



Breathing Love Center, LLC

BREATHING, STRETCHING, MEDITATING – YOGA
at: Bendheim Western Greenwich Civic Center
(449 Pemberwick Road, Greenwich CT 06830)

<i>Wednesdays</i>	<i>Yoga in The Park</i>
<p>Room 201 - Top Floor</p> <p>9:15 a.m.: Gentle Yoga (75 min)</p> <p>\$20 per session Or a 4 - Class card for \$70</p>	<p>Byram Park - Picnic Area <i>(Located Behind the Dockmaster/Playground)</i></p> <p>5:15 p.m.: Gentle Yoga (60 min)</p> <p>Weather Permitting on: Sept 4, 18, 25 & Oct 2</p> <p>\$11 per session</p>



For More Information

Contact Constance
203 – 200 – 7788

yoga@breathinglovecenter.com

* Kripalu Certified Instruction.

* No registration required.

* Cash accepted onsite.

* Credit Cards accepted via PayPal.

* No experience required & options given for all levels.