



CONGREGATE MEAL MENU - March 2026

Monday	Tuesday	Wednesday	Thursday	Friday
March 2	March 3	March 4	March 5	March 6
Petite Beef Tenderloin Marsala Carrots Mashed Potatoes WW Bread w/marg Fresh Pear	Chicken Ceasar Salad Tomato Soup Croutons WW Bread w/marg Diced Pineapple	Stuffed Cabbage Mashed Potatoes Green Beans WW Bread w/marg Greek Yogurt w/Peaches	Chicken Parmesan Sandwich Tossed Salad Italian Baby Baked Potatoes Pound Cake w/Berries	Mojo Marinated Cod Filet Caribbean Veggie Blend Cilantro Lime Rice WW Bread w/marg Fresh Orange
March 9	March 10	March 11	March 12	March 13
Turkey & Swiss Croissant Sandwich Coleslaw Mediterranean Vegetable Soup Fresh Grapes	Korean Beef BBQ Stir Fried Vegetables Vegetable Fried Rice WW Bread w/marg Fresh Orange	Broccoli Cheese Stuffed Chicken Peas & Pearl Onions Rosemary Roasted Potatoes WW Bread w/marg Applesauce	Swiss Steak Carrots Mashed Potatoes WW Bread w/marg Chocolate Pudding	Baked Three Cheese Pasta Florentine Italian Normandy Blend Garlic Breadstick Mixed Fruit
March 16	March 17	March 18	March 19	March 20
Pub Steak Cheeseburger w/Sandwich Roll Broccoli and Ranch Dip Baked Beans Fresh Apple	BBQ Chicken Breast Sauteed Greens Chuckwagon Corn WW Bread w/Marg Diced Pears	Meatloaf w/Gravy Mashed Potatoes Peas & Carrots WW Bread w/Marg Jello	Grilled Chicken Mornay Buttered Green Beans Pasta Shells w/Sauce Fresh Fruit Salad	Deli Plate (tuna salad & egg salad w/ let/cukes/tom) Sweet Potato Corn Soup WW Bread w/Marg Pound Cake w/Berries
March 23	March 24	March 25	March 26	March 27
Meatballs Rosini Cauliflower & Peas Tossed Salad w/dressing Penne w/Sauce WW Bread w/Marg Jello	Roast Turkey Honey Glazed Carrots Cranberry Cornbread Stuffing WW Bread w/Marg Mixed Fruit	Pork Carnitas w/WW Tortilla Cabbage Slaw Mexican Rice Salsa Mandarin Oranges	Honey Mustard Chicken Salad Zucchini Parmesan Soup WW Bread w/Marg Fresh Pear	Spanish Omelette Diced Potatoes Peppers & Onions WG Croissant w/Marg Greek Yogurt w/Berries
March 30	March 31	Lent February 18 - April 2		
Smothered Pork Roasted Sweet Potatoes Brussels Sprouts WW Bread w/marg Banana Pudding	Beef Barbacoa Black Bean & Corn Vegetable Blend Brown Rice Guacamole Fresh Fruit Salad			

All meals include milk. Menus are subject to change, if necessary, due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.