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### **JESUS, THE BREAD OF LIFE**

John 6:22-51.

**GOLDEN TEXT:**—Jesus said unto them, I am the bread  
of life.

John 6:35.

**Tenth Sunday after Pentecost**  
**August 1, 2021**  
**8:00 a.m.**

Grace Episcopal Church  
123 W. Washington Street  
Lexington, VA 24450

# GRACE EPISCOPAL CHURCH

The Lexington Parish of the Episcopal Diocese of Southwestern Virginia

August 1, 2021

## Tenth Sunday after Pentecost THE HOLY EUCHARIST: RITE I THE WORD OF GOD

8:00 a.m.

### Opening Acclamation

Book of Common Prayer (BCP) pg. 323

*Celebrant* Blessed be God: Father, Son, and Holy Spirit.

*People* And blessed be his kingdom, now and for ever. Amen.

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. *Amen.*

Glory be to God on high,

and on earth peace, good will towards men.

We praise thee, we bless thee,

we worship thee,

we glorify thee,

we give thanks to thee for thy great glory,

O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesus Christ;

O Lord God, Lamb of God, Son of the Father,

that taketh away the sins of the world,

have mercy upon us.

Thou that taketh away the sins of the world,

receive our prayer.

Thou that sittest at the right hand of God the Father,

have mercy upon us.

For thou only art holy;

thou only art the Lord;

thou only, O Christ,

with the Holy Ghost,

art most high in the glory of God the Father. *Amen.*

### The Collect of the Day (Proper 13)

O Lord, we beseech thee, let thy continual pity cleanse and defend thy Church, and, because it cannot continue in safety without thy succor, preserve it evermore by thy help and goodness; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

### The Lessons

*2 Samuel 11:26-12:13a*

When the wife of Uriah heard that her husband was dead, she made lamentation for him. When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son. But the thing that David had done displeased the Lord, and the Lord sent Nathan to David. He came to him, and said to him, "There were two men in a certain city, the one rich and the other poor. The rich man had very many flocks and herds; but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meager fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. Now there came a traveler to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him."

Then David's anger was greatly kindled against the man. He said to Nathan, "As the Lord lives, the man who

has done this deserves to die; he shall restore the lamb fourfold, because he did this thing, and because he had no pity."

Nathan said to David, "You are the man! Thus says the Lord, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. Why have you despised the word of the Lord, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. Thus says the Lord: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your neighbor, and he shall lie with your wives in the sight of this very sun. For you did it secretly; but I will do this thing before all Israel, and before the sun." David said to Nathan, "I have sinned against the Lord."

### **Psalm 51:1-13**

- 1 Have mercy on me, O God, according to your loving-kindness; \*  
in your great compassion blot out my offenses.
- 2 Wash me through and through from my wickedness \*  
and cleanse me from my sin.
- 3 For I know my transgressions, \*  
and my sin is ever before me.
- 4 Against you only have I sinned \*  
and done what is evil in your sight.
- 5 And so you are justified when you speak \*  
and upright in your judgment.
- 6 Indeed, I have been wicked from my birth, \*  
a sinner from my mother's womb.
- 7 For behold, you look for truth deep within me, \*  
and will make me understand wisdom secretly.
- 8 Purge me from my sin, and I shall be pure; \*  
wash me, and I shall be clean indeed.
- 9 Make me hear of joy and gladness, \*  
that the body you have broken may rejoice.
- 10 Hide your face from my sins \*  
and blot out all my iniquities.
- 11 Create in me a clean heart, O God, \*  
and renew a right spirit within me.
- 12 Cast me not away from your presence \*  
and take not your holy Spirit from me.
- 13 Give me the joy of your saving help again \*  
and sustain me with your bountiful Spirit.

### *Ephesians 4:1-16*

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

*John 6:24-35*

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

## **The Sermon**

Fr. Tuck

## **The Nicene Creed**

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.

For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again

in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

BCP 328

### Prayers of the People

*Please pray for the wider Church and intercessions requested by our Congregants: Pray for The Anglican Communion, The Most Rev. Justin Welby, Archbishop of Canterbury, Standing Committee of the Diocese of Haiti as they search for their new Bishop, the Diocese of Leeds and their Bishop, The Rt. Rev. Nick Baines, the Province of the Episcopal Church of South Sudan and their Bishop, The Rt. Rev. Justin Badi Arama, the Episcopal Church in the United States of America and our Presiding Bishop, The Most Rev. Michael B Curry, the Diocese of Southwestern Virginia, and our Bishop Mark Bourlakas.*

*Pray for Bettie Cadden, Lynda DeMaria, Bob DeMaria, Peter Fyfe, Pat Gibson, Alleane Taebel, Lucy Moise, Dean Stenzel, Kate Roy Christian, Karen Clark (cousin of Sharon White), John Belsick (friend of the Hotchkiss family), Juanita Ruth One, Kay Glore, William Gibson (brother of Keith Gibson), John Fairchild (friend of the Gibsons), Debbie Arnn, Ginger Bell Trice (cousin of Tuck Bowerfind), Anne Weede, Priscilla Yowal (member of Sudanese diaspora in Roanoke), Lynn McCoy (friend of the Crawfords), Alec (friend of the Riethmillers), John & Patti Reich (friends of the Habermans), Judy Eaton, Mary Jane Hubbard, Don Fleming (uncle of Patrick McGuire), Carol Wedd, Peggy Riethmiller, Bob Crewdson, Letta (friend of Drusie Milford), Gail Dick, Marsden and Sadie, premature infants of Meredith and Josh Cranston, Donald Graham (son-in-law of Alice Furgerson), David Burford, Jerome Coleman, Dick Larm, Shelley (friend of the Lemmers), and those we name in our hearts.*

*Pray for those serving in the military.*

*Pray for those who have died, especially Nancy Dinkel and Tom Wallace.*

*Pray for those affected by unsafe living conditions, poverty, disease, violence and oppression.*

*Pray for the people of Haiti who are suffering from the effects of COVID 19 and are in need for vaccines.*

*In thanksgiving for the baptism of Olivia Elizabeth Finnell, daughter of Kristi and Michael Finnell.*

*In thanksgiving for the birthdays this week of Alexandra Brown (8/1), David Cox (8/1), Henry Porter (8/1), Joshua Henson (8/3), Rissie Murphy (8/5), Michele Hentz (8/6).*

### Confession of Sin

**Celebrant:** Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

Most merciful God, we confess that we have sinned against thee in thought, word and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.

**Celebrant:** Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. Amen.

## The Peace

## The Holy Communion

### The Great Thanksgiving

#### *Eucharistic Prayer I*

Celebrant The Lord be with you.

People And with thy spirit.

Celebrant Lift up your hearts.

People We lift them up unto the Lord.

Celebrant Let us give thanks unto our Lord God.

People It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, for with thy co- eternal Son and Holy Spirit, creator of the light and source of life, who hast made us in thine image, and called us to new life in Jesus Christ our Lord.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

#### *Celebrant and People*

Holy, holy, holy, Lord God of Hosts:

Heaven and earth are full of thy Glory.

Glory be to thee, O Lord Most High.

Blessed is he that cometh in the name of the Lord.

Hosanna in the highest.

#### *Then the Celebrant continues*

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ,

and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. AMEN.

And now, as our Savior Christ hath taught us, we are bold to say,

*People and Celebrant*

Our Father, who art in heaven,

    hallowed be thy Name,

    thy kingdom come,

    thy will be done,

        on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

    as we forgive those who trespass against us.

And lead us not into temptation,

    but deliver us from evil.

For thine is the kingdom, and the power, and the glory,

    for ever and ever. Amen.

## **The Breaking of the Bread**

Alleluia. Christ our Passover is sacrificed for us;

*Therefore let us keep the feast. Alleluia.*

O Lamb of God, that takest away the sins of the world,  
have mercy upon us.

O Lamb of God, that takest away the sins of the world,  
have mercy upon us.

O Lamb of God, that takest away the sins of the world,  
grant us thy peace.

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Let us pray.

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we

may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. *Amen.*

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. *Amen.*

*Celebrant*      Let us go forth into the world, rejoicing in the power of the Spirit.  
*People*            Thanks be to God.

#### Special Announcement

The Habitat Pastors Build will take place Friday August 6, 9:00 to 12:30. The build site is in Greenhouse Village off of Vallance Way. If people need an address to Google, use 39 Vallance Way, Lexington. Hoping everyone will come out to support Tuck!

#### **Altar Guild**

Elizabeth Harralson, Marlys Craun, Sharon Humphreys, Nancy Walker,  
Diana Kenney, Sue Denson, Elizabeth Branner, Kitty Wainwright, Jane Brooke, chair

#### **Flower Guild**

Elizabeth Boetsch, Claudia Ellis, Gail Dick, Rene Glidden, Carol Gosse, Catherine Harcus,  
Elizabeth Harralson, Peggy Riethmiller, Joy Harris, Kathy Kozak

#### **Readers & Chalicist**

William McCorkle, Holt Merchant, Lu Dooley, Gail Dickerson

#### **Ushers**

Holt Merchant, Joanne Robblee, Paul Robblee

#### **Coffee Hour Host**

Perle Mesta Social Committee

#### **Clergy, Staff and Vestry of Grace Episcopal Church**

The Rev. Tuck Bowerfind, Rector ([frtuck@graceepiscopallexington.org](mailto:frtuck@graceepiscopallexington.org))  
Wendy Moses Bearden, Financial Secretary ([bookkeeper@graceepiscopallexington.org](mailto:bookkeeper@graceepiscopallexington.org))

Connie Bryant, Sexton

Martha Jones Burford, Minister of Music ([martha@graceepiscopallexington.org](mailto:martha@graceepiscopallexington.org))

Lisa McGuire, Parish Administrator ([lisa@graceepiscopallexington.org](mailto:lisa@graceepiscopallexington.org))

Sharon White, Program Director ([sharon@graceepiscopallexington.org](mailto:sharon@graceepiscopallexington.org))

David Connolly (term ends 2022), Punky Dod (term ends 2021), Carole Elmore (term ends 2023), Elizabeth Grist (term ends 2023), Kathryn Hill (term ends 2023), Diana Kenney (term ends 2022), William McCorkle (term ends 2022), John Milford, Jr. Warden ([milfordjm@gmail.com](mailto:milfordjm@gmail.com) term ends 2022), Rob Minor (term ends 2023), Elizabeth Moss,

Sr. Warden ([emoss267@gmail.com](mailto:emoss267@gmail.com), term Ends 2021), Judy Schram (term ends 2021),

Cecile West-Settle. (term ends 2021), Buster Lewis, Treasurer (term ends 2021),

Lisa McGuire, Clerk (term ends 2021).