



2026 NMYAC Cheer Programs & Information



Cheer Programs

NMYAC provides a spring and a fall cheer program for cheerleaders ages 5 to 14.

Age Groups

- Cheerleaders ages 7-14 (League age is child's age on July 31st of the current year).
- Junior Cheerleaders ages 5 and 6 (League age is child's age on July 31st of the current year).
 - **Junior Cheerleaders do not participate in stunting or the Fall Cheer-Fest Competition.**

Teams and Districts

- Teams are divided by high school district.
- Teams are comprised of multiple age groups.
- **Upon team consolidation or if teams are full, your cheerleader may be moved to teams that have available space. There is no guarantee to cheer for siblings' team.**

Cheer Uniforms

- Registration fee includes the uniform and poms.
 - Spring uniform consists of a polo, skort and poms.
 - Fall uniform consists of Top, Skirt, Bloomers and poms.

Practices and Games

- Spring Season consists of sideline game-day cheer and one cheer competition.
- Fall Season consists of sideline game-day cheer and two cheer competitions.
- Spring practices are 5 days a week the first week, then goes to 3 days a week. Fall Practices are 5 days a week the first 2 weeks, then goes down to 3 days a week. Practice times are determined by the coach but are usually between 5:30-7:30pm.

The Spring Season starts March 23rd, 2026, and the Fall Season starts July 13th, 2026.

Upon team consolidation or if teams are full, your cheerleader may be moved to teams that have available space. There is no guarantee to cheer for siblings' team.

******Just a reminder. There are NO Refunds ******

NMYAFL / NMYAC 2026 Programs and Pricing

Pay in full or take advantage of the Payment Plan.

Initial Payment for all Football & Cheer products is \$50. See registration product below for balance info.
Balance payments can be made in any amount by visiting the Parent Portal at www.nmyafl.org. Stay on track towards a complete registration by paying \$30 towards your balance weekly!

Football Programs

Spring

NFL Flag (Coed - 5 to 12U)	\$140.00	Balance must be paid in full in order to receive equipment for spring.
NFL Flag (Girls - 5 to 14U)	\$140.00	
7V7 (12 to 14U)	\$150.00	
Tackle (7 to 14U)	\$210.00	

Spring and Fall

NFL Flag (Coed - 5 to 12U)	\$280.00	Balance must be less than or equal to the amount indicated in order to receive equipment for spring.
NFL Flag (Girls - 5 to 14U)	\$280.00	
Tackle (7 and 8U)	\$415.00	\$180.00
Tackle (9 to 14U)	\$465.00	\$230.00

Fall

NFL Flag (Coed - 5 to 12U)	\$140.00	Balance must be paid in full in order to receive equipment for fall but no later than June 1 2026.
NFL Flag (Girls - 5 to 14U)	\$140.00	
Tackle (7 and 8U)	\$230.00	
Tackle (9 to 14U)	\$280.00	

Tackle Football Registration Fees Include:

Helmet, Shoulder Pads, Game pants, Game Jersey, Mouthpiece & Chin Strap

Tackle Football Ages

Ages 7 thru 14 years old

Players League Age is their Age on July 31st of the Current Year. Must not be attending HS in the Fall of the Current Year.

NFL Flag Coed/Girls Registration Fees Include:

Flag Game Jersey, Flags & Mouthpiece

NFL Flag Coed/Girls Ages

Ages 5 thru 14 years old

Players League Age is their Age on July 31st of the Current Year. Must not be attending HS in the Fall of the Current Year.

7 V 7 Football Registration Fees Include:

7v7 Game Jersey, Soft Helmet, & Mouthpiece
Pre HS 7v7 12U & 14U

Cheer Programs

Spring

Junior Cheer (5 to 6U)	\$135.00	Balance must be paid in full in order to be fitted for spring uniform.
Cheer (7 to 14U)	\$135.00	

Spring and Fall

		Balance must be less than or equal to the amount indicated in order to be fitted for spring uniform.
Junior Cheer (5 to 6U)	\$255.00	\$95.00
Cheer (7 to 14U)	\$300.00	\$140.00

Fall

Junior Cheer (5 to 6U)	\$145.00	Balance must be paid in full in order to be fitted for fall uniform but no later than June 1 2026.
Cheer (7 to 14U)	\$190.00	

Cheerleader & Junior Cheerleader Registration Fees Include:

Spring: Uniform Polo, Uniform Skort & Pom Poms

Fall: Uniform, Uniform Bottom, Uniform Bloomers & Pom Poms

Cheerleader Ages

Ages 7 thru 14 years old

Junior Cheerleader Ages

Ages 5 and 6 years old

Cheerleaders League Age is their Age on July 31st of the Current Year. Must not be attending HS in the Fall of the Current Year.