

December 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
		BEGINNER LEVEL CLASSES CHOREOGRAPHY CLASSES SPECIAL EVENTS/ WORKSHOPS (WKSHPP) KIDS CLASSES OPEN PRACTICE “A”-STUDIO A, “B”-STUDIO B, “F”- FULL SPACE				
				4:20PM KIDS AERIAL II F		10:00AM KIDS AERIAL I F
				5:30PM KIDS AERIAL I A	5:30 PM LYRA I F	
					6:40PM POLE I A	12:30PM-2:00PM WORKSHOP! FLEXIBILITY WITH RACHEL F
				6:45PM WORKSHOP! ROPE W/ NICOLE 90 MINUTES B	6:40PM OPEN PRACTICE B	
4	5	6	7	8	9	10
2:00PM POLE I A						
2:00PM OPEN PRACTICE B	4:45PM AERIAL II F	4:20PM BURLESQUE OPEN LEVEL HOLIDAY MINI SERIES F				
3:10PM POLE II A			4:45PM KIDS AERIAL I F	4:20PM KIDS AERIAL II F		10:00AM KIDS AERIAL I F
3:10PM OPEN PRACTICE B	6:00PM POLE I A	5:30PM KIDS AERIAL II B	6:00PM SILKS I B	5:30PM KIDS AERIAL I A	5:30 PM LYRA I F	
4:20 PM SILKS I B	6:00PM SILKS II/III HOLIDAY MINI CHOREOGRAPHY SERIES B	5:30PM EXOTIC OPEN LEVEL A	6:00PM OPEN PRACTICE A		6:40PM POLE I A	
4:20 PM OPEN PRACTICE A	7:10PM SILK II B	6:40PM LYRA II/III F	7:10PM POLE II FIT N FLOW A	7:45PM OPEN PRACTICE F	6:40PM OPEN PRACTICE B	
	7:10PM POLE III A	7:50PM SILKS I A	7:10PM OPEN PRACTICE B			
11	12	13	14	15	16	17
2:00PM POLE I A						
2:00PM OPEN PRACTICE B	4:45PM AERIAL II F	4:20PM BURLESQUE OPEN LEVEL HOLIDAY MINI SERIES F				
3:10PM POLE II A			4:45PM KIDS AERIAL I F	4:20PM KIDS AERIAL II F		10:00AM KIDS AERIAL I F
3:10PM OPEN PRACTICE B	6:00PM POLE I A	5:30PM KIDS AERIAL II B	6:00PM SILKS I B	6:30PM WORKSHOP: SANTA BABY 90 MINUTES F	5:30 PM LYRA I F	
4:20 PM SILKS I B	6:00PM SILKS II/III HOLIDAY MINI CHOREOGRAPHY SERIES B	5:30PM EXOTIC OPEN LEVEL A	6:00PM OPEN PRACTICE A		6:40PM POLE I A	
4:20 PM OPEN PRACTICE A	7:10PM SILK II B	6:40PM LYRA II/III F	7:10PM POLE II FIT N FLOW A		6:40PM OPEN PRACTICE B	
	7:10PM POLE III A	7:50PM SILKS I A	7:10PM OPEN PRACTICE B			
18	19	20	21	22	23	24
2:00PM POLE I A						
2:00PM OPEN PRACTICE B	4:45PM AERIAL II F	4:20PM BURLESQUE OPEN LEVEL HOLIDAY MINI SERIES F				
3:10PM POLE II A			4:45PM KIDS AERIAL I F	4:20PM KIDS AERIAL II F		10:00AM KIDS AERIAL I F
3:10PM OPEN PRACTICE B	6:00PM POLE I A	5:30PM KIDS AERIAL II B	6:00PM SILKS I B	5:30PM KIDS AERIAL I A		
4:20 PM SILKS I B	6:00PM SILKS II/III HOLIDAY MINI CHOREOGRAPHY SERIES B	5:30PM EXOTIC OPEN LEVEL A	6:00PM OPEN PRACTICE A		6:40PM POLE I A	
4:20 PM OPEN PRACTICE A	7:10PM SILK II B	6:40PM LYRA II/III F	7:10PM POLE II FIT N FLOW A	6:30PM OPEN PRACTICE F		
	7:10PM POLE III A		7:10PM OPEN PRACTICE B			
25	26	27	28	29	30	31
			TIME TBD STAFF DEVELOPMENT, STAFF MEETING, AND STAFF PLAY			
				4:20PM KIDS AERIAL II F		
		5:30PM KIDS AERIAL II B		5:30PM KIDS AERIAL I A	5:30 PM LYRA I F	
		6:30PM WORKSHOP: LAP DANCE 90 MINUTES F			6:40PM POLE I A	
				6:30PM OPEN PRACTICE F	6:40PM OPEN PRACTICE B	

PLEASE NOTE: WHILE MANY CLASSES ALLOW DROP-INS, PLEASE CHECK THE SCHEDULE IN **MINDBODY** TO CONFIRM THE CLASS IS RUNNING, AND PRE-REGISTER BEFORE ATTENDANCE TO ENSURE A SPOT.