

GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE



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The Most Holy Body and Blood of Christ

It is no wonder that followers of Christ are called the Body of Christ. After all, sharing in the same spiritual food and sacred meal, they become what they eat and reveal the Divine Image. There is so much power for healing in the community of believers. Through the Eucharist, Christ becomes as present in those who have partaken of his Body and Blood as he has the elements themselves. The very presence of God touches the depths of the human soul and visits a part of us that no human being can ever hope to explore. We are God's. The sacred Eucharistic meal is a celebration of intimacy, the reunion of two loves in constant search of and longing for the other.

The community of believers receives the power and the presence to touch and heal in the name of the One they have welcomed within. It is now within their grasp to change the way life is lived and to more intentionally put into practice the Beatitudes that the Divine Guest has revealed. We are asked to be like Christ and work to create a world of sufficiency, where the greed of some no longer creates the want of others but where all of God's children can find a home and a place at the table of life. The One who makes a home within calls us to live a life that transforms. We are changed ourselves and now become agents of change for others. We are the Body of Christ. God is with us. We have been nourished.

Sadly, many are afraid to try. We know what we are called to do, but we struggle with feelings of doubt as to whether God really is the Way, the Truth, and the Life. Do our systems have to change? Is it possible that we somehow missed the mark when we put all of our social networks in place and established the business of our lives? Perhaps we have to radically rethink our approach and that can scare us. We might have to give something up or change, and we don't want to. As long as want, injustice, division, prejudice, and scarcity still exist, there is tremendous work for the Body of Christ.

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