

FREE FIVE-WEEK ADULT GRIEF SUPPORT GROUP
STARTING THURSDAY APRIL 16, 2026

Journey Through Grief

A Pathway to Hope, Renewal, and Inner Peace

When a loved one dies we often experience complex, confusing and disorienting feelings. In a supportive way, you will receive information, education and encouragement to explore these feelings and learn how loss affects and transforms us.

WHO SHOULD ATTEND?

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- Adults who are grieving the death of a spouse, parent, sibling, child, or friend
- Those who are grieving multiple losses
- Those grieving loved ones who died suddenly

LOCATION:

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Kauai Hospice
4457 Pahe`e St.
Lihue, HI 96766

DATES/TIME:

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THURSDAY 5:00pm - 6:30pm
April 16, 23, 30
May 7, 14

To register call (808) 245-7277.
Pre-registration is required.



Kauai Hospice
a special kind of caring