



Breathing Love Center, LLC

BREATHING, STRETCHING, MEDITATING – YOGA

at: Bendheim Western Greenwich Civic Center
(449 Pemberwick Road, Greenwich CT 06830)

<i>Wednesdays</i>	<i>Yoga in The Park</i>
<i>Room 201 - Top Floor</i>	<i>Byram Park - Picnic Area</i> <i>(Located Behind the Dockmaster/Playground)</i>
<i>9:15 a.m.: Gentle Yoga</i> (75 min)	<i>5:15 p.m.: Gentle Yoga</i> (60 min)
\$20 per session Or a 4 - Class card for \$70	Weather Permitting on: Sept 4, 18, 25 & Oct 2 \$11 per session



For More Information

Contact Constance
203 – 200 – 7788

yoga@breathinglovecenter.com

- * Kripalu Certified Instruction.
- * No registration required.
- * Cash accepted onsite.
- * Credit Cards accepted via PayPal.
- * No experience required & options given for all levels.