

CONGREGATE MEAL MENU July 2026



July 1

French Onion Beef Patty
w/onion gravy
Mashed Potatoes
Peas & Carrots
Dinner Roll w/Margarine
Chocolate Pudding

July 2

Chicken Tenders
Sweet Potatoes
Green Beans
Dinner Roll w/Margarine
Fresh Orange
BBQ Sauce

July 3

Baked Ziti & Cheese
Side Salad
Buttered Italian Vegetable
Blend
Dinner Roll
Diced Pears

July 6

Sweet and Sour Chicken
Asian Vegetable Blend
Buttered Brown Rice
Clementine
Sugar Cookie

July 7

Swiss Steak
w/Tomato Gravy
Mashed Potatoes
Peas
Dinner Roll w/Margarine
Jello

July 8

Italian Chicken
Capri Vegetable Blend
Buttered Penne
Fresh Orange
Fig Newton

July 9

Breaded Pollock
w/cheese
Sandwich Roll
Tartar Sauce
Lemon Pepper Potatoes
Diced Peaches

July 10

BBQ Chicken Salad
Salad Greens
Cheddar Cheese
Dressing
Whole Grain Roll
Fresh Melon

July 13

Meatloaf w/Gravy
Mashed Potatoes
Corn
Dinner Roll w/ Margarine
Oatmeal Cookies

July 14

Stuffed Chicken Breast
Diced Potatoes w/Garden
Seasoning
Peas & Pearl Onions
Dinner Roll w/Margarine
Fresh Clementine

July 15

Cheeseburger
Sandwich Roll
Cole Slaw
Baked Beans
Mixed Fruit

July 16

Baked Ham
Sweet Potatoes
Buttered Mixed Vegetables
Dinner Roll w/Margarine
Cantaloupe
Vanilla Pudding

July 17

Fajita Chicken
(w/peppers/onions/salsa)
Chuckwagon Corn
Buttered Brown Rice
Mandarin Orange

July 20

**Chicken w/Creamy
Mushroom Gravy**
Peas & Pearl Onions
Mashed Potatoes
Dinner Roll
Applesauce

July 21

Pasta w/Meat Sauce
Side Salad w/Dressing
Dinner Roll w/Margarine
Fresh Orange

July 22

California Turkey Burger
w/Swiss & Avocado on
Sandwich Roll
Broccoli & Ranch Dip
Zucchini and Parm Soup
Fresh Apple

July 23

Stuffed Pepper
Mashed Potatoes
Buttered Carrot Coins
Dinner Roll w/Margarine
Vanilla Greek Yogurt

July 24

Turkey & Gouda Sandwich
Cucumber Slices
Whole Wheat Bread
Mixed Fruit
Cookie
Honey Mustard

July 27

Lemon Butter Chicken
Rosemary Roasted
Potatoes
California Blend
Dinner Roll w/Margarine
Jello

July 28

**BBQ Pork Riblet
w/Sandwich Roll**
Sweet Potatoes
Baked Beans
Fresh Cantaloupe

July 29

French Onion Beef Patty
w/gravy
Mashed Potatoes
Peas & Carrots
Dinner Roll w/Margarine
Chocolate Pudding

July 30

Chicken Tenders
Sweet Potatoes
Green Beans
Dinner Roll w/Margarine
Fresh Orange
BBQ Sauce

July 31

Baked Ziti & Cheese
Side Salad
Buttered Italian Vegetable
Blend
Dinner Roll
Diced Pears

