



PRINCIPLES OF ADULT LEARNING

to include in your produce safety training

1

MOTIVATION



Workers need to be motivated to learn in order for the training to be effective. Make sure to emphasize **WHY** food safety is so important.

2

REINFORCEMENT



Reinforcement helps to change behaviors. **Positive reinforcement** would be rewarding workers for following produce safety practices. **Negative reinforcement** could mean extra training for workers who aren't following these practices.

3

RETENTION



For the workers to retain the information, make sure the training is **fun** and **engaging**, potentially including interactivity. **Brief, weekly trainings**, or reminder signs around the work place can help with retention as well.

4

TRANSFERENCE



Transference means that the workers are changing their behavior and putting into practice what they learned in the training. Using real world, **hands on activities** in the training can help.