Newmarket Community Notes

New Year, New Way To Give: The Newmarket Community Church Wish List

Help Stock the Pantry! Newmarket Community Church has launched a new **Amazon Wish List** to better serve Newmarket and Newfields families.

- **High-Priority Needs:** Staple food items, soap, shampoo, and deodorant.
- **Why it matters:** These are essential items often unavailable through regional food banks.
- **Shop here:** https://a.co/iUDs2xM

137 Main St. Newmarket, NH | NewmarketChurch.org



A Year of History, A Future of Memories: Happy New Year from the Stone School Museum

The Newmarket Historical Society and the Stone School Museum have had a very busy year in 2025. We will be releasing our 2026 calendar of events soon. In the meantime, we hope you enjoy cozy gatherings with family and friends and good cheer in the coming year!

https://nhnmhs.com/

You're Not Alone This Holiday Season

The holiday season can be a beautiful time, but it also comes with its own set of challenges, like family gatherings, financial pressures, and the pressure to create the perfect celebration. It's perfectly normal to feel a bit lonely, sad, or stressed when reality doesn't quite match the picture-perfect images we see.

Remember, if you or someone you know is facing difficulties with mental health, substance use, or thoughts of suicide during this time, you are **not alone. Support is available right now.** The **988 Suicide & Crisis Lifeline** offers free, confidential assistance to everyone, 24 hours a day, 7 days a week.

The holidays can bring more than just mental health challenges. If you need support with housing, safety, or substance use, there are resources ready to help you. **For a comprehensive, confidential guide to finding food, shelter, heating assistance, and other community services, simply call 211 in New Hampshire.**

If you or someone you know is experiencing domestic violence, sexual assault, or stalking, the NH Statewide Hotline is here for you, **offering 24/7 confidential support at 1-866-644-3574.**

Please know that you are not alone, and there is help available for whatever you're going through.

