



2026 NMYAFL NFL Flag and 7 v 7 Programs Information



NFL Coed Flag Football Program

NMYAFL provides Spring and Fall NFL Flag for players ages 5 to 14.

- Ages 5-12 (League age is child's age on July 31st of current year).
- Includes NFL Game Jersey and Flags
- Practices are limited to (2) two-hour practices or 4 hours max weekly.
- Spring 6 games and Fall 8 games.
- Teams are divided by ages 6U, 8U, 10U, 12U, 14U
- **The spring season starts March 9th, 2026, and fall starts July 20th, 2026.**
- **Spring NFL Flag Champions will be sponsored by NMYAFL at the NFL Flag Regionals May 9th in Denver, CO.**

NFL All Girls Flag Football Program

NMYAFL provides Spring and Fall NFL Girls Only Flag for players ages 5 to 14.

- Ages 5-12 (League age is child's age on July 31st of current year).
- Includes NFL Game Jersey and Flags
- Practices are limited to (2) two-hour practices or 4 hours max weekly.
- Spring 6 games and Fall 8 games.
- Teams are divided by ages 6U, 8U, 10U, 12U, 14U
- **The spring season starts March 9th, 2026, and fall starts July 20th, 2026.**
- **Spring NFL Flag Champions will be sponsored by NMYAFL at the NFL Flag Regionals May 9th in Denver, CO.**

Spring Pre-High School 7 v 7 Football Program

NMYAFL provides Spring Pre-high school 7 v 7 football for players ages 12-14 attending high school in the upcoming fall season.

- Ages 12-14 (League age is child's age on July 31st of current year).
- Only available for those entering high school in the fall of the current year.
- Includes 7 v 7 jersey, soft 7 v 7 helmet and mouthpiece.
- Practices are limited to (2) two-hour practices or 4 hours max weekly.
- Spring 6 games.
- Teams are divided by high school district.
- Players in pre-high school 7 v7 will receive a minimum of 6 plays per half of playing time.
- **The spring season starts March 23rd, 2026.**

*****Just a reminder. There are NO Refunds *****

NMYAFL / NMYAC 2026 Programs and Pricing

Pay in full or take advantage of the Payment Plan.

Initial Payment for all Football & Cheer products is \$50. See registration product below for balance info.

Balance payments can be made in any amount by visiting the Parent Portal at www.nmyafl.org. Stay on track towards a complete registration by paying \$30 towards your balance weekly!

Football Programs

Spring

NFL Flag (Coed - 5 to 12U)	\$140.00	Balance must be paid in full in order to receive equipment for spring.
NFL Flag (Girls - 5 to 14U)	\$140.00	
7V7 (12 to 14U)	\$150.00	
Tackle (7 to 14U)	\$210.00	

Spring and Fall

NFL Flag (Coed - 5 to 12U)	\$280.00	Balance must be less than or equal to the amount indicated in order to receive equipment for spring.
NFL Flag (Girls - 5 to 14U)	\$280.00	
Tackle (7 and 8U)	\$415.00	
Tackle (9 to 14U)	\$465.00	

Fall

NFL Flag (Coed - 5 to 12U)	\$140.00	Balance must be paid in full in order to receive equipment for fall but no later than June 1 2026.
NFL Flag (Girls - 5 to 14U)	\$140.00	
Tackle (7 and 8U)	\$230.00	
Tackle (9 to 14U)	\$280.00	

Cheer Programs

Spring

Junior Cheer (5 to 6U)	\$135.00	Balance must be paid in full in order to be fitted for spring uniform.
Cheer (7 to 14U)	\$135.00	

Spring and Fall

		Balance must be less than or equal to the amount indicated in order to be fitted for spring uniform.
Junior Cheer (5 to 6U)	\$255.00	
Cheer (7 to 14U)	\$300.00	

Fall

Junior Cheer (5 to 6U)	\$145.00	Balance must be paid in full in order to be fitted for fall uniform but no later than June 1 2026.
Cheer (7 to 14U)	\$190.00	

Tackle Football Registration Fees Include:

Helmet, Shoulder Pads, Game pants, Game Jersey, Mouthpiece & Chin Strap

Tackle Football Ages

Ages 7 thru 14 years old

Players League Age is their Age on July 31st of the Current Year. Must not be attending HS in the Fall of the Current Year.

NFL Flag Coed/Girls Registration Fees Include:

Flag Game Jersey, Flags & Mouthpiece

NFL Flag Coed/Girls Ages

Ages 5 thru 14 years old

Players League Age is their Age on July 31st of the Current Year. Must not be attending HS in the Fall of the Current Year.

7 V 7 Football Registration Fees Include:

7v7 Game Jersey, Soft Helmet, & Mouthpiece
Pre HS 7v7 12U & 14U

Cheerleader & Junior Cheerleader Registration Fees Include:

Spring: Uniform Polo, Uniform Skort & Pom Poms

Fall: Uniform, Uniform Bottom, Uniform Bloomers & Pom Poms

Cheerleader Ages

Ages 7 thru 14 years old

Junior Cheerleader Ages

Ages 5 and 6 years old

Cheerleaders League Age is their Age on July 31st of the Current Year. Must not be attending HS in the Fall of the Current Year.