel around with us (Grandparents, Moms or Dads) to visit various playgrounds in your surrounding towns!!! We will meet at the playground structures for some fun in the sun and then gather on the blankets for songs, stories, simple art, tunnel play and movement fun

with the parachute and scarves!!! Activities geared towards 2.9-5 years old. Weather permitting. **CATEGORIES:** PRESCHOOL **TAGS:** Carol Randolph



Tot Time Sing n Learn @ Middleboro Public Library

Jul 18 @ 10:30 am - 11:15 am

Come play, sing, and learn with Ms.Marsha. We will play with toys, have some great stories and sing our favorite songs! This months theme will be loosely based around animals preparing for winter. **REGISTER BY CALLING THE LIBRARY at 508-946-**

2470 . CATEGORIES: All Ages **TAGS:** Middleboro Marsha

JUL 19, 2018 (THU)

StoryWalk @ Avon Public Library



Jul 19 @ 10:00 am - 12:30 pm

Enjoy a leisurely stroll around the grounds of the Norton Public Library and share a wonderful story with your child! There will be activities scattered throughout the story to make it even more fun! Each month will feature a different story. If it rains we will take it inside! **No need to register! this is a drop in program!** The Story Walk® Project was created by Anne

Ferguson of Montpelier, Vermont and was developed in collaboration with

the Vermont Bicycle and Pedestrian Coalition and the Kellogg-Hubbard Library. **CATEGORIES:** ALL **AGES TAGS:** Marsha Avon



Multi-age Playgroup @ Rockland Memorial Library

Jul 19 @ 10:30 am - 11:15 am

REGISTER by contacting the librarian at 781-878-1236. Multi-age Playgroup: Parents can chat together, children can engage in toys and practice their social skills as well as -music-and- manipulatives together, and everyone will have some FUN!!! The Playgroup will run for approximately 45 minutes- with free play lasting about 15 minutes and then songs, stories, simple art and parachute play/tunnel play will be offered towards the later part! Activities are geared for 2-4 year olds. **CATEGORIES:** ALL AGES **TAGS:** Carol Rockland



Music and Movement @ Avon Public Library

Jul 19 @ 10:30 am - 11:15 am

Join Ms. Marsha as we move and groove into summer at Music and Movement. Music and Movement is a program geared for young children of all ages and their caregivers which include parents, grandparents, guardians and informal caregivers. The participants will

be engaged in a variety of musical activities which support general development. Music and movement will be used to enhance social/readiness skills such as listening, following directions, turn taking, and being able to participate effectively in a group setting. One lucky family will bring home the program CD! no need to register this program is DROP in! **CATEGORIES:** ALL AGES **TAGS:** Avon Marsha

PLEASE VISIT OUR WEBSITE AT

[www.SELFHELPCPC.ORG](http://www.selfhelpcpc.org) FOR THE MOST UP TO DATE PROGRAMS!!



Voices in the Orchestra 3 session program @ Avon Public Library

Jul 19, 26, 31 @ 2:00 pm - 3:15 pm

Come and learn the Voices in the Orchestra. Voices in the Orchestra is a program for school age children ages 5 and up and their caregivers, which include parents, grandparents, guardians and informal caregivers, to explore the different sounds the instruments make in the orchestra and how they can help bring stories to life. This three session program introduces the children to the various voices in the orchestra (strings, woodwind, brass, percussion, and keyboard sections) and stories that use orchestral music to bring characters to life. The first session the children will learn about the orchestra in general, session 2 includes listening to a recording of Make Way for

Ducklings narrated by the late Senator Ted Kennedy and backed by the Boston Landmark orchestra. In session 3 the children will watch a piece of the movie Fantasia and be challenged to identify the instruments that they hear in the movie. The children will strengthen their listening skills as well as their knowledge of music through participation in this program. Attend all three sessions or choose your favorite! **Please contact the children's librarian to register, 508-583-**

0378. CATEGORIES: KINDERGARTEN SCHOOL AGE TAGS: Avon Marsha

JUL 23, 2018 (MON)



Musical Waterplay Story Time for 4-6 year olds @ Middleboro Public Library

Jul 23 @ 10:30 am - 11:15 Am

REGISTER with the library at 508-946-2470. This program is weather

permitting! **Musical Water-play:** Learn how many things can make music-jars of water, animals, singing, instruments, wind chimes..and the list goes on and on!!! Come to listen to

sounds, participate in making musical sounds and create a rain stick for musical movement at home and outdoors!!! **CATEGORIES: KINDERGARTEN PRESCHOOL TAGS: Carol Middleboro**

JUL 24, 2018 (TUE)



"On The Move" for 4 weeks of the Summer Months @ Westgate Mall

Jul 24, 31 and Aug 7, 14 @ 9:00 am - 10:00 am

REGISTER by contacting Carol AT 508-559-1666 X1811 OR

EMAIL ccarver@selfhelpinc.org....we meet at the indoor playspace to do our program!!!

ON THE MOVE SUMMER SERIES: Families will come together to cool off during the hot summer months- 4 weeks- and be engaged in cool down exercises as we involve everyone in songs, moving to music, Nursery Rhymes, finger plays, I Spy games, peer chat time as well as cool down exercises, breakfast snacks, play

time at the indoor play space. A story read-aloud time is allotted to end the ON THE MOVE TIME together each week!!! (activities are geared for 2-4 year olds). **CATEGORIES: ALL AGES TAGS: All Partnerships Carol**



Lunch Time Stories and a Hike @ Rockland Town Forest

Jul 24 @ 11:30 am - 12:30 pm

REGISTER by contacting Carol at 508-559-1666 x1811

ccarver@selfhelpinc.org. ..Look for sign by the road that says "Rockland Town Forest" and take that dirt road in to park...weather permitting. Lunch Time Stories and a Hike: We will be meeting at various places to enjoy a picnic lunch, have some play time and a story and then head out for a nice nature hike together!!! Weather permitting. Geared towards 3-5 year olds. **CATEGORIES: PRESCHOOL TAGS: Carol**

Rockland



Whale Songs @ Canton Public Library

Jul 24 @ 2:00 pm - 3:00 pm

Did you ever hear the songs a whale sings? Join Ms. Marsha at Whale songs a STEAM program designed for children 4 -8 and their caregivers ,which include parents, grandparents, guardians, and informal caregivers, to introduce them whales and the way they communicate with sound. We will learn about whales through stories and activities that teach us about whales and the sounds they make

to communicate. We will strengthen their listening skills and presenting skills as we share ideas and information with each other during the program. Handouts will be given at the end of the program to continue their learning at home. **REGISTER BY CALLING the LIBRARIAN 781-821-**

5027. CATEGORIES: KINDERGARTEN SCHOOL AGE **TAGS:** Canton Marsha



Ms. Marsha's Musical Story time @ Middleboro Public Library

Jul 24 @ 6:00 pm - 6:45 pm

Come listen and sing along at Ms. Marsha's musical story time. This 45 minutes story time will include all books set to music. Of course we will do some favorite music and movement songs too! this program is suitable for young children and their caregivers which include parents, grandparents, guardians, and informal caregivers. **Please contact the Children's Librarian at 508 946 2470 to register.** **CATEGORIES:** ALL

AGES TAGS: Middleboro Marsha

JUL 25, 2018 (WED)



Musical Waterplay Story Time for 4-6 year olds @ West Bridgewater Public Library

Jul 25 @ 10:30 am - 11:15 Am

REGISTER with the library at 508-89-4-1255. This program is weather permitting! **Musical Water-play:** Learn how many things can make music-jars of water, animals, singing, instruments, wind chimes..and the list goes on and on!!! Come to listen to sounds, participate in making musical sounds and create a rain stix for musical movement at home and outdoors!!! **CATEGORIES:** KINDERGARTEN

PRESCHOOL TAGS: Carol Holbrook

JUL 26, 2018 (THU)



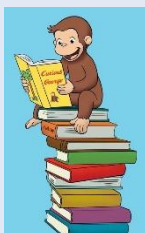
Musical Masterpieces in Randolph @ Turner Free Library Randolph

Jul 26 @ 10:00 am - 10:45 am

Let's paint musical masterpieces! Join Ms. Marsha as we explore art and music together! This program is for young children ages 2-6 and their caregivers which include, parents, grandparents, guardians, and informal caregivers, to explore the way music can guide painting and drawing. We will listen to several types of music as we create musical masterpieces! **Register with the library at 781-961-**

0932. CATEGORIES: KINDERGARTEN PRESCHOOL **TAGS:** Marsha Randolph

JUL 30, 2018 (MON)



Curious George Series of 4 weeks for 4-6 year olds @ Abington Public Library

Jul 30, Aug 6, 13, 20 @ 1:30 pm - 2:15 pm

REGISTER with the Children's Librarian at 781-982-2139. Curious George

Series: What's more FUN than taking an adventure each week- 4 weeks- with our little monkey friend CURIOUS GEORGE!!! Each week we will have a continuous - curious journey by reading our book... along with songs, movement, art and a lil' bit of monkey-ing around FUN!!! **CATEGORIES:** KINDERGARTEN PRESCHOOL **TAGS:** Abington Carol

JUL 31, 2018 (TUE)



Whale Songs in Randolph @ Turner Free Library Randolph

Jul 31 @ 4:30 pm - 5:30 pm

Did you ever hear the songs a whale sings? Join Ms.Marsha at Whale songs a STEAM program designed for children 4 -8 and their caregivers ,which include parents, grandparents, guardians, and informal caregivers, to introduce them whales and the way they communicate with sound. We will learn about whales through stories and activities

that teach us about whales and the sounds they make to communicate. We will strengthen their listening skills and presenting skills as we share ideas and information with each other during the program. Handouts will be given at the end of the program to continue their learning at home. **PLEASE REGISTER WITH Monica Brennan at the library 781-961-0932. CATEGORIES: KINDERGARTEN SCHOOL AGE TAGS: Marsha Randolph**



Seasonal- Nighttime Story FUN for the Summer @ Rockland Public Library

Jul 31 @ 6:30 pm - 7:15 pm

REGISTER by contacting Librarian at 781-878-1236...Seasonal Nighttime Story FUN!!!: This night time parent(Dads, Moms, Grandparents- EVERYONE)-child story time will be held each season of the year with many fun things to do.... including playtime, seasonal

observations, songs, books, art, games and of course some parachute fun, etc.!!! Geared for 3-6 year olds. **CATEGORIES: KINDERGARTEN PRESCHOOL TAGS: Carol Rockland**

AUG 1, 2018 (WED)

Drop-In Playgroup @ Mansfield public Library



Aug 1 @ 10:30 am - 11:15 am

Come join Carol Carver - Early Childhood Support Specialist-from Self Help, Inc. Coordinated Family & Community Engagement Program. **Drop In**

Playgroup: Parents (Dads, Moms, Grandparents- EVERYONE) can chat together, children can engage in toys and practice their social skills as well as -music-and-manipulatives together, and everyone will have some FUN!!! The Playgroup will run for approximately 45 minutes- with free play lasting about 15 minutes and then songs, stories, simple art and parachute play/tunnel play will be offered towards the

later part! Activities are geared for 2-4 yr olds. **NO PRE-REGISTRATION REQUIRED!** CATEGORIES: All Ages TAGS: Mansfield Carol



Think, Draw and Write for Aug's Online Project @ online and mail-in activity

Aug @ anytime during the month

This is an AT-HOME activity!

Activity for this Month.....**You just built a time machine. Where in time would you go? What do you do and what do you see? Tell all about it in a story and draw a descriptive picture.**

Creative, imaginative writing fun for school-aged children and siblings...and you get a FREE surprise each month you participate! **For more information and to Register, please email or call Carol Carver at 508-559-1666 x1811, ccarver@selfhelpinc.org. CHECK OUT THE AMAZING WORK FROM THE KIDS WHO PARTICIPATED IN 2015-2016 BY [CLICKING HERE!](#)**

If you can, please mail of copy of this picture to me so I can hang it up on our CREATIVITY Wall at Self Help Inc./CFCE, 780 West Main Street, Avon, MA 02322. If you register to do this activity each month, I will send you some self-addressed stamped envelopes to help with the mailing.

PLEASE VISIT OUR WEBSITE AT

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Seasonal Nature Collection Table : Summer @ at home

Aug @ anytime during the summer

Families email Carol at ccarver@selfhelpinc.org to register and/or for questions, to express an interest in the at home/online parent-child activity called....Seasonal Nature Collection Table for Home. CFCE staff will email you suggested ideas of what to do , mostly outdoor activities, with their child in that particular season, along with a list of nature items to collect, and then a craft idea to create by using them !! Take pictures of an activity outdoors , things you collected or the craft you created and email them to Carol at CFCE and she will then mail or give your child a special surprise!!!!!! **CATEGORIES: ALL AGES TAGS: All Partnerships At Home Carol**

Read & Roll for School Aged Children @ At Home Activity

Aug @ anytime over the summer

REGISTER for this program by contacting Carol at 508-559-1666 x1811 or email ccarver@selfhelpinc.org:

Read & Roll: This is an engaging activity for the whole family!!! Dad's, Mom's and school-age children!!! CFCE is collaborating with WHITMAN CAROUSEL FUN CENTER to offer this activity!!! Email Carol to REGISTER - please include Child's name & address.

The children are asked to read 5 books and mail CFCE

a short summary and picture of the book(s) they have completed- one at a time. CFCE will tally their participation and when all five books and activities are completed, they will be mailed a book mark certificate stating the reading completion. This will enable them to go , with the certificate, to CAROUSEL FAMILY FUN CENTER in WHITMAN to get one FREE admission to the roller skating rink-FUN,FUN,FUN!!! (you still need to pay for skaterentals). **CATEGORIES: SCHOOL AGE TAGS: Carol**



AUG 2, 2018 (THU)



Tot Time Sing n Learn @ Dedham Library-Endicott Branch

Aug 2 @ 10:30 am - 11:15 am

Come play, sing, and learn with Ms.Marsha. We will play with toys, have some great stories and sing our favorite songs! This months theme will be loosely based around animals preparing for winter. **REGISTER BY CALLING THE LIBRARY at 781-751-9178. CATEGORIES: All Ages TAGS: Dedham Marsha**



Lunch Time Stories and a Hike @ Sachem Rock Farm (E.Bridgewater)

Aug 2 @ 11:30 am - 12:30 pm

REGISTER by contacting Carol at 508-559-1666 x1811

[orccarver@selfhelpinc.org](mailto:ccarver@selfhelpinc.org) ..Please park in the gravel overflow parking lot to your right as you drive-in. THANK YOU! ...weather permitting. Lunch Time Stories and a Hike: We will be meeting at various places to enjoy a picnic lunch, have some play time and a story and then head out for a nice nature

hike together!!! Weather permitting. Geared towards 3-5 year olds. **CATEGORIES: PRESCHOOL TAGS: Carol East Brudgewater**

AUG 6, 2018 (MON)



Nature Club for Families @ Bass Pro Shop Nature Trail-Foxboro

Aug 6 @ 10:15 am - 11:30 am

REGISTER for this family SERIES, outdoor time by calling or emailing

Carol at ccarver@selfhelpinc.org, 508-559-1666 x1811!!! (weather permitting). We will meet at 10:15am at the outdoor space right before the trail

begins-behind the store. you can also park below the store in the parking lot. As families... we will discover & explore different outdoor terrains during the summer, fall and spring seasonsalong with stories, activities and related art projects each month. A bundle of OUTDOOR FUN in various towns and outdoor places!!! **CATEGORIES: All Ages TAGS: Foxboro Carol**

AUG 7, 2018 (TUE)



Tot Time Sing n Learn @ Rockland Public Library

Aug 7 @ 10:30 am - 11:15 am

Come play, sing, and learn with Ms. Marsha. We will play with toys, have some great stories and sing our favorite songs! This month's theme will be loosely based around animals preparing for winter. **REGISTER BY CALLING THE LIBRARY at 781-878-1236**.

CATEGORIES: All Ages **TAGS:** Rockland Marsha

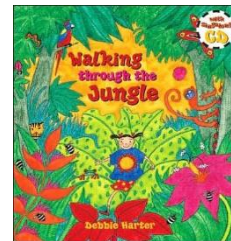


Story Walk: "Walking Thru the Jungle" @ Holbrook Park and Playground

Aug 7 @ 1:00 pm - 2:00 pm

Storywalk: Drop by anytime with your child(ren) between 1:00 and 2:00 to do a Story Walk!!! Enjoy time to play at the playground and then when individual families are ready to start the walk they can sign in at the STARTING POINT SIGN. This will begin your FUN journey of combining a children's story with a walking route outdoors!!! Feel free to bring a stroller if you'd like and we hope you participate at the end of the Story Walk by doing a related art project with your child(ren) or you can choose to bring it home. Weather Permitting!!! **NO REGISTRATION REQUIRED....JUST DROP BY!!**

CATEGORIES: ALL AGES **TAGS:** Carol Holbrook



Voices in the Orchestra 3 session program @ Rockland Public Library

Aug 7, 8 9 @ 2:00 pm - 3:00 pm

Come and learn the Voices in the Orchestra. Voices in the Orchestra is a program for school age children ages 5 and up and their caregivers, which include parents, grandparents, guardians and informal caregivers, to explore the different sounds the instruments make in the orchestra and how they can help bring stories to life. This three session program introduces the children to the various voices in the orchestra (strings, woodwind, brass, percussion, and keyboard sections) and stories that use orchestral music to bring characters to life. The first session the children will learn about the orchestra in general, session 2 includes listening to a recording of Make Way for Ducklings narrated by the late Senator Ted Kennedy and backed by the Boston Landmark orchestra. In session 3 the children will watch a piece of the movie Fantasia and be challenged to identify the instruments that they hear in the movie. The children will strengthen their listening skills as well as their knowledge of music through participation in this program. Attend all three sessions or choose your favorite! **Please contact the children's librarian to register, Erin Puleio at 781-878-1236.** **CATEGORIES:** KINDERGARTEN SCHOOL AGE **TAGS:** Rockland Marsha

AUG 8, 2018 (WED)



Thumbs Up to Problem Solving 3 week series for 3-5 year olds @ Franklin Children's School

Aug 8, 15, 22 @ 9:00 am - 9:45 am

REGISTER with Carol at 508-559-1666

x1811, ccarver@selfhelpinc.org. THUMBS UP TO PROBLEM SOLVING- 3 week social skill session, for the preschool aged children. Young children need adults to help them learn what is acceptable behavior and how to relate positively to others. We will focus on social skills and self discipline because we know that children who practice these behaviors are more successful in life. The activities for this storytelling time include songs, gross motor movement, art, stories, and puppets. A brief explanation of the topics that will be introduced to the group are mentioned below: Feelings, How our bodies and faces change depending on what we are feeling and to

understand that all feelings are OK, Use our Words/Signs to Problem Solve and Working Together to Cooperate! **CATEGORIES:** PRESCHOOL **TAGS:** Carol Franklin



Early Childhood Fair @ Middleboro Public Library

Aug 8 @ 3:30 pm - 7:30 pm

CFCE, the Middleboro Public Schools, the Middleboro Public Library along with local businesses will be collaborating together to hold a brain building fair for families at the Middleboro Public Library. Families will engage in activities, arts and crafts, songs, story walks, etc, as well as gather many helpful resources and handouts!!! **CATEGORIES: ALL AGES TAGS: Middleboro Carol**

AUG 9, 2018 (THU)



Music and Movement @ Turner Free Library-Randolph

Aug 9 @ 10:00 am - 10:45 am

Come sing, Dance, and Move to the Groove with Ms. Marsha. We will sing, dance and have an instrument play. One lucky family will leave with the program Cd. This program is open to young children and their caregivers. **DROP-IN! No registration required. Please contact Library**

at for more info./questions. **CATEGORIES: ALL AGES TAGS: Marsha Randolph**



Multi-age Playgroup @ Rockland Memorial Library

Aug 9 @ 10:30 am - 11:15 am

REGISTER by contacting the librarian at 781-878-1236. Multi-age Playgroup: Parents can chat together, children can engage in toys and practice their social skills as well as -music-and- manipulatives together, and everyone will have some FUN!!! The Playgroup will run for approximately 45 minutes- with free play lasting about 15 minutes and then songs, stories, simple art and parachute play/tunnel play will be offered towards the later part! Activities are geared for 2-4 year olds. **CATEGORIES: ALL AGES TAGS: Carol Rockland**

AUG 14, 2018 (TUE)

StoryWalk in Norton @ Norton Public Library



Aug 14 @ 10:00 am - 10:45 am

Enjoy a leisurely stroll around the grounds of the Norton Public Library and share a wonderful story with your child! There will be activities scattered throughout the story to make it even more fun! Each month will feature a different story. If it rains we will take it inside! **No need to register! this is a drop in program!** The Story Walk® Project was created by Anne Ferguson of Montpelier, Vermont and was developed in collaboration with the Vermont Bicycle and Pedestrian Coalition and

the Kellogg-Hubbard Library. **CATEGORIES: ALL AGES TAGS: Marsha Norton**



Music and Movement @ Norton Public Library

Aug 14 @ 10:45 am - 11:30 am

Come sing, Dance, and Move to the Groove with Ms. Marsha. We will sing, dance and have an instrument play. One lucky family will leave with the program Cd. This program is open to young children and their caregivers. **DROP-IN! No registration required. Please contact Library**

at for more info./questions. **CATEGORIES: ALL AGES TAGS: Marsha Norton**



Story Hour @ Norton Glenn Playground

Aug 14 @ 12:30 pm - 1:30 pm

Come to the playground at Norton Glenn for Storytime. This lunch time story hour will include stories,songs, and movement. It is for all ages! Each child will leave with a new book for their home library., This is a drop in program-**NO REGISTRATION REQUIRED**, so come on by Norton Glenn Playground and look for Ms.Marsha!

CATEGORIES: ALL AGES TAGS: Marsha Norton

PLEASE VISIT OUR WEBSITE AT

www.SELFHELPCPC.ORG FOR THE MOST UP TO DATE PROGRAMS!!



The Science of Sound @ Norton Public Library

Aug 14 @ 2:00 pm - 3:00 pm

Have you ever wondered why some sounds are loud and others soft? Join Ms. Marsha as we explore the Science of Sound! The Science of Sound is a STEAM program for young children ages 4-8 and their caregivers, which include parents, grandparents, guardians, and informal caregivers, to the science of sound. We will be engaged in a variety of activities and books that help us explore how sound is made.

We will strengthen their listening, sharing, and turn taking skills as well as the ability to express their ideas through participation in this program. Handouts will be provided to continue the learning at home. **Please**

contact the children's librarian to register, at 508-285-0265 CATEGORIES: KINDERGARTEN SCHOOL

AGE TAGS: Marsha Norton

AUG 15, 2018 (WED)



Ms. Marsha's Musical Story time @ Rockland Public Library

Aug 15 @ 10:30 am - 11:15 am

Come listen and sing along at Ms. Marsha's musical story time. This 45 minutes story time will include all books set to music. Of course we will do some favorite music and movement songs too! this program is suitable for young children and their caregivers which include parents, grandparents, guardians, and informal caregivers. **Please contact the Children's Librarian at 781-878-1236 to**

register. CATEGORIES: ALL AGES TAGS: Middleboro Marsha



Whale Songs in @ Rockland Public Library

Aug 15 @ 2:00 pm - 3:00 pm

Did you ever hear the songs a whale sings? Join Ms. Marsha at Whale songs a STEAM program designed for children 4 -8 and their caregivers, which include parents, grandparents, guardians, and informal caregivers, to introduce them whales and the way they communicate with sound. We will learn about whales through stories and activities that teach us about

whales and the sounds they make to communicate. We will strengthen their listening skills and presenting skills as we share ideas and information with each other during the program. Handouts will be given at the end of the program to continue their learning at home. **PLEASE REGISTER WITH the library at 781-878-1236.** CATEGORIES: KINDERGARTEN SCHOOL AGE TAGS: Marsha Rockland

AUG 16, 2018 (THU)



Playground Bonanza!!! @ Beaver Brook Playground (Abington)

Aug 16 @ 10:30 am - 11:15 am

REGISTER by contacting Carol at 508-559-1666 x1811

or cscarver@selfhelpinc.org **Playground Bonanza:** Travel around with us (Grandparents, Moms or Dads) to visit various playgrounds in your surrounding

towns!!! We will meet at the playground structures for some fun in the sun and then gather on the blankets for songs, stories, simple art, tunnel play and movement fun with the parachute and scarves!!! Activities geared towards 2.9-5 years old. Weather permitting. CATEGORIES: PRESCHOOL TAGS: Carol Randolph



The Science of Sound @ Dedham Public Library

Aug 16 @ 2:30 pm - 3:30 pm

Have you ever wondered why some sounds are loud and others soft? Join Ms. Marsha as we explore the Science of Sound! The Science of Sound is a STEAM program for young children ages 4-8 and their caregivers, which include parents, grandparents, guardians, and informal caregivers, to the science of sound. We will be engaged in a variety of activities and books that help us explore how sound is made.

We will strengthen their listening, sharing, and turn taking skills as well as the ability to express their ideas through participation in this program. Handouts will be provided to continue the learning at home. **Please**

contact the children's librarian to register, at 781-751-9284 CATEGORIES: KINDERGARTEN SCHOOL

AGE TAGS: Marsha Dedham

AUG 21, 2018 (TUE)



Animals Are Really Cool...3-5 year olds group!!! @ East Bridgewater Public Library

Aug 21 @ 10:30 am - 11:15 am

REGISTER by contacting the librarian at 508-378-1616. Animals Are Really COOL!!! During each month of the year we will meet to do an animal fun story time series with books, musical instruments, movement, art and lots of FUN FACTS!!!

CATEGORIES: PRESCHOOL TAGS: Carol East Bridgewater



CFCE 7th Annual Family Book Swap @ Self Help Inc CFCE

Aug 21 @ 11:00 am - 2:00 pm

Do you or your children have books they have outgrown or no longer read? Are you/your children in need of 'New' or 'New to You' books to read? If so, collect those unwanted, gently used books and trade them for 'New' and 'New to You' Books!! **Drop in any time during the hours of 11:00 am-2:00 pm on Aug. 21st or 22nd, 2018. All Books are eligible for the SWAP!!**

* Infant-Toddler * Preschool * School Age * Independent Reader * Teen/Tween * Young Adult * Adult

Also-if you have a child entering kindergarten in the fall and are in need of a new backpack...we will have limited quantities available!!

Miss Marsha and Miss Carol will also be on hand for a StoryWalk and other fun educational activities! Lots of information and resources will also be provided. Learn about the ASQ Parent Questionnaire!

MORE INFO. CATEGORIES: ALL AGES CRAFTS TAGS: Avon Carol Leslie Literacy Marsha



The Art and Science of Puppetry (3 sessions) @ Middleboro Public Library

Aug 21, 22, 23 @ 2:00 pm - 3:00 pm

Come and learn all about puppets! In this three session program the children will learn about different types of puppets. **REGISTER WITH Marsha at mwright@selfhelpinc.org or 508-559-1666 x1815.** They will also construct a theater and develop a script for a puppet show. They will make several different types of puppets and help construct theaters to put on a show. Session one will be an introduction to puppets. The children will be provided with materials to make a puppet to use in the show. Session two will



focus on shadow puppets. The children will create shadow puppets and begin to develop a shadow puppet show. The third session will include a puppet show created by the children. Families are invited! This program is partially funded with a grant from the Middleboro Cultural council. **CATEGORIES: PRESCHOOL SCHOOL AGE TAGS: Marsha Middleboro**



The Science of Sound in Randolph @ Turner Free Library Randolph

Aug 21 @ 4:30 pm - 5:30 pm

Have you ever wondered why some sounds are loud and others soft? Join Ms. Marsha as we explore the Science of Sound! The Science of Sound is a STEAM program for young children ages 4-8 and their caregivers, which include parents, grandparents, guardians, and informal caregivers, to the science of sound. We will be engaged in a

variety of activities and books that help us explore how sound is made. We will strengthen their listening, sharing, and turn taking skills as well as the ability to express their ideas through participation in this program. Handouts will be provided to continue the learning at home. **Please register with the children's librarian, Monica Brennan, at 781-961-0932. CATEGORIES: KINDERGARTEN SCHOOL AGE TAGS: Marsha Randolph**

AUG 22, 2018 (WED)



CFCE 7th Annual Family Book Swap @ Self Help Inc CFCE

Aug 22 @ 11:00 am - 2:00 pm

Do you or your children have books they have outgrown or no longer read? Are you/your children in need of 'New' or 'New to You' books to read? If so, collect those unwanted, gently used books and trade them for 'New' and 'New to You' Books!! **Drop in any time during the hours of 11:00 am-2:00 pm on Aug. 21st or 22nd, 2018. All Books are eligible for the SWAP!!**

* Infant-Toddler * Preschool * School Age * Independent Reader * Teen/Tween * Young Adult * Adult

Also-if you have a child entering kindergarten in the fall and are in need of a new backpack...we will have limited quantities available!!

Miss Marsha and Miss Carol will also be on hand for a StoryWalk and other fun educational activities!

Lots of information and resources will also be provided. Learn about the ASQ Parent

Questionnaire! [MORE INFO](#). CATEGORIES: ALL AGES CRAFTS TAGS: Avon Carol Leslie Literacy Marsha

AUG 23, 2018 (THU)



Ms. Marsha's Musical Story time @ Turner Free Library (Randolph)

Aug 23 @ 10:00 am - 10:45 am

Come listen and sing along at Ms. Marsha's musical story time. This 45 minutes story time will include all books set to music. Of course we will do some favorite music and movement songs too! this program is suitable for young children and their caregivers which include parents, grandparents, guardians, and informal

caregivers. **Please contact the Children's Librarian at 781-961-0932 to register.** CATEGORIES: ALL AGES TAGS: Randolph Marsha



PLAYFUL YOGA: Exercise & Relaxation 4 sessions @ Avon Public Library

Aug 23, Sept 28, Oct 12, Nov 30 @ 10:30 am - 11:15 am

REGISTER with the Librarian at 508-583-0378 for this monthly 4 part series.....geared for 3.6 to 5 year olds. Playful Yoga- Exercise & Relaxation: This activity time will include yoga poses, movements, breathing exercises, story time, and sensory experiences together. Each

gathering will include a new story & related art project!!! Come join us! CATEGORIES: KINDERGARTEN PRESCHOOL TAGS: Avon Carol

SEP 1, 2018 (SAT)



Think, Draw and Write for Sept's Online Project @ online and mail-in activity

Sep @ anytime during the month

This is an AT-HOME activity!

Activity for this Month.....**What is the nicest thing someone has ever done for you? Write about it and draw you and that person in a picture!.**

Creative, imaginative writing fun for school-aged children and siblings...and you get a FREE surprise each month you participate! **For more information and to Register, please email or call Carol Carver at 508-559-1666 x1811, ccarver@selfhelpinc.org. CHECK OUT THE AMAZING WORK FROM THE KIDS WHO PARTICIPATED IN 2015-2016 BY [CLICKING HERE!](#) If you can, please mail of copy of this picture to me so I can hang it up on our CREATIVITY Wall at Self Help Inc./CFCE, 780 West Main Street, Avon, MA 02322. If you register to do this activity each month, I will send you some self-addressed stamped envelopes to help with the mailing.**



Read & Roll for School Aged Children @ At Home Activity

Aug @ anytime over the summer

REGISTER for this program by contacting Carol at 508-559-1666 x1811 or email ccarver@selfhelpinc.org:

Read & Roll: This is an engaging activity for the whole family!!! Dad's, Mom's and school-age children!!! CFCE is collaborating with WHITMAN CAROUSEL FUN CENTER to offer this activity!!!

Email Carol to REGISTER - please include Child's name & address. The children are asked to read 5 books and mail CFCE a short summary and picture of the book(s) they have completed- one at a time. CFCE will tally their participation and when all five books and activities are completed, they will be mailed a book mark certificate stating the reading completion. This will enable them to go , with the certificate, to CAROUSEL FAMILY FUN CENTER in WHITMAN to get one FREE admission to the roller skating rink- FUN,FUN,FUN!!! (you still need to pay for skaterentals). CATEGORIES: SCHOOL AGE TAGS: Carol



SEP 3, 2018 (MON)



CFCE offices are closed today!

Have a safe and Happy Holiday!!

SEP 5, 2018 (WED)

Tottime Sing n Learn in Canton @ Canton Public Library



Sep 5 @ 10:30 am - 11:15 am

Join Ms. Marsha as we sing and learn at Tottime Sing n Learn! Tottime Sing n Learn is a group monthly playgroup for children ages 9 months to three years old and their caregivers which includes, parents, grandparents, guardians, or informal caregivers. This monthly group is designed to support the development of social skills and early readiness skills through free play, music, literacy and simple craft activities based on a developmentally appropriate monthly theme which touches on a variety if subject areas including STEAM, and Literacy. Caregivers are provided with information to support their children's development at home. **No**

need to register this is a drop in program! CATEGORIES: INFANT TODDLER TAGS: Canton Marsha

SEP 6, 2018 (THU)



Tottime Sing n Learn @ Dedham Public Library-Endicott Branch

Sep 6 @ 10:30 am - 11:15 am

Join Ms. Marsha as we sing and learn at Tottime Sing n Learn! Tottime Sing n Learn is a group monthly playgroup for children ages 9 months to three years old and their caregivers which includes, parents, grandparents, guardians, or informal caregivers.

This monthly group is designed to support the development of social skills and early readiness skills through free play, music, literacy and simple craft activities based on a developmentally appropriate monthly theme which touches on a variety if subject areas including STEAM, and Literacy. Caregivers are provided with information to support their children's development at home. **No need to register this is a drop in program!** CATEGORIES: INFANT TODDLER TAGS: Dedham Marsha

SEP 10, 2018 (MON)



Music and Movement @ Turner Free Library-Randolph

Sep 10 @ 10:00 am - 10:45 am

Come sing, Dance, and Move to the Groove with Ms. Marsha. We will sing, dance and have an instrument play. One lucky family will leave with the program Cd. This program is open to young children and their caregivers. **DROP-IN! No registration required. Please contact Library**

at for more info./questions. CATEGORIES: ALL AGES TAGS: Marsha Randolph



Nature Club for Families @ Soule Homestead-Middleboro

Sep 10 @ 10:15 am - 11:30 am

REGISTER for this family SERIES, outdoor time by calling or emailing Carol at ccarver@selfhelpinc.org, 508-559-1666

x1811!! (weather permitting). We will meet at 10:15am at the outdoor space right in front of the Soule Homestead office. As families... we will discover & explore different outdoor terrains during the summer, fall and spring seasonsalong with stories, activities and related art projects each month. A bundle of

OUTDOOR FUN in various towns and outdoor places!!! CATEGORIES: All Ages TAGS: middleboro Carol

SEP 11, 2018 (TUE)

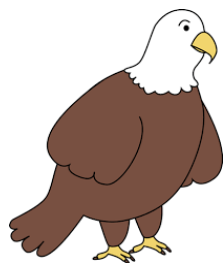


Tottime Sing n Learn @ Turner Free Library- Randolph

Sep 11 @ 10:00 am - 10:45 am

Join Ms. Marsha as we sing and learn at Tottime Sing n Learn! Tottime Sing n Learn is a group monthly playgroup for children ages 9 months to three years old and their caregivers which includes, parents, grandparents, guardians, or informal caregivers. This monthly group is designed to support the development of social skills and early readiness skills through free play, music, literacy and simple craft activities based on

a developmentally appropriate monthly theme which touches on a variety of subject areas including STEAM, and Literacy. Caregivers are provided with information to support their children's development at home. **No need to register this is a drop in program!** CATEGORIES: INFANT TODDLER TAGS: Randolph Marsha



Animal Art: EAGLES @ WWI Memorial Park & Zoo

Sep 11 @ 1:00 pm - 1:45 pm

REGISTER for this parent/child activity with Carol at 508-559-1666

x1811, ccarver@selfhelpinc.org, for you and your 4-7 year old child. Children and parents will come together and use games and manipulatives that are out on the tables as everyone gathers. Circle time will include- trivia facts about the particular animal, did you know facts, stories, etc. Then , with use of paints, they will create an art project which will be a different animal every month. The paint tools they will be mainly using are their hands!!! Each creation is unique and special!!

CATEGORIES: KINDERGARTEN PRESCHOOL TAGS: Carol North Attleboro

SEP 12, 2018 (WED)



Drop-In Playgroup @ Mansfield public Library

Sep 12 @ 10:30 am - 11:15 am

Come join Carol Carver - Early Childhood Support Specialist-from Self Help, Inc. Coordinated Family & Community Engagement Program. **Drop In**

Playgroup: Parents (Dads, Moms, Grandparents- EVERYONE) can chat together, children can engage in toys and practice their social skills as well as -music-and-manipulatives together, and everyone will have some FUN!!! The Playgroup will run for approximately 45 minutes- with free play lasting about 15 minutes and then

songs, stories, simple art and parachute play/tunnel play will be offered towards the later part! Activities are geared for 2-4 yr olds. **NO PRE-REGISTRATION REQUIRED!** CATEGORIES: All

Ages TAGS: Mansfield Carol

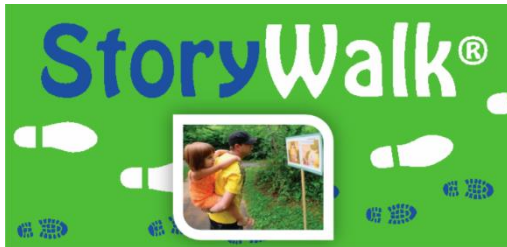


Tottime Sing n Learn @ West Bridgewater Public Library

Sep 12 @ 10:30 am - 11:15 am

Join Ms. Marsha as we sing and learn at Tottime Sing n Learn! Tottime Sing n Learn is a group monthly playgroup for children ages 9 months to three years old and their caregivers which includes, parents, grandparents, guardians, or informal caregivers. This monthly group is designed to support the development of social skills and early readiness skills through free play, music, literacy and simple craft activities based on a developmentally appropriate monthly theme which touches on a variety of

subject areas including STEAM, and Literacy. Caregivers are provided with information to support their children's development at home. **No need to register this is a drop in program!** CATEGORIES: INFANT TODDLER TAGS: West Bridgewater Marsha



Story Walk: "Going on a Nature Hike" @ Plainville Park and Playground

Sep 12 @ 1:00 pm - 2:00 pm

Storywalk: Drop by anytime with your child(ren) between 1:00 and 2:00 to do a Story Walk!!! **Enjoy time to play at the playground and then when individual families are ready to start the walk they can sign in at the STARTING POINT**

SIGN at the outskirts of the playground area. This will begin your FUN journey of combining a children's story with a

walking route outdoors!!! Feel free to bring a stroller if you'd like and we hope you participate at the end of the Story Walk by doing a related art project with your child(ren) or you can choose to bring it home.

Weather Permitting!!! NO REGISTRATION REQUIRED.....JUST DROP BY!! CATEGORIES: ALL

AGES TAGS: Carol Plainville

SEP 13, 2018 (THU)



Animals Are Really Cool...3-5 year olds group!!! @ Soule Homestead-Middleboro

Sep 13 @ 10:30 am - 11:15 am

REGISTER by contacting Carol at 508-559-1666 x1811 or

email ccarver@selfhelpinc.org. Animals Are Really COOL!!!: During each month of the year we will meet to do an animal fun story time series with books, musical instruments, movement, art and lots of FUN

FACTS!!! CATEGORIES: PRESCHOOL TAGS: Carol Middleboro



Discovery Workshop in Franklin @ Franklin Public Library

Sep 13 @ 3:30 pm - 4:30 pm

Join Ms.Marsha for Discovery Workshop. Discovery Workshop is a monthly group for school age children in grades K-3 and their caregivers which include parents, grandparents, guardians, and informal caregivers. Each month a different STEAM ,history or social justice topic will be explored thought books, videos, and hands on projects. In addition the children will enhance their social skills by

participating in small group experiments/activities, sharing ideas and materials, and presenting their finding to the group. Handouts will be provided with additional activities aligned to the topic to allow further exploration of the particular topic at home. **Please register with the Children's Librarian at 508 520 4941.** CATEGORIES: KINDERGARTEN SCHOOL AGE TAGS: Franklin Marsha

SEP 14, 2018 (FRI)



Color My World with Science...for 3-5 year olds! @ Hanson Public Library

Sep 14 @ 10:00 am - 10:45 am

REGISTER for this 3-5 year old parent child activity with the Children's Librarian at 781-293-2151....

Color My World with Science- STEAM_-This parent/child gathering will include color experiments, songs, related art projects, movement with scarves, literature connection stories , free play,etc. **CATEGORIES:**PRESCHOOL **TAGS:** Carol Hanson

SEP 17, 2018 (MON)

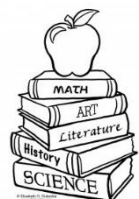


Music and Movement @ Norton Public Library

Sep 17 @ 10:30 am - 11:15 am

Come sing, Dance, and Move to the Groove with Ms. Marsha. We will sing, dance and have an instrument play. One lucky family will leave with the program Cd. This program is open to young children and their caregivers. **DROP-IN! No registration required. Please contact Library**

at for more info./questions. CATEGORIES: ALL AGES **TAGS:** Marsha Norton



Patchwork Story Time for 3-5 Year olds!!! @ West Bridgewater Public Library

Sep 17 @ 10:30 am - 11:15 am

REGISTER for this 3-5 year old parent-child activity by calling the Children's Librarian at 508-894-1255,,,...Patchwork Story times: A mixed bag of literature shared each month

along with songs. music, movement, related art projects and parachute play. **CATEGORIES:**PRESCHOOL **TAGS:** Carol West Bridgewater



Thumbs Up to Problem Solving 3 week series for 3-5 year olds @ Holbrook Playground/Park

Sep 17, 24 and Oct 1 @ 1:00 pm - 1:45 pm

REGISTER with Carol at 508-559-1666

x1811, ccarver@selfhelpinc.org. **THUMBS UP TO PROBLEM SOLVING- 3 week social skill session**, for the preschool aged children. Young children need adults to help them learn what is acceptable behavior and how to relate positively to others. We will focus on social skills and self discipline because we know that children who practice these behaviors are more successful in life. The activities for this storytelling time include songs, gross motor movement, art,

stories, and puppets. A brief explanation of the topics that will be introduced to the group are mentioned below: Feelings, How our bodies and faces change depending on what we are feeling and to understand that all feelings are OK, Use our Words/Signs to Problem Solve and Working Together to Cooperate! **CATEGORIES:**PRESCHOOL **TAGS:** Carol Holbrook



Canton Play n Learn @ Canton Public Library

Sep 17 @ 1:30 pm - 2:30 pm

Join Ms. Marsha Preschool play n Learn a monthly STEAM/Literacy playgroup for preschool children ages 2.9-6 and their caregivers which include parents, grandparents, guardians, and informal caregivers. Each month a different topic will be explored using manipulative toys,puzzles,games, crafts, and literacy based activities. Each session will include developmentally appropriate science,math,art,and literacy activities that are aligned with the monthly theme. Caregivers will be provided with a set of activities to continue the learning at home. In addition children will gain social/readiness skills such as listening, turn

taking, and cooperation as they participate in the individual and group activities. **Register with the library at 781 821 5027. CATEGORIES:**KINDERGARTEN PRESCHOOL **TAGS:** Canton Marsha

SEP 18, 2018 (TUE)



Animals Are Really Cool...3-5 year olds group!!! @ East Bridgewater Public Library

Sep 18 @ 10:30 am - 11:15 am

REGISTER by contacting the librarian at 508-378-1616. Animals Are Really COOL!!!: During each month of the year we will meet to do an animal fun story time series with books, musical instruments, movement, art and lots of FUN FACTS!!!

CATEGORIES: PRESCHOOL TAGS: Carol East Bridgewater



Tottime Sing n Learn @ Sharon Public Library

Sep 18 @ 10:30 am - 11:15 am

Join Ms. Marsha as we sing and learn at Tottime Sing n Learn! Tottime Sing n Learn is a group monthly playgroup for children ages 9 months to three years old and their caregivers which includes, parents, grandparents, guardians, or informal caregivers. This monthly group is designed to support the development of social skills and early readiness skills through free play, music, literacy and simple craft activities based on a developmentally appropriate monthly theme which touches on a variety of subject areas including STEAM,

and Literacy. Caregivers are provided with information to support their children's development at home. No need to register this is a drop in program! CATEGORIES: INFANT TODDLER TAGS: Sharon Marsha

SEP 19, 2018 (WED)



Music and Movement @ An Unlikely Bookstore (Plainville)

Sep 19 @ 10:30 am - 11:15 am

Come sing, Dance, and Move to the Groove with Ms. Marsha. We will sing, dance and have an instrument play. One lucky family will leave with the program Cd. This program is open to young children and their

caregivers. **DROP-IN! No registration required. Please contact Library at for more info/questions.** CATEGORIES: ALL AGES TAGS: Marsha Plainville

Playground Bonanza!!! @ Hartsuff Playground (Rockland)



Sep 19 @ 10:30 am - 11:15 am

REGISTER by contacting Carol at 508-559-1666 x1811

or ccarver@selfhelpinc.org Playground Bonanza: Travel around with us (Grandparents, Moms or Dads) to visit various playgrounds in your surrounding towns!!! We will meet at the playground structures for some fun in the sun and then gather on the blankets for songs, stories, simple art, tunnel play and movement fun with the parachute and scarves!!! Activities geared towards 2.9-5 years old. Weather permitting. **** From Union Street in Rockland Center take Webster**

Street. Go thru 2 lights and at the third light get in the left lane to take a left. Go slow and look for the blue sign on your right that says Hartsuff Playground. Enter there and park next to the ball field parking lot and walk to the playground area!!!** CATEGORIES: PRESCHOOL TAGS: Carol Rockland



Play n Learn in Franklin @ Franklin Public Library

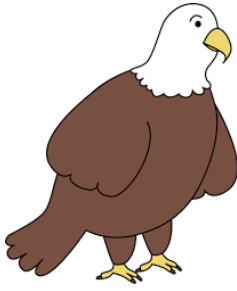
Sep 19 @ 1:30 pm - 2:30 pm

Join Ms. Marsha Preschool play n Learn a monthly STEAM/Literacy playgroup for preschool children ages 2.9-6 and their caregivers which include parents, grandparents, guardians, and informal caregivers. Each month a different topic will be explored using manipulative toys, puzzles, games, crafts, and literacy based activities. Each session will include developmentally appropriate science, math, art, and literacy activities that are aligned with the monthly theme.

Caregivers will be provided with a set of activities to continue the learning at

home. In addition children will gain social/readiness skills such as listening, turn taking, and cooperation as they participate in the individual and group activities. **Register with the library at 508-520-4940.**

CATEGORIES: KINDERGARTEN PRESCHOOL TAGS: Franklin Marsha



Animal Art: EAGLES @ Stoughton Public Library

Sep 19 @ 3:30 pm - 4:15 pm

REGISTER for this parent/child activity with the library, 781-344-2711 for you and your 4-7 year old child. Children and parents will come together and use games and manipulatives that are out on the tables as everyone gathers. Circle time will include- trivia facts about the particular animal, did you know facts, stories, etc. Then , with use of paints, they will create an art project which will be a different animal every month. The paint tools they will be mainly using are their hands!!! Each creation is unique and special!!!

CATEGORIES: KINDERGARTEN PRESCHOOL SCHOOL AGE **TAGS:** Carol Stoughton

SEP 20, 2018 (THU)



Preschool Play n Learn @ Avon Public Library

Sep 20 @ 10:15 am - 11:00 am

Play n Learn is a monthly STEAM/Literacy playgroup for preschool children ages 2.9-5 and their caregivers which include parents, grandparents, guardians, and informal caregivers. Each month a

different topic will be explored using manipulative toys, puzzles, games, crafts, and literacy based activities. Each session will include developmentally appropriate science, math, art, and literacy activities that are aligned with the monthly theme. Caregivers will be provided with a set of activities to continue the learning at home. In addition children will gain social/readiness skills such as listening, turn taking, and cooperation as they participate in the individual and group activities. **Please contact Michele**

at mdavidson@selfhelpinc.org, 508-559-1666 x1810 to

REGISTER. **CATEGORIES:** PRESCHOOL **TAGS:** Avon Michele

Multi-age Playgroup @ Rockland Memorial Library

Sep 20 @ 10:30 am - 11:15 am

REGISTER by contacting the librarian at 781-878-1236. Multi-age Playgroup: Parents can chat together, children can engage in toys and practice their social skills as well as -music-and- manipulatives together, and everyone will have some FUN!!! The Playgroup will run for approximately 45 minutes- with free play lasting about 15 minutes and then songs, stories, simple art and parachute play/tunnel play will be offered towards the later part! Activities are geared for 2-4 year olds. **CATEGORIES:** ALL AGES **TAGS:** Carol Rockland



Can You Guess What I Am? 4 Week Series for 3-5 year olds @ Whitman Public Library

Sep 20, 27 and Oct 4, 11 @ 1:00 pm - 1:45 pm

REGISTER by contacting the Children's Librarian in Whitman at 781-447-7613. Can You Guess What I Am? 4-week STEAM series of Can You Guess What I Am? Includes guessing games, stories, movement, art, songs, free play etc. **CATEGORIES:** PRESCHOOL **TAGS:** Carol Whitman

PLEASE VISIT OUR WEBSITE AT

www.selfhelpcpc.org FOR THE MOST UP TO DATE PROGRAMS!!

SEP 21, 2018 (FRI)



**Helping At Home Preschool Series: 4 weeks@
Abington Public Library**

Sep 21, 28 and Oct 5, 12 @ 1:00 pm - 1:45 pm

REGISTER for this series with the Children's Librarian at 781-982-2139...

Helping at Home Series: Come Join Us for this 4 part, parent (Dads / Moms)-child activity, that involves parents and children with the main focus on HELPING AT HOME...along with stories, art, purposeful play, movement and teamwork as well as engaging in parachute play

FUN!!!"Research conducted at the University of Minnesota found that the

best predictor of future academic, career, personal, and relationship success was children's involvement in household tasks by age three or four." **CATEGORIES:** PRESCHOOL **TAGS:** Abington Carol

SEP 24, 2018 (MON)



Randolph Literacy Preschool (9 week) Play Group @

Belcher Park/Camphouse

Sep 24, Oct 1, 15, 22, 29 and Nov 5, 19, 26 and Dec 3 @ 10:00 am - 11:30 am

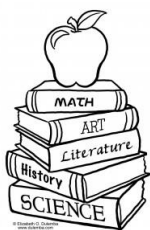
This group is for PRESCHOOL aged children, (2.9 - 5) and their parent. (Not for children currently in KINDERGARTEN) Come join Ms. Karen on Monday mornings for a little piece of preschool. This group runs for 9 weeks and includes literacy, art, and fine motor activities to support your child's

development. Each session will include free play, circle time, music and movement and crafts. The session will be loosely based around a theme. A light snack will be provided. You do not have to live in Randolph to participate. We do ask that you try to commit to the 9 weeks. **You must register for this Playgroup.**

Please [click HERE TO register](#). For Questions please contact kmitchell@selfhelpinc.org. **Quick**

Notes: This group fills up extremely fast. When you try to register and it doesn't let you, that means

the group has reached the number of children that was set. **CATEGORIES:** PRESCHOOL **TAGS:** Karen preschool Randolph



Patchwork Story Time for 3-5 Year olds! @ Middleboro Public Library

Sep 24 @ 10:30 am - 11:15 am

REGISTER for this 3-5 year old parent-child activity with the Children's Librarian at 508-946-2470....**Patchwork Story times** : A mixed bag of literature shared each month along with songs. music, movement, related art projects and parachute play. The group picks a new

topic each month...full of fun and adventure!!! **CATEGORIES:** PRESCHOOL **TAGS:** Carol Middleboro



Art Adventures @ Norfolk public Library

Sep 24 @ 3:45 pm - 4:45 pm

Join us for Art Adventures, an interactive visual arts program that focuses on a particular artist or style of art. The children will learn about the artist or style, and then have the opportunity to create a piece based on what they learned. Children do not need to have any special artistic ability, just a desire to learn and

create! This program is appropriate for children in Kindergarten-4th grade. **Registration is required for this event.** [CLICK HERE TO REGISTER](#). This program is supported in part by the Norfolk Cultural Council. Questions...contact Gina at gmcgarrigle@selfhelpinc.org. You will need to register each month for this program. **CATEGORIES:** SCHOOL AGE **TAGS:** Gina Norfolk STEM



SEP 25, 2018 (TUE)



Grandparents to Grandkids!!! @ Rockland Community Center: McKinley School- 1st floor classroom

Sep 25 @ 1:00 pm - 1:45 pm

REGISTER for this grandparent & grandkid activity by calling or emailing Carol at 508-559-1666

x1811, ccarver@selfhelpinc.org. Grandparent to Grandkids: Staff from Self Help, Inc., Coordinated Family & Community Engagement Program, will be offering this FREE GRANDPARENT to GRANDKIDS PRESCHOOL activity time! COME JOIN US FOR SOME AFTERNOON FUN WITH YOUR

GRANDKIDS....songs, stories, playtime, crafts and much, much more!!! **CATEGORIES: PRESCHOOL**
TODDLERTAGS: Carol Rockland



Michele

6 week Preschool Playgroup @ Turner Free Library-Randolph

Sep 25, Oct 2, 16, 23, 30 and Nov 6 @ 10:30 am - 11:30 am

This Preschool Playgroup is a FREE 6 week playgroup for preschool aged children (3-5 yrs.) and their parent/guardian. Come and join us for an hour of fun packed adventure. There will be free play, a story, music and movement, simple art activity and a chance to make some new friends! Dates include 9/25, 10/2, 10/16, 10/23, 10/30 and 11/6. **Please contact Michele for REGISTRATION information**

at mdavidson@selfhelpinc.org, 508-559-1666 x1810. You must register for this playgroup. **CATEGORIES: PRESCHOOL TAGS: Randolph**

SEP 26, 2018 (WED)

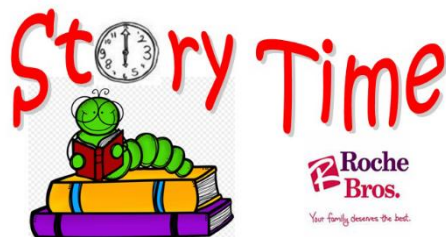


Color My World with Science...for 3- 5 year olds! @ Mansfield Public Library

Sep 26 @ 10:30 am - 11:15 am

REGISTER for this 3-5 year olds parent-child activity by calling the Children's Librarian at 508-261-7380...Color My World with Science- STEAM_-This parent/child gathering will include color experiments, songs, related art projects, movement with scarves, literature connection stories , free play,etc.

CATEGORIES: PRESCHOOL TAGS: Carol Mansfield



Story Time at Roche Bros @ Roche Bros

Sep 26 @ 10:30 am - 11:15 am

Come and hear a story, and do a simple craft and have a snack with Ms. Gina courtesy of Roche Bros. This program is appropriate for children ages 3-6 years old. Siblings are welcome to attend. Please register all children who will be attending. **CLICK HERE TO REGISTER**. Questions..contact

Gina at gmccarrigle@selfhelpinc.org.
CATEGORIES: PRESCHOOL TAGS: Gina Norton



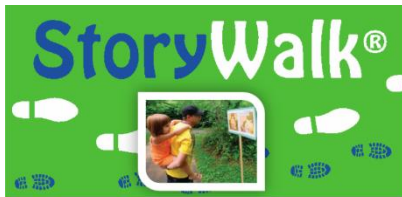
Tiny Tots @ Rockland Public Library

Sep 26 @ 10:30 am - 11:15 am

Join us for a story, nursery rhymes, music and movement, finger plays and a sensory activity or simple art project. Children ages 18-36 months. 10:30-11:15. Facilitated by Michele Davidson, CFCE Specialist. You must register for this group. **MAKE SURE YOU Provide**

BOTH YOU AND YOUR CHILD'S INFO WHEN YOU REGISTER. Please contact Michele for REGISTRATION info. at 508-559-1666 x1810, or email mdavidson@selfhelpinc.org.

CATEGORIES: TODDLER TAGS: Michele Toddlers Rockland



Storywalk: "Little Cloud" @ Halloran Park in Stoughton

Sep 26 @ 1:00 pm - 2:00 pm

Drop by for this parent-child activity. **NO REGISTRATION**

REQUIRED. Weather Permitting. Drop by anytime with your child(ren) at the playground area at the Halloran Park in Stoughton between 1:00 and 2:00 on September 26, 2018 to do a Story Walk!!! Enjoy time to

play at the playground and then when individual families are ready to start the walk they can sign in at the STARTING POINT SIGN on the outskirts of the playground area. This will begin your FUN journey of combining a children's story with a walking route outdoors!!! Feel free to bring a stroller if you'd like and we hope you participate at the end of the Story Walk by doing a related art project with your child(ren) or you can choose to bring it home. **CATEGORIES: ALL AGES TAGS: Carol Stoughton**

SEP 27, 2018 (THU)



Bully Proofing Your Kids @ Self Help Inc. CFCE Offices (Avon)

Sep 27 @ 6:30 pm - 7:30 pm

Facilitated by Karen Mitchell. THIS IS A PARENT WORKSHOP! With the Bullying epidemic being what it is today, parents can't get enough information on how to protect their children from the onslaught of the social and emotional damage being done today. It is proven that children are being bullied as young as 2-3 years old today. Come and learn how to arm your child against the influences of bullies and how

not to raise a bully. You must register for the parent workshop. [Click HERE to register](#), or call Karen Mitchell at 508-559-1666 x 1812 or email her at: K Mitchell@selfhelpinc.org. **CATEGORIES: PARENT WORKSHOP TAGS: Karen Avon**

PLEASE VISIT OUR WEBSITE AT

[www.SELFHELPCPC.ORG](http://www.selfhelpcpc.org) FOR THE MOST UP TO DATE PROGRAMS!!