

NMYAFL COVID-19 PROTOCOLS



AUGUST 2022

NMYAFL COVID-19 Protocols

Players, Cheerleaders and Coaches:

Athletes/Coaches Who Are Sick

- Athletes/Coaches who are sick should stay home. Please let their Head Coach know they will be absent.
- If Athletes/Coaches are sick or have a fever, it is recommended that they take a COVID test, even if they are vaccinated.

Athletes/Coaches Who Test Positive

- Athletes/Coaches who tested positive need to stay home for at least five days and can not participate in NMYAFL-related activities. They can return to NMYAFL-related activities after five days and are fever-free for 24 hours without fever-reducing medication and symptoms are improving.
- Notify your Head Coach as soon as they test positive.
- Athletes/Coaches returning to NMYAFL-related activities after five days must wear a mask for an additional five days.

Athletes/Coaches Who Were In Close Contact

- Athletes/Coaches, if symptom-free, who were in close contact with someone who tested positive can participate in NMYAFL-related activities regardless of vaccination status.

Coaches:

- Please review the updated COVID-19 Protocols on the NMYAFL Website under the Coaches Portal
- Coaches please perform a daily COVID-19 team check on your phone using the COVID-19 screening app under the Coaches Portal on the NMYAFL website.

Parents

- Please arrive no more than 60 min prior to your scheduled game/practice
- If you are sick, please have another bring your child to the game or practice.