



American Heart Association®
Heart Walk®

MEET ME MONDAYS

CORBETT'S 340 N 6TH AVE | 02.23.26 | 03.23.26 | 03.30.26 | 04.06.26



2026
Heart Walk
Co-Chair



Alison Flynn Gaffney
CEO
Banner University
Medicine Tucson

locally presented by



Jennifer Mendrzycki
President
CEO
TMC Health

2026
Heart Walk
Co-Chair



Join us as we come together to kick-off healthy heart awareness, BEYOND The Heart Walk. Featuring activities, engagement, and even walks with cardiologists- courtesy of both TMC Health and Banner University Medicine.

5:00 PM - 6:30 PM



Scan to learn about
Beyond's Meet Me
Mondays!

BEYOND
MEET ME MONDAYS
move • explore • nourish • connect