



**Register NOW for Upward Flag Football & Cheerleading!**

With just one practice and one game each week, Upward Sports fits your busy lifestyle!  
Say "yes" today to the program that's fun for your child and right for your family!

**Boys and Girls in grades K-6**

**Location:** Idaho Sports Foundation Fields (3852 N. Eagle Rd.)

**Practices:** start August 19

**Games:** September 7 – October 19

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