

Newmarket Recreation Events



From "old school" to "new school" and everything in between, Ms. Erin's school of Hip Hop will be a whole lot of fun! Bring your funky self and a lot of energy to learn some cool moves, simple dance routines, and show us your own style with free expression time! Please wear comfortable clothes (no shoes necessary) and bring a full water bottle to class.

WINTER/SPRING SESSION 2026
Mondays
JAN 26 - MAY 18
 No class 2/3, 2/23, 4/27
4:15 - 5:15pm
For Kids ages 8-11
\$116
Registration is OPEN NOW!

NEWMARKET RECREATION
 WE'RE HERE TO PLAY!
 603-659-8581 www.newmarketrec.org



SOUDOUGH WORKSHOP
February - Valentine's Day Theme

Join health and fitness coach Talia Walley for a beginner Sourdough Workshop that not only shows you how to make sourdough bread but also educates you on gut health, and how sourdough and fermented foods fit in. Through Talia you will gain education, support, access to tips, recipes and more!

- When: Monday, February 2nd
- Where: The Eco Center - 1 Terrace Drive, Newmarket NH 03857
- Time: 4:30-8:30 pm (approx. 2 hours)
- Cost: \$40
- What to bring: A LARGE mixing bowl, 4 1/2 cups of BREAD flour, a spatula and liquid measuring cup. The rest of the materials will be provided.

MEET THE INSTRUCTOR: TALIA WALLEY
 Talia has been studying health & wellness for the past 20+ years & believes that a healthy lifestyle is comprised of several pillars, generally working in balance together. Her areas of expertise is nutrition and fitness. She is a graduate of the Dr. Steve Mellone Institute and is a Family Health and Business Coach. (www.xdliawalks.com) And her most recent addition is conducting basic sourdough workshops to help others learn the value of better versions of foods & how to create good gut health utilizing these to help transform and health. Sourdough is not just bread!

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CREATIVE MOVEMENT
 WITH MISS ERIN
WINTER/SPRING SESSION

THURSDAYS
JAN 29 - May 28
 No class 2/12, 2/26, or 4/30
4:15-5:15pm
AGES 5-7
\$120
RECITAL DATE: TBD

DANCE DANCE DANCE

Different styles of dance will be introduced in this class, but lots of imagination will also be encouraged, as we will move our bodies in so many creative ways. We will turn ourselves into anything from animals to robots to fairies to zombies and so much more! Kids will get to play dance games, as well and also have free expression time across the floor to various types of music. We will usually end class with yoga stretches and relaxation. The purpose of this class is to expose kids to the world of dance in a playful, creative, and fun way!

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Ballet & Jazz with Miss Maddy

Time to dance! Miss Maddy's Winter/Spring Ballet & Jazz classes are now open for registration! From **Twinkle Toes** (ages 3-5) to **Blooming Ballerinas** (ages 5-8), we have the perfect classes for your child to learn technique, rhythm, and creativity.



BALLET & JAZZ

WITH MISS MADDY

WINTER/SPRING 2026

TWINKLE TOES

For ages 3-5
Wednesdays 1/21 - 5/27
 No class 2/25, 4/1, 4/29, 5/13
4:15-5:00PM
\$125

Twinkle toes for preschoolers introduces ballet and jazz basics, creative movement, and a whole lot of social fun! Students will become familiar with ballet and jazz terminology and skills. Kids will focus on fun movement and creative dance.

BLOOMING BALLERINAS

For ages 5-8
Wednesdays 1/21 - 5/27
 No class 2/25, 4/1, 4/29, 5/13
3:15-4:00PM
\$135
 + \$10 transportation van fee

Blooming Ballerina class is specifically designed to showcase the very basics of ballet, jazz, and musical rhythm. Students will learn basic and intermediate ballet and jazz skills and terms. Kids will focus on basic technique as well as creative movement.

THIS SESSION ENDS WITH A RECITAL IN JUNE

www.newmarketrec.org 603-659-8581

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Whether your little one is just beginning to explore their movements or is eager to master new techniques, Miss Maddy creates a fun and supportive environment where they can discover the joy of movement. Each session culminates in an exciting **Recital in June!**