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Propecia Side Effects: Marc, 45, Plans to Complain
By Elsa Mari

Editor's note: This English translation was done by a third party. The original French version can be accessed [here](#).

"I felt an internal crash as if I'd been unplugged."

45-year-old Marc* is searching for words to describe the impact Propecia had on him. His life now ruined by the prescription medication, he mourns the loss of a regular existence. "I would never have taken this medicine if I had known. "

In 2004, the then-31-year-old salesman from the Rhône-Alpes region heard about this miracle pill that combats hair loss.

"The label said that 1% of users experience sexual disorders that are reversible. Nothing really that bad. So Marc took Propecia daily for 10 years. And at first, the results were spectacular.

But in 2006, single man who had no children felt his sexual desire fade, as his fatigue increased. Six years later, he suddenly experienced cognitive dysfunction, as his libido disappeared completely.

In 2014, his doctor advised him to stop taking Propecia. Nonetheless, Marc's side effects persisted, and soon became chronic.

"In the United States, they call it post-finasteride syndrome. And the side effects are sometimes irreversible," says Marc. But that may be impossible to prove.

Meanwhile, Marc's condition continues to worsen. He is now practically immobilized by immense fatigue and muscular pain. That while unable to find medical help.

The city dweller has also given up tennis and cycling. In 2015, bedridden and "in a state of depression," he was forced to take off five months from work.

Some measure of relief finally arrived two years ago, when Marc began taking antidepressants and undergoing hormone replacement treatment.

Thanks to the American website PropeciaHelp, Marc now communicates with other victims in Switzerland and France. "I realized that many of us had the same problems," he says.

He is also planning to file a complaint.

*The name has been changed.