

Healthy Recipe Contest

Calling all student chefs and cooks...

Enter in AtlantiCare Healthy Schools Recipe Contest, "Chopped" Edition, to show off your creative cooking skills and claim interactive prizes for your school.



Have you ever wanted to be on a cooking show?

Submit an original recipe to our version of "Chopped"!

PRIZES:

Individual student prizes: Cookbook/recipe journal and cooking set, and a Chefs in the Classroom visit to make their healthy dish together with their class.

School main prize: New kitchen appliance (*value may not exceed \$100 and must be used for wellness and/or culinary activities*).

There will be 1 student winner in each age group for a total of 3 winners:

- K-4th grade
- 5-8th grade
- 9-12th grade

Contest entries are due by **Friday, November 7, 2025**

[Submission Link](#)



Contest Rules

- Students in grades K-12 are eligible to participate individually.
- All recipes must be original.
- Must include 1 fruit, 1 vegetable, 1 protein, 1 grain, and 1 dairy item.
- Must take 30 minutes or less in total time
- **Does not** have to be a fall-themed recipe
- **Cannot** involve any elements that require an oven or freezer to make
- All recipe entries must include a photo of your dish.
- AtlantiCare Photo/Media Release Form is required upon contest submission should they be selected as a winner.
- All recipes will be judged on originality, creativity, and nutritional value.
- The classroom visit will be scheduled during or around the month of March in honor of National Nutrition Month.

Winners will be announced by **Monday, November 17, 2025**



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