



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

JOB DESCRIPTION:

Job Title: Wellness Floor Attendant

FLSA Status: Non-Exempt

Job Type: Part-Time

Reports to: Healthy Living Director/Wellness Lead

Revision Date: 9/18/2026

SUMMARY/OBJECTIVE:

This position supports the work of the Y, a leading nonprofit committed to strengthening community through youth development, healthy living and social responsibility. At the Y, we support members in achieving their personal wellness goals as a part of our commitment to improving the nation's health and well-being. The Wellness Attendant will deliver an exceptional member experience in the way we engage with members:

- Support members on their personal wellness journey to reach their goals and achieve healthy spirit, mind and body.
- Welcome members into an environment where they feel respected and physically and emotionally safe.
- Connect members to the people and resources that help them achieve their goals.

ESSENTIAL FUNCTIONS:

- Build effective, authentic relationships with members. Welcome new members; greet and engage members and guests.
- Conduct new member wellness orientations, learn member's wellness goals, and create and support an engagement plan that helps them achieve those goals. The engagement plan should include various Healthy Living Initiatives as deemed appropriate to the member's goals including: Personal Training, Small Group Training, and Group Exercise; provide appropriate marketing and communication materials.
- Utilizes tools and information for the purpose of increasing member knowledge of wellness as well as wellness programs provided through the YMCA (handouts, schedules, etc.).
- Work closely with Personal Trainers, Group Exercise Instructors, and Youth Instructors to provide best collaborative member experience.
- Develop a good understanding of all the Y has to offer, help members build connections with all relevant program staff.
- Maintain a safe and clean environment in the Healthy Living and Strength Training Center. Stock resources in each area and enforce guidelines and safety rules. Inform Director immediately of any equipment issues or breakdowns, unsafe conditions or problems.

- Monitor and enforce age restriction in centers. Make appropriate recommendations for those not meeting the age requirements.
- Maintain a consistent presence in the Healthy Living and Strength Training Center and conduct frequent walk-throughs to be accessible to members and guests.
- Support fundraising initiatives.
- Follows YMCA policies and procedures; responds to emergency situations.
- Actively participates in department and branch staff meetings.
- Performs other duties as assigned.

QUALIFICATIONS/EXPIRENCES:

- At least 18 years old is helpful
- Experience in a wellness environment field preferred.
- Ability to relate effectively to diverse groups of people from all social and economic segments of the community and successful clearance of background check
- Demonstrated passion for health and wellness and motivating others in a healthy lifestyle is critical.
- Must possess enthusiasm, self-direction and excellent communication and people skills.
- Must be able to enforce rules, and speak in public
- Excellent customer service skills
- Ability to work independently with attention to detail required

PHYSICAL DEMANDS:

- Position does require some medium lifting
- Requires a person to occasionally lift weights, dumbbells, push/pull benches into place, kneel or crouch while cleaning equipment, and be physically active while demonstrating and assisting members.

ADDITIONAL ELIGIBILITY/QUALIFICATIONS:

- Certifications must be obtained and maintained within the first 90 days: CPR, AED, and First Aid (training provided).
- Child Abuse Prevention and Blood borne Pathogens.

EEO STATEMENT:

The YMCA at the Austin Community Recreation Center (the Y) provides equal employment opportunities (EEO) to all employees and applicants for employment without regards to race, color, religion, sex, national origin, age, disability or genetics. In addition to federal law requirements, the Y complies with applicable state and local laws governing nondiscrimination in employment in every location in which the company has facilities. This policy applies to all terms and conditions of employment, including recruiting, hiring, placement, promotion, termination, layoff, recall, and transfer, leaves of absences, compensation and training.