



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BECOME A YMCA TRAINER

1 | CHOOSE A COURSE

Pick a course from the Learning & Career Development Center on a topic for which you have knowledge and passion.

<https://lcdc.yexchange.org/Catalog/Course/AdvancedSearch>

2 | SATISFY PREREQUISITES

Attend the course as a participant.

Posses Three Years Experience in the Topic.

Gain Experience Teaching, Facilitating, Training.

Complete Follow-up Courses:

- Orientation to the Y Training System
- Adult-Learning Concepts
- Facilitation Skills

<https://lcdc.yexchange.org>

3 | SUBMIT APPLICATION

Attend the desired training; the course will be designated as "trainer level."

- When you go to the class details page, there will be an "Apply for Trainer Candidate" button at the top of the page
- Click on that button and complete the application. You will need to upload one letter of recommendation. Once complete click the "Submit" button.
- Submit your application at least 30 days prior to the training

4 | APPROVAL & REGISTER

Once your information is reviewed & verified by the Trainer Quality Team, attend the required interview.

Once you have received your approval email, complete your registration for the trainer-level course.



For questions please email:
leadershipcertification@ymca.net

<https://lcdc.yexchange.org>
link.ymca.net