

## WHAT

**Web-based, tele-mentoring training that combines a brief didactic presentation with interactive case-based presentations.**

**Project ECHO® (Extension for Community Health Outcomes) leverages video conference technology** to connect subject matter experts with primary care teams in local communities, fostering an “all teach, all learn” approach. Learn more on our website:

[MC3 ECHO: Behavioral Health](#)

- There is no fee to attend this activity
- CMEs & CEs available

## WHEN

**6 virtual sessions, twice a month, 12:15–1:15 p.m. ET**

**Wed., September 13:** Differential Diagnosis of Depression and Anxiety in the Perinatal Period

**Wed., September 27:** Anxiety Spectrum Disorders in the Perinatal Period (Panic, OCD)

**Wed., October 11:** Differential Diagnosis of Bipolarity in the Perinatal Period

**Wed., October 25:** Risk Assessment and Management in the Perinatal Period

**Wed., November 8:** Traumatic Birth and Perinatal Loss

**Wed., November 29:** Eating Disorders and Treatment in the Perinatal Period

## WHO

**Target audience:**

- Community Providers
- Physicians
- Nurses
- Physician Assistants
- Midwives
- Social Workers/Integrated Behavioral Health Clinicians
- Doulas
- Lactation Consultants

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## THE MC3 ECHO Team



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**Erin Hughes-Krieger, LMSW**  
Project Manager for MC3  
U-M Department of Psychiatry  
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## LEARNING OBJECTIVES

- Recognize and diagnose mental and behavioral health symptoms and disorders in patients.
- Utilize evidence-based treatment including therapy and prescribing psychiatric medications for patients experiencing mental and behavioral health symptoms.
- Provide case consultation and peer mentorship to enhance the learning and understanding of behavioral health conditions as they are experienced by women and families in Michigan.

## EXPECTED RESULTS

After completing this activity participants will be able to determine the mental health needs of their patients and offer the appropriate evidence based treatment to their patients.

**Questions?** Contact the MC3 Program Team at [mc3-admin@med.umich.edu](mailto:mc3-admin@med.umich.edu).

**Accreditation and Credit Designation:** The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Michigan Medical School designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Michigan Eisenberg Family Depression Center is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC-0063. This course is approved for 1 CE clock hour.

**Educational Planner:** Richard Dopp, M.D. **Educational Co-Planners:** Alyssa Stevenson, M.D., Mahela Ashraf, M.D., Rena Menke, Ph.D., Erin Hughes-Krieger, LMSW, Anne Kramer, LMSW, Sheila Marcus, M.D., and Lia Gaggino, M.D.