# MC3 ECHO: BEHAVIORAL HEALTH



## WHAT

Web-based, tele-mentoring training that combines a brief didactic presentation with interactive case-based presentations.

**Project ECHO® (Extension for Community Health Outcomes) leverages video conference technology** to connect subject matter experts with primary care teams in local communities, fostering an "all teach, all learn" approach. Learn more on our website: <u>MC3 ECHO: Behavioral Health</u>

- There is no fee to attend this activity
- CMEs & CEs available

### WHEN

#### 6 virtual sessions, twice a month,12:15-1:15 p.m. ET

Wed., March 8: When Picky Eating Becomes a Disorder: Diagnosing ARFID in the Primary Care Setting Wed., March 22: Fetal Alcohol Spectrum Disorders (FASDs) Identification and Management in the Primary Care Setting

Wed., April 12: Self-Injury Behavior in Youth

Wed., April 26: Implementing the 5 R's of Trauma-Informed Care in Primary Care for Youth

Wed., May 10: Medical Child Abuse: Mitigating Harm Through Awareness and Thoughtful Responsiveness Wed., May 24: Social Anxiety and Generalized Anxiety Disorder (GAD) in Youth

## WHO

#### **Target audience:**

- Community Providers
- Physicians
- Nurses
- Physician Assistants
- Social Workers/Integrated Behavioral Health Clinicians

CLICK HERE TO REGISTER

## MC3Michigan.org





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### **THE MC3 ECHO Team**



**Lia Gaggino, M.D.** Pediatrician ECHO Facilitator



**Richard Dopp, M.D.** Clinical Associate Professor U-M Department of Psychiatry ECHO Lead and Subject Matter Expert



**Sheila Marcus, M.D.** Clinical Professor U-M Department of Psychiatry ECHO Lead and Subject Matter Expert



**Erin Hughes-Krieger, LMSW** Project Manager for MC3 U-M Department of Psychiatry ECHO Project Coordinator

#### **LEARNING OBJECTIVES**

- Recognize and diagnose mental and behavioral health symptoms and disorders in their patients.
- Utilize evidence-based treatment including therapy and prescribing psychiatric medications for patients experiencing mental and behavioral health symptoms.
- Provide case consultation and peer mentorship to enhance the learning and understanding of behavioral health conditions as they are experienced by children and families in Michigan.

#### **EXPECTED RESULTS**

After completing this activity participants will be able to determine the mental health needs of their patients and offer the appropriate evidence based treatment to their patients.

Questions? Contact the MC3 Program Team at mc3-admin@med.umich.edu.

Accreditation and Credit Designation: The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Michigan Medical School designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Michigan Eisenberg Family Depression Center is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC-0063. This course is approved for 1 CE clock hour.

**Educational Planner:** Richard Dopp, M.D. **Educational Co-Planners:** Sheila Marcus, M.D., Lia Gaggino, M.D., Anne Kramer, LMSW, and Erin Hughes-Krieger, LMSW

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