



Ashwood Waldorf School

Daily Health Check

One of the main safety features of our return to in-person learning is the Daily Health Check. It is critical

that all members of our school community conduct this health check every morning before entering the building. To help insure this happens, we are requiring every parent and staff member to verbally report the results of this daily health check to a staff member upon arrival at school.

Each student (or parent on behalf of student) and staff member should go through this daily health check before coming to school in order to help prevent the spread of COVID-19.

Turn over for the Daily Health Check questions ►

- ☐ *Do I feel unwell today?*
- ☐ *Do I have a cough or sore throat?*
- ☐ *Do I feel feverish?*
- ☐ *Do I have shortness of breath?*
- ☐ *Do I have a loss of taste or smell?*



Additionally, parents should answer the following question each day before their child comes to school:

- ☐ *Does the child have a temperature of 100.4 F or more?*
- ☐ *Has the child been around anyone exhibiting above symptoms within the past 14 days?*
- ☐ *Has the child been living with anyone who is sick or quarantined?*
- ☐ *Has anyone in your household returned from travel within the past 14 days from a state on the governor's travel advisory list or a country on the CDC travel advisory list?*

If the answer is YES to any of these questions, then you need to stay home and check in with your doctor before returning to school.