



---

## Navigating Your Aviben Accounts

Aviben offers you two distinct systems to manage your accounts effectively. You may have accounts in one or both systems, depending on the type of account and your claim status. Whether you hold an invested or claim account, staying informed and proactive is key to utilizing your funds. Here's a quick guide to help you navigate through each system:

**Aviben Invested Accounts:** If you have a 403(b) or an invested HRA account, you'll access your investment information through the Investment Portal. Here, you can:

- Check your invested balance.
- Monitor and adjust your investment selections.
- Review your statements.

Log in to your Investment Portal at [\[Login\] \(yourbenefitaccount.net\)](#) to take control of your investments.

**Aviben Claim Accounts:** For FLEX accounts, Health Savings Accounts (HSAs), and claim-eligible HRA accounts, utilize the Consumer Portal. Here are a few examples of what you can do:

- Check your claim-eligible balance.
- File claims conveniently.
- Review transactions and account activity.

Access your Consumer Portal at <https://aviben.lh1ondemand.com/Login.aspx> to manage your claims effectively.

Remember, logging in to your claim account regularly is crucial to review any outstanding tasks that need attention. Tasks like submitting receipts, confirming coverage annually, and setting up direct deposit are essential. Don't forget to add your dependents through the Profile Summary Link under Accounts if you're filing claims on their behalf.

Your Consumer Portal password expires every 150 days. Stay ahead by updating it regularly.

**The Importance of Account Maintenance:** Regardless of your account type, regular logins are essential to keep your information accurate and up to date. Familiarizing yourself with your accounts makes managing them a breeze.

Need a hand accessing your account or have questions? Reach out to Aviben's Service Team at:

- Phone: 855-369-5518
- Email: [claimsupport@aviben.com](mailto:claimsupport@aviben.com)

Your Aviben accounts are valuable assets. Stay informed, stay proactive, and make the most of your benefits.