



**Holy Cross Episcopal Church / Oceanside, California**

**The Third Sunday after the Epiphany**  
**January 23, 2022**  
**9:00 AM**

**Welcome to Holy Cross Episcopal Church.** We are happy that you are here to celebrate with us. Wherever you find yourself on your journey of faith, know that you are welcomed here. Holy Cross is a welcoming, inclusive, open and affirming congregation. We are comprised of and reach out to the young and the old, established members and newcomers, those who are married, divorced, partnered or single individuals, widows and widowers, those who identify as straight and those who identify as LGBTQ, the wealthy and those with limited resources, and families and individuals from any ethnic, cultural or faith background. Whatever your faith tradition, please participate in worship as fully as you like.

**Diocesan Statement of Unity**

*As part of the Jesus Movement and the Episcopal Diocese of San Diego, we pledge to love our neighbors and protect the most vulnerable among us, remembering our baptismal vows to "strive for justice and peace among all people, and respect the dignity of every human being." We live these pledges out by actively engaging in dismantling racism. For many of us, this will mean learning more about our racial identity, listening to those who have experienced racial prejudice, speaking out against racism, and showing up alongside those in our community working to change unjust systems in our society. We also live out this pledge at worship during this pandemic, by wearing face-coverings, respecting distancing guidelines, and foregoing the common cup.*

# Holy Eucharist

## *Ante-Communion with Spiritual Communion*

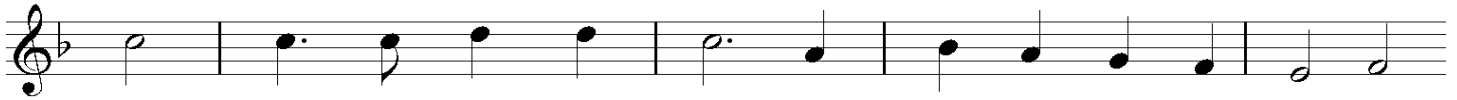
### The Word of God

*Responses and unison parts are indicated in boldfaced italics.*

#### Opening Hymn

#### Now Thank We All Our God

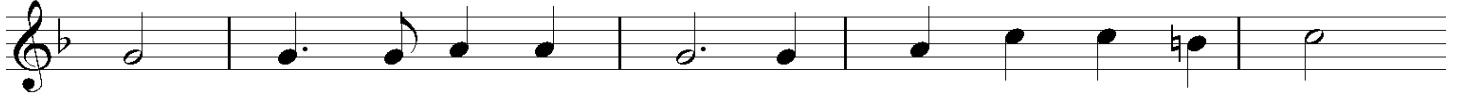
#### 1982 Hymnal #396



1 Now thank we all our God, with heart, and hands, and voic - es,  
2 O may this boun - teous God through all our life be near us!  
3 All praise and thanks to God the Fa - ther now be giv - en,



who won - drous things hath done, in whom his world re - joic - es;  
With ev - er - joy - ful hearts and bless - ed peace to cheer us;  
the Son, and him who reigns with them in high - est hea - ven,



who from our mo - ther's arms hath blessed us on our way  
and keep us in his grace, and guide us when per - plexed,  
e - ter - nal, Tri - une God, whom earth and heaven a - dore;



with count-less gifts of love, and still is ours to - day.  
and free us from all ills in this world and the next.  
for thus it was, is now, and shall be, ev - er - more.

***Celebrant*** Blessed be the one, holy and living God.

***People*** **Glory to God for ever and ever. Amen.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

## Gloria

Glory to God in the highest, and peace to God's people on earth.

Lord God, heavenly King, almighty God and Father,

we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God, you take away the sin of the world:

have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One, you alone are the Lord,

you alone are the Most High,

Jesus Christ, with the Holy Spirit, in the glory of God the Father.

Amen.

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Let us pray.

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## The Lessons

*Nehemiah 8:1-3, 5-6, 8-10*

A Reading from the book of the book of Nehemiah.

*Read by Mike Collier*

All the people of Israel gathered together into the square before the Water Gate. They told the scribe Ezra to bring the book of the law of Moses, which the Lord had given to Israel. Accordingly, the priest Ezra brought the law before the assembly, both men and women and all who could hear with understanding. This was on the first day of the seventh month. He read from it facing the square before the Water Gate from early morning until midday, in the presence of the men and the women and those who could understand; and the ears of all the people were attentive to the book of the law. And Ezra opened the book in the sight of all the people, for he was standing above all the people; and when he opened it, all the people stood up. Then

Ezra blessed the Lord, the great God, and all the people answered, "Amen, Amen," lifting up their hands. Then they bowed their heads and worshiped the Lord with their faces to the ground. So they read from the book, from the law of God, with interpretation. They gave the sense, so that the people understood the reading.

And Nehemiah, who was the governor, and Ezra the priest and scribe, and the Levites who taught the people said to all the people, "This day is holy to the Lord your God; do not mourn or weep." For all the people wept when they heard the words of the law. Then he said to them, "Go your way, eat the fat and drink sweet wine and send portions of them to those for whom nothing is prepared, for this day is holy to our Lord; and do not be grieved, for the joy of the Lord is your strength."

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

## **Psalm 19** *Caeli enarrant*

*Led by Mike Collier*

- 1 The heavens declare the glory of God, \*  
**and the firmament shows his handiwork.**
- 2 One day tells its tale to another, \*  
**and one night imparts knowledge to another.**
- 3 Although they have no words or language, \*  
**and their voices are not heard,**
- 4 Their sound has gone out into all lands, \*  
**and their message to the ends of the world.**
- 5 In the deep has he set a pavilion for the sun; \*  
it comes forth like a bridegroom out of his chamber;  
**it rejoices like a champion to run its course.**
- 6 It goes forth from the uttermost edge of the heavens  
and runs about to the end of it again; \*  
**nothing is hidden from its burning heat.**
- 7 The law of the Lord is perfect  
and revives the soul; \*  
**the testimony of the Lord is sure  
and gives wisdom to the innocent.**

- 8 The statutes of the Lord are just  
and rejoice the heart; \*  
**the commandment of the Lord is clear  
and gives light to the eyes.**
- 9 The fear of the Lord is clean  
and endures for ever; \*  
**the judgments of the Lord are true  
and righteous altogether.**
- 10 More to be desired are they than gold,  
more than much fine gold, \*  
**sweeter far than honey,  
than honey in the comb.**
- 11 By them also is your servant enlightened, \*  
**and in keeping them there is great reward.**
- 12 Who can tell how often he offends? \*  
**cleanse me from my secret faults.**
- 13 Above all, keep your servant from presumptuous sins;  
let them not get dominion over me; \*  
**then shall I be whole and sound,  
and innocent of a great offense.**
- 14 Let the words of my mouth and the meditation of my  
heart be acceptable in your sight, \*  
**O Lord, my strength and my redeemer.**
- Glory to the Father, and to the Son, and to the Holy Spirit: \***  
**as it was in the beginning, is now, and will be for ever. Amen.**

## **A Reading from the First letter to the Corinthians**

*1 Corinthians 12:12-31a Read by Mike Collier*

Just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body--Jews or Greeks, slaves or free--and we were all made to drink of one Spirit. Indeed, the body does not consist of one member but of many. If the foot would say, "Because I am not a hand, I do not belong to the body," that would not make it any less a part of the body. And if the ear would say, "Because I am not an eye, I do not belong to the body," that would not make it any less a part of the body. If the whole body were an eye, where would the hearing be? If the whole body were

hearing, where would the sense of smell be? But as it is, God arranged the members in the body, each one of them, as he chose. If all were a single member, where would the body be? As it is, there are many members, yet one body. The eye cannot say to the hand, "I have no need of you," nor again the head to the feet, "I have no need of you." On the contrary, the members of the body that seem to be weaker are indispensable, and those members of the body that we think less honorable we clothe with greater honor, and our less respectable members are treated with greater respect; whereas our more respectable members do not need this. But God has so arranged the body, giving the greater honor to the inferior member, that there may be no dissension within the body, but the members may have the same care for one another. If one member suffers, all suffer together with it; if one member is honored, all rejoice together with it.

Now you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers; then deeds of power, then gifts of healing, forms of assistance, forms of leadership, various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak in tongues? Do all interpret? But strive for the greater gifts.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

### **The Gospel**

*Luke 4:14-21*

*Celebrant* The Holy Gospel of our Lord Jesus Christ according to Luke.

*People* **Glory to you, Lord Christ.**

Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. He began to teach in their synagogues and was praised by everyone.

When he came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written:

“The Spirit of the Lord is upon me,  
because he has anointed me  
to bring good news to the poor.  
He has sent me to proclaim release to the captives  
and recovery of sight to the blind,  
to let the oppressed go free,  
to proclaim the year of the Lord’s favor.”

And he rolled up the scroll, gave it back to the attendant, and sat down. The eyes of all in the synagogue were fixed on him. Then he began to say to them, “Today this scripture has been fulfilled in your hearing.”

*Reader*            The Gospel of the Lord.

*People*        **Praise to you, Lord Christ.**

**Homily**

**The Rev. Brian Petersen**

## **The Nicene Creed**

We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God,  
Light from Light, true God from true God,  
begotten, not made, of one Being with the Father.  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary, and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## **Prayers of the People**

*Led by Jack Cater*

Lord God, we pray for the Church, here and throughout the world.  
Lord, in your mercy,  
**Hear our prayer.**

Lord God, we pray for peace among nations,  
Lord, in your mercy,  
**Hear our prayer.**

Lord God, we pray for all in need of your blessing: especially the poor, the sick, the hungry, the dying, the oppressed, and those in prison.  
Today we remember \_\_\_\_\_. Lord, in your mercy,  
**Hear our prayer.**

Lord God, we thank you for the blessings of this life and for Holy Cross Episcopal Church. Lord, in your mercy,  
**Hear our prayer.**

Lord God, we pray for all who seek you, especially the lost.  
Lord, in your mercy,  
**Hear our prayer.**

Lord God, we pray for the departed, especially departed members of Holy Cross and our departed loved ones. Lord, in your mercy,  
**Hear our prayer.**



Lord God, we thank you for saints known and unknown, and following Jesus Christ, we give ourselves and all our life to you. Lord, in your mercy,  
**Hear our prayer.**

*Celebrant* O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

**Offertory Hymn**      **O God Our Help In Ages Past**      **1982 Hymnal #680**

The musical score is written for a four-part choir (Soprano, Alto, Tenor, Bass) and piano accompaniment. It consists of two systems of music. The first system contains five lines of lyrics, and the second system contains five lines of lyrics. The music is in a key with one sharp (F#) and a 4/4 time signature. The piano accompaniment is simple, using block chords and single notes to support the vocal parts.

1 O God, our help in a - ges past, our hope for years to come,  
2 un - der the sha - dow of thy throne thy saints have dwelt se - cure;  
3 Be - fore the hills in or - der stood, or earth re - ceived her frame,  
4 A thou-sand a - ges in thy sight are like an eve - ning gone;  
5 Time, like an ev - er - roll-ing stream, bears all our years a - way;

1 our shel - ter from the storm - y blast, and our e - ter - nal home:  
2 suf - fi - cient is thine arm a - lone, and our de - fense is sure.  
3 from ev - er - last - ing thou art God, to end - less years the same.  
4 short as the watch that ends the night be - fore the ris - ing sun.  
5 they fly, for - got - ten, as a dream dies at the o - pening day.

6 O God, our help in ages past,  
our hope for years to come,

be thou our guide while life shall last,  
and our eternal home.

## The Lord's Prayer

*Celebrant* Now as Jesus taught us, we now pray

**Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.**

## Prayer For Spiritual Communion

*Officiant and People*

**My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.**

## Final Blessing

*Officiant* Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. **Amen.**

*Ephesians 3:20, 21*

## Announcements

## Sung Benediction

*Go Now in Peace*



Nev - er be a - fraid. God will go with you each  
hour of ev - 'ry day. Go now in faith, stead - fast, strong and true.  
Know He will guide you in all you do. Go now in love, and  
show you be - lieve. Reach out to oth - ers so all the world can  
see. God will be there watch - ing' from a - bove.  
Go now in peace, in faith, and in love. A  
- men a - men, a - men.

## The Dismissal

*Celebrant*  
*People*

Let us bless the Lord. Alleluia! Alleluia!  
**Thanks be to God. Alleluia! Alleluia!**

## **Liturgical Leader**

Preacher The Rev. Brian Petersen, Deacon

Thank you to all for your service.  
May you know the love of God and be filled with new life.

### **A Prayer before Worship**

*O Almighty God, who pourest out on all who desire it the spirit of grace and of supplication: Deliver us when we draw near to thee, from coldness of heart and wanderings of mind, that with steadfast thoughts and kindled affections we may worship thee in spirit and in truth; through Jesus Christ our Lord. Amen.*

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