



HNES 2000: *SchoolsAlive!* Active Classrooms
Elementary Classroom Teacher Professional Development Course
August 12 & 13 – Fargo, ND
1 graduate credit, \$50

Instructors: Jenny Linker, Ph.D. and Kristen M. Ford, Ph.D.

Grading System: Letter Grades — A, B, C, D, F

Location: Dakota Medical Foundation, 4141 28th Ave S., Fargo, ND

Dates/Time: Participants must attend both Part 1 and Part 2 to receive credit.

Part 1: Monday, August 12, 2019 - 8:30 a.m. - 4:30 p.m.

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Part 2: Tuesday, August 13, 2019 - 8:30 a.m. - 4:30 p.m.

FREE active classroom kit if you send at least three people from the same school.

BONUS prize if a physical education teacher or administrator attends!

Course Description: This two-day course provides an understanding of the importance and benefits of daily school-wide physical activity. Classroom teachers will learn how to research and implement a variety of interdisciplinary classroom physical activities and movement breaks that facilitate improved academic performance, classroom behavior, and student health. Classroom teachers will also build a working knowledge of the national *Active Schools* initiative and the classroom teacher's role in Comprehensive School Physical Activity Programs (CSPAPs).

Course Objectives:

- 1) Student will be able to describe the importance and benefits of classroom physical activity and both national and local initiatives.
- 2) Students will be able to demonstrate effective classroom physical activity strategies and appropriate practices.
- 3) Students will be able to implement the Reasoned Action Model to reflect on personal teaching experiences.

Registration:

The course will be facilitated through NDSU Distance & Continuing Education. Register here:

https://epayment.ndus.nodak.edu/C22800_ustores/web/classic/product_detail.jsp?PRODUCTID=7286&SINGLESTORE=true

*If you are interested in attending the course on a non-credit basis, e-mail schoolsalive60@gmail.com to indicate your interest. Questions regarding the course should also be sent to the e-mail above.