

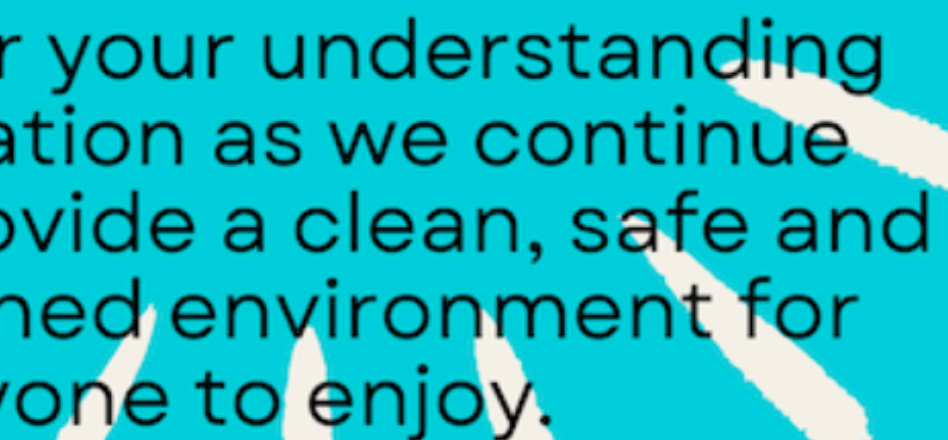


ATTENTION!

Beginning May 1, 2026

Daily Guest Pass to the Fitness Center
will be **\$10**

Thank you for your understanding
and cooperation as we continue
working to provide a clean, safe and
well maintained environment for
everyone to enjoy.



FITNESS ACTIVITY CENTER



REMINDER

To access the Fitness Activity Center, one of the following valid forms of identification is required:

- Original Homeowners Card
- Renters Card
- Guest Card (\$5/Day Fee purchased at the FAC)
- No Photos of ID on phones will be accepted

These are the requirements created by your HOA to protect our homeowners.

FAC USE RESTRICTION

- Per Board Policy 8-02A: Homeowners, guests, renters and associate members who have attained the age of at least 19 years may utilize exercise and fitness equipment.
- Guests of the FAC must have a valid guest pass and pay the daily guest user fee.

GUEST PASSES

- If you are expecting family and friends over the holidays, get your guest passes ahead of time to avoid lines.
- REMEMBER: guests require a pass to use any of the amenities if they are not with you.
- Guest passes are required at the FITNESS ACTIVITY CENTER along with a \$5/day fee (Price increases. to \$10/day May 1)



Cottonwood Palo Verde Fitness Center

ATTENTION GUESTS

PASS REQUIRED

*to access the fitness facility
All guests must*

1. Present HOA-issued guest pass & valid photo ID
2. Pay \$5.00/day (Prices increase to \$10/day May 1, 2026).

No phone photos of IDs
or passes accepted



Thank
You!

Group Classes

Fun, energizing classes designed to get you moving and feeling your best

Spots fill quickly—reserve yours today:

- **ClassFit App**
- Phone: 480-272-6484
- In Person: CWPV Fitness Center

***Arrive early—doors close just before class begins**

Attendance:

- CWPV residents receive priority registration
- Sun Lakes 1 & 3 may join the waitlist
- Open spots are filled from the waitlist the morning of class

*Unclaimed spots may be released 5 minutes before class time

Join us, get in shape, and make lifelong friends

Cottonwood Palo Verde Exercise Class Participation Rules

To ensure fairness, safety, and respect for our instructors and members, the following class policies are in place:

1. Class Registration Required

All participants must be signed up for the specific class they wish to attend.

You may register by:

- Calling the Front Desk, or
- Using the ClassFit App

2. HOA Priority

- Cottonwood / Palo Verde HOA #2 residents receive priority for all classes.
- Oakwood, Ironwood, and Sun Lakes residents will automatically be placed on a waitlist.
- On the day of class, if there are open spots, waitlisted participants will be notified by text or email that they have been added.

3. Check-In is Required

When you enter the fitness center, you must check in at the front desk.

Staff will check you off on the class roster.

If you are not on the list, you will be asked to wait to see if space becomes available.

4. Cancellation Responsibility

If you are unable to attend a class, you must cancel through ClassFit App or by calling the front desk.

This allows others to take your place and shows respect for our instructors' time.

5. No-Show Policy

If you do not cancel and do not attend, you will be placed on a No-Show List, which may affect future class registration privileges.

These guidelines help keep our classes organized, fair, and enjoyable for everyone.

Thank you for your cooperation and for helping us create a positive fitness community!

How to Download the ClassFit App & Sign Up for Classes

On Your Phone or iPad (iPhone/iPad or Android)

Step 1: Download the App

Open the App Store (iPhone/iPad) or Google Play Store (Android)

Search for ClassFit

Tap Download or Install

Step 2: Open the App

Once installed, open the ClassFit app

Step 3: Create or Log Into Your Account

Tap Sign Up if you are new

Or tap Log In if you already have an account

Enter your email and create a password (if new)

Step 4: Find Our Facility

Search for your community/fitness center name

Select it from the list

Once you book a class, CWPV will always show up in your favorites

Step 5: Book a Class

Tap on Schedule or Classes

Browse available classes

Select the class you want

Tap Book or Reserve

Private Facility Access:

We are a private fitness center for residents and approved members only. After creating your ClassFit account, your access may require approval before booking classes. If your account is pending, please call us or stop by the front desk and we will quickly approve you.

Authenticity isn't about being perfect; it's about being real.

Being authentic means choosing to live as your true self—without masks, without pretending, and without constantly worrying about what others think. It's aligning your thoughts, your words, and your actions so they reflect who you really are at your core. Authenticity isn't about being perfect; it's about being real. It's having the courage to embrace your strengths while also owning your struggles, understanding that your imperfections are not flaws to hide, but part of what makes you uniquely you. When you live authentically, you create a sense of freedom, confidence, and peace that no outside approval can replace.



Cottonwood Palo Verde Fitness Center

Did you know

we offer

FREE orientation classes

for anyone who'd like to learn
how to use our
exercise & cardio machines

These sessions are a great way to build confidence, learn proper technique, and get the most out of your workouts.

Led by Gayla, She is incredibly knowledgeable and patient when showing members how to safely and effectively use the equipment.

Whether you're brand new to the gym or just need a refresher, gayla will guide you step-by-step.

Remember, we're always here to help, encourage, and motivate you on your fitness journey!

Ask us how to learn more!