



Special Olympics Young Athletes Class

February 6 – March 27



Wednesdays | 5:15 – 6:00 p.m.
FREE | Ages 2–7, with and without disabilities

Young Athletes is an innovative sports play program for children with and without intellectual disabilities designed to introduce them to the world of sports prior to Special Olympics eligibility at age 8.

Our Goals

- Engage children with intellectual disabilities through developmentally appropriate play activities designed to foster physical, cognitive and social development.
- Welcome children with and without intellectual disabilities to the Special Olympics network of support.
- Raise awareness about the abilities of children with intellectual disabilities through inclusive peer participation, demonstrations and other events.
- Developing skills for success as a future Special Olympics athlete:
 - Foundational skills
 - Balancing & Jumping
 - Trapping & Catching
 - Kicking
 - Walking & Running
 - Throwing
 - Striking
 - Advanced Skills

YMCA of Austin • 704 1st Drive NW • 507-433-1804 • www.ymca-austin.org

2019 Special Olympics Young Athletes Registration Form

Register online at www.ymca-austin.org or at the Y Front Desk.

Name: _____ Circle One: Boy / Girl
Address: _____ Phone: _____
Age: _____ Grade: _____ School: _____
Email Address: _____
Parent/Guardian Name: _____ Phone: _____

My son/daughter is in good physical condition and has my permission to participate in the Special Olympics Young Athlete program. I understand that the YMCA does not carry Public Health insurance and the Accident Insurance is the responsibility of the participant.

Signature: _____

Please specify any health considerations of your child: _____

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