



JOB DESCRIPTION

Job Title: **Recreational Gymnastics Coach**

POSITION SUMMARY:

The Recreational Gymnastics Coach provides safe, fun, and engaging gymnastics instruction for children of all ages and skill levels. Coaches help athletes build confidence, develop skills, and enjoy the sport in a positive learning environment.

ESSENTIAL RESPONSIBILITIES

Coaching

- Teach recreational gymnastics classes following the gym curriculum.
- Instruct athletes on all gymnastics events using age-appropriate progressions.
- Create a positive, safe, and encouraging class environment.
- Manage classes effectively using positive reinforcement and good sportsmanship.
- Complete skill evaluations and communicate athlete progress to the Gym Manager.

Safety

- Follow all gym safety policies and procedures.
- Ensure equipment is used safely and appropriately.
- Teach gym safety to new athletes.
- Respond to injuries and emergencies according to YMCA policies.

Professionalism

- Arrive prepared and on time for all classes.
- Wear the required coaching attire.
- Maintain accurate attendance, evaluations, and time records.
- Supervise athletes at all times.
- Build positive relationships with athletes, parents, and staff.

Teamwork & Facility

- Communicate regularly with the Gym Manager.
- Arrange a qualified substitute when needed.
- Assist with training new coaches as requested.
- Help keep the gym clean, organized, and welcoming.

Qualifications

- Enjoy working with children and have a passion for gymnastics.
- Strong communication, leadership, and organizational skills.
- Ability to create a fun, safe, and inclusive environment.
- First Aid certification (or willingness to obtain).

Physical Requirements

- Ability to spot athletes and demonstrate basic gymnastics skills.
- Lift up to 50 pounds and move equipment as needed.
- Stand, bend, crouch, climb, and remain active throughout coaching shifts.