

We "Mustache" You a Question...



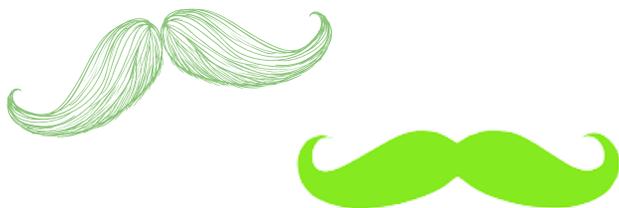
Green Mustache Photo Contest

AtlantiCare Healthy Schools, Healthy Children wants to see those **GREEN** mustaches!

Blend a batch of healthy green smoothies and taste test with students in celebration of National Nutrition Month!

Contest entries are due by
Friday, March 27, 2026

[Submission Link](#)



Contest Rules

- **You be the judge!** Each school may submit up to 1 photo per category of students and staff wearing their best green mustaches and the green smoothie recipe used.
- Photo Categories:
 - Best Individual Student Photo
 - Best Group or Class Photo
 - Best Staff Photo
- All photos must be accompanied by an AtlantiCare Photo/Media Release Form per individual in the photos upon submission.
- There will be 1 photo winner per category for a total of 3 winners. Schools will be awarded with a \$50 Amazon gift card for their winning photo.

Winners will be announced by
Monday, April 6, 2026

Sample Recipe:

HEALTHY GREEN SMOOTHIE RECIPE

2 ripe medium bananas
1 ripe pear or apple, chopped
2 cups chopped kale leaves, tough stems removed
1/2 cup cold water
1/2 ice cubes

DIRECTIONS: Place bananas, pear (or apple), kale, orange juice, water, ice cubes in a blender. Pulse a few times, then puree until smooth, scraping down the sides as necessary.

