

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02	03	04	05	06	07
2:00 PM POLE I A	6:00 PM CHOREO: POLE I A		5:15 PM KIDS AERIAL I A	4:20 PM KIDS AERIAL II F		
2:00 PM OPEN PRACTICE B						
3:10 PM POLE II A	6:00 PM CHOREO: SILKS III B	5:40 PM CHOREO: POLE I A		5:30 PM KIDS AERIAL I A	5:30 PM LYRA I F	10:00 AM KIDS AERIAL I F
3:10 PM OPEN PRACTICE B	7:10 PM POLE III A	6:50 PM CHOREO: LYRA II/III F	6:25 AERIAL I B	6:40 PM STAFF PRACTICE A	6:40 PM POLE I A	11:10 AM SILKS I B
4:20 PM CHOREO: POLE III A	7:10 PM SILKS II/III B	8:00 PM SILKS I A	7:10 PM CHOREO: POLE II HEELS A	6:00 PM CHOREO: SILKS II/III B	6:40 PM OPEN PRACTICE B	
4:20 PM OPEN PRACTICE B		8:00 PM OPEN PRACTICE B	7:25 AM OPEN PRACTICE B			
08	09	10	11	12	13	14
		4:30 PM CHOREO: BURLESQUE OPEN LEVEL F		4:20 PM KIDS AERIAL II F		10:00 AM KIDS AERIAL I F
2:00 PM POLE I A		5:40 PM KIDS AERIAL II B		5:30 PM KIDS AERIAL I A	5:30 PM LYRA I F	11:10 AM SILKS I B
2:00 PM OPEN PRACTICE B	4:45 PM AERIAL II F	5:40 PM CHOREO: POLE I A	5:15 PM KIDS AERIAL I A			1:15 PM STAFF TRAINING A
3:10 PM POLE II A	6:00 PM CHOREO: POLE I A	6:50 PM CHOREO: LYRA II/III F		6:45 PM CHOREO: BURLESQUE OPEN LEVEL A	6:40 PM POLE I A	3:30 PM HIP HOP WORKSHCA
3:10 PM OPEN PRACTICE B	6:00 PM CHOREO: SILKS III B	8:00 PM SILKS I A	6:25 AERIAL I B	6:00 PM CHOREO: SILKS II/III B	6:40 PM OPEN PRACTICE B	
4:20 PM CHOREO: POLE II/III A	7:10 PM POLE III A	8:00 PM OPEN PRACTICE B	7:10 PM CHOREO: POLE II HEELS A		7:50 PM POLE II: HEEL BASICS A	
4:20 PM OPEN PRACTICE B	7:10 PM SILKS II/III B		7:25 PM OPEN PRACTICE B		7:50 PM OPEN PRACTICE B	
15	16	17	18	19	20	21
4:20 PM OPEN PRACTICE B		4:30 PM CHOREO: BURLESQUE OPEN LEVEL F		4:20 PM KIDS AERIAL II F		10:00 AM KIDS AERIAL I F
2:00 PM POLE I A		5:40 PM KIDS AERIAL II B		5:30 PM KIDS AERIAL I A	5:30 PM LYRA I F	11:10 AM SILKS I B
2:00 PM OPEN PRACTICE B	4:45 PM AERIAL II F	5:40 PM CHOREO: POLE I A	5:15 PM KIDS AERIAL I A			
3:10 PM POLE II A	6:00 PM CHOREO: POLE I A	6:50 PM CHOREO: LYRA II/III F		6:45 PM CHOREO: BURLESQUE OPEN LEVEL A	6:40 PM POLE I A	
3:10 PM OPEN PRACTICE B	6:00 PM CHOREO: SILKS III B		6:25 AERIAL I B	6:00 PM CHOREO: SILKS II/III B	6:40 PM OPEN PRACTICE B	
4:20 PM CHOREO: POLE II/III A	7:10 PM POLE III A	8:00 PM SILKS I A	7:10 PM CHOREO: POLE II HEELS A		7:50 PM POLE II: HEEL BASICS A	
4:20 PM OPEN PRACTICE B	7:10 PM SILKS II/III B	8:00 PM OPEN PRACTICE B	7:25 PM OPEN PRACTICE B		7:50 PM OPEN PRACTICE B	
22	23	24	25	26	27	28
2:00 PM POLE I A	4:45 PM AERIAL II F	4:30 PM CHOREO: BURLESQUE OPEN LEVEL F			5:30 PM LYRA I F	10:00 AM KIDS AERIAL I F
2:00 PM OPEN PRACTICE B		5:40 PM KIDS AERIAL II B	5:15 PM KIDS AERIAL I A			11:10 AM SILKS I B
3:10 PM POLE II A	6:00 PM CHOREO: POLE I A	5:40 PM CHOREO: POLE I A		6:00 PM HALLOWEEN SHOW DRESS REHEARSAL F	6:40 PM POLE I A	2:00 PM HALLOWEEN SHOW (FAMILY FRIENDLY)
3:10 PM OPEN PRACTICE B	6:00 PM CHOREO: SILKS III B	6:50 PM CHOREO: LYRA II/III F	6:25 AERIAL I B		6:40 PM OPEN PRACTICE B	
4:20 PM CHOREO: POLE II/III A	7:10 PM POLE III A	8:00 PM SILKS I A	7:10 PM CHOREO: POLE II HEELS A		7:50 PM POLE II: HEEL BASICS A	6:00 PM HALLOWEEN SHOW (ADULT ONLY)
4:20 PM OPEN PRACTICE B	7:10 PM SILKS II/III B	8:00 PM OPEN PRACTICE B	7:25 PM OPEN PRACTICE B		7:50 PM OPEN PRACTICE B	
29	30	31				
2:00 PM POLE I A						
2:00 PM OPEN PRACTICE B	4:45 PM AERIAL II F					
3:10 PM POLE II A	6:00 PM CHOREO: POLE I A					
3:10 PM OPEN PRACTICE B	6:00 PM CHOREO: SILKS III B					
4:20 PM CHOREO: POLE II/III A	7:10 PM POLE III A					
4:20 PM OPEN PRACTICE B	7:10 PM SILKS II/III B					