FREE SIX-WEEK ADULT GRIEF SUPPORT GROUP STARTING THURSDAY, JULY 31, 2025

Journey Through Arrief

A Pathway to Hope, Renewal, and Inner Peace

When a loved one dies we often experience complex, confusing and disorienting feelings. In a supportive way, you will receive information, education and encouragement to explore these feelings and learn how loss affects and transforms us.

WHO SHOULD ATTEND?

- Adults who are grieving the death of a spouse, parent, sibling, child, or friend
- Those who are grieving multiple losses
- Those grieving loved ones who died suddenly

LOCATION:

Kauai Hospice 4457 Pahe'e St. Lihue, HI 96766

DATES/TIME:

THURSDAY 5:00pm - 6:30pm

July 31 August 7, 14, 21, 28 September 4

To register call (808) 245-7277.

Pre-registration is required.

