



Unified Sports Program

for ages 6-15

This inclusive program will give kids the opportunity to participate in tennis, soccer and basketball. They will move across all three activities under the direction of Special Educator Coach Bill, in addition to 3 more trained coaches. Student groups of four or less will receive personalized instruction and rotate with each coach.

TENNIS: Students will learn how to correctly grip a racket, the technique of correct forehand and backhand follow through, and practice their serve.

SOCCER: Coach Bill and his team will lead the class in fine-tuning their ability to dribble the ball with their feet, knees and chest.

BASKETBALL: 'Street-style' basketball, including bouncing of the ball between the legs, behind the back, passing to team mates and scoring into the net.

This class will focus on: developing confidence, feeling a sense of accomplishment, and executive function skills.

Ages 6 – 10

Wednesdays, 5 – 6 p.m.

Apr. 18 – Jun. 6

Members \$216 / Community \$256 (8 sessions)

Ages 11 – 15

Wednesdays, 6 – 7 p.m.

Apr. 18 – Jun. 6

Members \$216 / Community \$256 (8 sessions)

To register, contact Liza Fahey at 203.487.0946

stamfordjcc.org

