

## Anderson Community Girls Lacrosse

Lacrosse is a spring sport that begins in Jan/Feb and typically runs through mid-May.

### Key dates:

- Registration is open now for the upcoming 2020 spring season. ([www.AndersonLAX.com](http://www.AndersonLAX.com))
- Nov 3 Demo Day @ Anderson High School Turf (2 pm)
- Dec 5 Parents meeting @ Nagel Library
- Jan/Feb - Begin lacrosse practice on Anderson HS turf.
- Mar thru May - Regular season games & practice

### Teams

Teams are formed by grade level, skill and the number of registered players.

#### Middle School (MS - grades 7/8)

The MS girls lacrosse program objective is to prepare all girls to play lacrosse in High School.

- A' level teams are competitive teams fielded with players with experience and strong stick skills
- 'B' level teams are fielded with players at various skill levels ranging from "recreational/beginning" through more competitive.
- Expect 2 practices per week @ Cleer Creek with 1-2 games throughout the work week.

#### Youth Teams (3, 4, 5 and 6th grade)

- 'A' level teams – will comprise of our best skilled players at both the 5th & 6th grade level.
- 'B' level teams - 5th & 6th graders who are 1st year or developing players.
- 'C' level teams – will comprise of both the 3rd & 4th graders.
- Expect 1-2 practices per week @ Cleer Creek. All games are played on Saturdays.

**Cost: \$100 registration fee.** LAX equipment and uniforms will need to be purchased

**For more information and to register: please visit** [www.AndersonLAX.com](http://www.AndersonLAX.com)

We are also currently in need of coaches and support staff for the following positions:

1. Website and Team Snap Admin
2. FB Page moderator
3. Treasurer
4. Director
5. 5/6th Grade Coach
6. 7/8th Grade Assistant Coach

Anyone willing to assume a coaching or admin role will be reimbursed the registration fee at the conclusion of the season. Assistant coaches with knowledge of the game will support all coaching positions. All admin roles are currently staffed and any volunteers are essentially training to retain the role for follow on seasons. If there are any questions, please call Bryan Grubert at 513-802-7821.

*The material contained in this communication, and the activities and organizations which it describes, are not endorsed or promoted by Forest Hills School District.*