

CALL OF THE SEA - GIRLS ALOFT

On the water Experience aboard brigantine Matthew Turner

Students learn in an inclusive, healthy outdoor environment

- hands on sailing and Seamanship skills
- how science and physics problems apply to sailing
- the challenges of sailing as part of a crew

Seamanship - The art, skill of handling, working and navigating a ship. Duration: 4-hours (Subject matter divided into +- 30 minute rotating stations.)



- Navigation (both at the chart table and at the wheel)
- Steering the vessel piloting the vessel
- Knots as they pertain to life onboard a vessel
- Look-out responsibilities and importance
- Raising, lowering and stowing sails as required
- Line handling and use of winches; belaying pins and pulleys as applicable
- Sail terminology, sail theory and stability explained
- Understanding currents and tides within the Bay
- True and apparent wind differences and explanation

Saturdays, September 12th, 19th, 26th, 8 AM - NOON

Open to young women ages 12-24 \$125 per person. Scholarships are available email info@callofthesea.org for more information





