

GENERAL INFORMATION

The Bendheim Western Greenwich Civic Center (BWGCC) boasts a gymnasium, full weight room, and gorgeous dance studio, in addition to several activity rooms that will fill anyone's needs. We also have a large community room with a kitchen.

The sprawling athletic fields spill on to a baseball diamond and public playground that are used by many residents. While home to the classes, clinics, and groups listed inside of this brochure, it also hosts special events such as Halloween Happenings, plays, workshops, a holiday roller-skating party, and live outdoor performances for nights of family entertainment.

To rent a room at our facility for your own function, you may fill out the rental request form or contact our friendly and helpful staff.

ROOMS & RENTAL FEES

Gym - Sports Birthday ONLY (No Lacrosse, No Baseball)

\$67.00 per hour for sports parties and events under 3 hours.

Community Room/Kitchen

120 Person Capacity with tables
200 Person Capacity with auditorium-style seating.
\$64.00 per hour for parties and events
3 hours or less not including set up and clean up time.
Any event 4 – 8 hours is a flat rate of \$1,000.00.

Dance/ Aerobic Fitness Room

30 Person Capacity
\$64.00 per hour

7 Activity Rooms- Meetings, Classes, Programs

30 Person Capacity with tables
45 Person Capacity with auditorium-style seating.
\$37.00 per hour

Must Provide 1 form of Identification when renting a space at the BWGCC.

(Facility Rental Request form can be found online)

HOURS OF OPERATION

Monday through Friday:

7:30 a.m. – 9:30 p.m.

Saturdays: 8:30 AM – 8:30 p.m.

Sundays: 9 a.m. – 6 p.m.

****Hours of operation and room charges are subject to change.****

HOLIDAYS

Independence Day * Thurs., July 4, 2019 * CLOSED

Labor Day * Mon., Sept. 2, 2019 * CLOSED

Columbus Day * Mon., Oct. 14, 2019 * 9 a.m. – 5 p.m.

Veteran's Day * Mon., Nov. 11, 2019 * 9 a.m. – 5 p.m.

Thanksgiving Day * Thurs., Nov. 28, 2019 * CLOSED

Day after Thanksgiving * Fri., Nov. 29, 2019 * 9 a.m. – 5 p.m.

Christmas Eve * Tues., Dec. 24, 2019 * 9 a.m. – 5 p.m.

Christmas Day * Wed., Dec. 25, 2019 * CLOSED

New Year's Eve * Tues., Dec. 31, 2019 * 9 a.m. – 5 p.m.

New Year's Day * Wed., Jan. 1, 2020 * CLOSED

MLK Day * Mon., Jan. 20, 2020 * 9 a.m. – 5 p.m.

Presidents Day * Mon., Feb. 17, 2020 * 9 a.m. – 5 p.m.

Good Friday * Fri., Apr. 10, 2020 * 9 a.m. - 5 p.m.

Easter * Sun., Apr. 12, 2020 * CLOSED

Memorial Day * Mon., May 25, 2020 * CLOSED

TOWN OF GREENWICH

Department of Parks and Recreation



Bendheim Western Greenwich Civic Center

**449 Pemberwick Road
Greenwich, CT 06831**

**Phone: 203.532.1259
Fax: 203.532.1246
www.greenwichct.gov**

ADULT PROGRAMS

AARP Meetings

Chapter#3020 of the American Association of Retired Persons meets on the first Thursday of each month. For more information, contact Theresa Kelly 203.531.8263.

Boot Camp

Work out, love it, and get hooked! One exhilarating hour of calorie burning, heart-racing, muscle pumping, body energizing, inspiring movement! For more information, contact Kelly Garafalo at 203.253.6719.



Open Basketball

The gym at the BWGCC is available most days for open basketball for youth and adults. For the weekly schedule, please visit www.greenwichct.gov/wgcc

Pickleball

Easy to learn – great family sport – appeals to all ages. Pickleball is a combination of tennis, badminton and ping pong. It's only \$5 to enter the game; \$3 for participants with a Greenwich Senior Park Pass.



Weight Club

The Bendheim Western Greenwich Civic Center houses a Weight Club that is opened to members that join. For more information on joining, call Denny at 845.656.1572.

(Must be 18 years or older)

Volleyball

Co-ed adult volleyball is available every Thursday night from 7:30 to 9 PM. All levels are welcome to play and it's only \$5 to enter the game. For more information, call the Bendheim Western Civic Center or come by any Thursday.



Yoga

The yoga program is open to adults and it provides you with different yoga techniques that nurtures the body. Offered will be open level yoga, gentle yoga, vinyassa and meditation. For more information, please contact Constance at 203.200.7788 or email yoga@breathinglovecenter.com.

Zumba

Latin-inspired dance fitness class that incorporates high energy music and easy to follow dance movements. For more information, contact Ruth at 914.409.6200 or Ruthybrazil8@aol.com.

We also have an additional Zumba programs, offered by Mai and Monet on Tuesday Nights from 7:30 p.m.- 8:30 p.m. If interested contact Monet at monetmartinez@yahoo.com.

CHILDREN'S PROGRAMS

Youth Golf Clinic

An introduction to basic golf fundamentals, including proper grip, stance, etiquette and rules of the game. Available in the spring. For children 6-10 years old.

Youth Basketball Clinic

Young players entering kindergarten through 5th grade can learn to dribble, pass, shoot and score in these lessons. Available late Fall and Winter.

T-Ball

For children ages 4 & 5. Saturday afternoon games from late April to early June on the Bendheim Civic Center Barradas Field. Registration begins in late January.

Small Fry I Baseball

An instructional league for 6 year-olds that incorporates coach pitching and using the tee, if necessary. Registration is in late January.



Dance Pointe

Students may choose from a broad range of dance such as ballet, modern, tap, contemporary, jazz, hip hop and more. For more information, call 203.559.8634 or go to www.thedancepointect.com.

Boy Scouts & Girl Scouts

Boy Scout Troop 35 meets every Monday night during the school year. Girl Scout meetings (TBA). For information, contact the Boys Scouts office at 203.869.8424, or Girl Scouts at 203.531.1681.

Adventurers Camp

A Co-ed Summer program for 8 to 15 year-olds. Campers meet at the civic center each day. Themed days and activities are provided. Transportation is provided for special trips and beach days. For information, contact Patricia Troiano at 203.622.2228.



Hi-Five Sports

If you are interested in having your child attend a sports camp during the vacation days and some holidays at the BWGCC, and they are in Pre-K-5th grade visit www.hifivesportsclubs.com and register your child.



Jack Rabbits Gymnastics

Gymnastic classes for toddlers in the Fall, Winter and Spring To register or for more information, visit www.jackrabbitsgym.com or call 203.613.1033.

FAMILY PROGRAMS

Just Wee Two

A program for children ages 14 months to 3 1/2 years and their mommies, daddies, or even nannies. For more info, call Hellen Beck or Ruth Broitman at 800.404.2204 or 516.433.0003.

Magic Dance

Come join in on where music, movement and fun are the key through song and dance. For further information, call 203.981.4704 or email audreyappleby@yahoo.com



Birthday Party Rentals

Have your children's birthday party at the Bendheim Western Greenwich Civic Center! We have a gym for sports parties or the community room that can both fit any type of party you are planning for that special child or loved one.

If you're interested in having your party at the Bendheim Western Greenwich Civic Center, simply fill out the rental application and email it to us at fgabriele@greenwichct.org, or fax it to 203.532.1246.



Family Movie Nights

Bring a picnic and enjoy a movie with your family. Family movie nights take place during the summer months. \$1 popcorn available. Dates to be announced in the Special Events Flier during the summer time.

Halloween Happenings

Halloween Happenings features games, music, candy and refreshments. Kids can come in costume — as long as they're accompanied by an adult. Bring a pumpkin to decorate at the decoration table.

For more information, call 203.532.1259 or stop by the Bendheim Western Greenwich Civic Center, or check our website at www.greenwichct.gov/wgcc.

