

Newmarket Community Notes

New Year, New Way To Give: The Newmarket Community Church Wish List

Help Stock the Pantry! Newmarket Community Church has launched a new **Amazon Wish List** to better serve Newmarket and Newfields families.

- **High-Priority Needs:** Staple food items, soap, shampoo, and deodorant.
- **Why it matters:** These are essential items often unavailable through regional food banks.
- **Shop here:** <https://a.co/iUDs2xM>

137 Main St. Newmarket, NH NewmarketChurch.org



WE HAVE A NEW AMAZON WISH LIST FOR THE FOOD PANTRY !

To support our Newmarket and Newfields families, please consider a donation from our new **Amazon Wish List!**

The list contains high-priority staple food items that we can not purchase at the NH Food Bank and other personal items like soap, deodorant and shampoo.

SHOP THE NEW LIST FROM THIS LINK OR VISIT OUR WEBSITE:

<https://a.co/iUDs2xM>

your donations make a huge difference!

NEWMARKETCHURCH.ORG | 137 MAIN ST. NEWMARKET, NH

Embracing Different Minds: Understanding Neurodiversity



"Community Matters"

By Lamprey Health Care

A speaker series bringing relevant topics to the forefront



Understanding Neurodiversity

Presented by: Megg Thompson, Certified Behavioral Consultant

Neurodiversity recognizes that all brains work differently — including ADHD, autism, anxiety, and more — and that these differences are a natural part of being human.

A fun, informative seminar & workshop exploring how neurodivergent brains operate — and practical ways to support all kinds of brains at home, school, work, and in the community.

 Tuesday, January 27th 2026 Newmarket Office (207 S. Main Street)

 Tuesday, February 3rd 2026 Raymond Office (128 Route 27)

 Refreshments: 4:30pm

 Presentation & Workshop: 5:00pm - 6:00pm

 RSVP mmorales@LampreyHealth.org - two dates/locations to choose from.

Small groups discussion & Workshop Highlights

- What neurodiversity really means
- ADHD, Autism, Anxiety — how they show up in real life
- Being supportive: What does that actually look like?
- Creating safe places to land in school, work, home & community
- Solving the Double Empathy Problem

Help Fill the Need: Give Blood This January




Newmarket Recreation Center
Blood Drive

1 Terrace Dr
Newmarket NH 03857
Friday, January 16
10:00AM to 2:30PM
For an appointment visit redcross.org
Search: NewmarketNH

 American Red Cross

1-800-RED-CROSS | 1-800-733-2767 | redcross.org | Download the Blood Donor App



HELP FILL THE NEED

Donate blood!

 American Red Cross

Newmarket Polish American Club
Blood Drive

Function Hall
18 Central Street
Newmarket NH 03857
Monday, January 19th
12:00PM to 4:30PM
For an appointment visit redcross.org
Search: NewmarketPAC or Scan the Code

 American Red Cross

1-800-RED-CROSS | 1-800-733-2767 | TheCrossDonorApp | Download the Blood Donor App

Holiday Wrap-Up: Donate Your Leftover Supplies!

As you pack away the decorations and clear out your holiday storage, the **Newmarket Elementary School (NES) PTA** would love to take those leftover supplies off your hands!



Seeking Donations:

If you are cleaning out holiday wrapping paper/gift bags/tissue paper/ribbons/tags and would like to donate any to the NES PTA for our annual staff gift wrapping event please reach out to:

newmarketNHPTA@gmail.com