



Department of Parks & Recreation  
Recreation Division  
101 Field Point Road - Greenwich, CT 06836-2540  
Phone: 203-531-8560 Email: [SkatingRink@GreenwichCT.org](mailto:SkatingRink@GreenwichCT.org)



# Session I Skating School

## Dorothy Hamill Skating Rink 2020

**ACTIVITY NUMBERS:** 32201, 32202, 32203, 32205

**DESCRIPTION:** Group Ice Skating Lessons

**AGES:** See Guidelines for Available Programs on Page 4

**DATE/TIME:** 8 thirty minute classes beginning **Tuesday, October 13** to **Monday, December 14, 2020.**

**LOCATION:** Dorothy Hamill Skating Rink, Sue Merz Way

### REGISTRATION:

- Online registration begins Thursday, **September 3, 2020**. Online registration is only available to Greenwich Residents. To register online go to: [www.greenwichct.gov/webtrac](http://www.greenwichct.gov/webtrac) and select "Activities, Passes, Tickets".
- Resident mail-in registration begins **Tuesday, September 8**. Application must not be postmarked prior to September 8.
- Non-resident mail-in registration begins **Tuesday, September 22**. Application must not be postmarked prior to September 22
- **There is no walk-in/in-person registration available.**
- Registration closes October 9 or when classes are full.

We accept Visa, MasterCard, American Express and Discover credit cards for resident online registration. There are no refunds and we do not pro-rate fees. Requests for credit will only be considered if received in writing prior to the start of the program. There is a \$15.00 administrative fee for credits and a \$25.00 fee for any returned checks.

**Greenwich residents are required to provide proof of residency once per calendar year for all Parks and Recreation programs.** The primary family member is required to provide two current proofs of Greenwich residency. Family members participating in this program who are over 25 years of age require one current proof of Greenwich residency. Family members participating in this program who are under 25 years of age, require a copy of their birth certificate, passport, or guardianship on file.

Acceptable proof documents with resident name, date and Greenwich address are as follows: Residential lease; utility bill (gas, electric, water, oil); cable, telephone, or internet bill (not cell phone); credit card or bank statement (no mortgage statement); driver's license or DMV CT State ID.

**NOTE:** Copies of Birth Certificates must accompany registrations for Mommy Daddy & Me and Snowplow Sam

**FEE:** The Resident fee is **\$130.00** for 8 weeks, **\$110.00** for each additional sibling enrolled.

The Non Resident fee is **\$150.00** for each participant.

Make checks payable to "Town of Greenwich"

Mail form with full payment to:

**Department of Parks and Recreation  
Attention: Ice Skating Rink  
101 Field Point Road  
Greenwich, CT 06836-2540**

## **COVID-19 PROGRAM ADJUSTMENTS**

- The wearing of face masks will be required of all instructors and participants in accordance with the Governor's Executive Order.
- Temperature will be taken each day of all instructors and class participants. Anyone with a temperature of 100 degrees Fahrenheit or above will not be permitted into the program for that day.
- Class sizes will be strictly limited to ensure we do not exceed a maximum number of skaters on the ice at any one time and to permit social distancing on the ice.
- There will be no make-up classes offered, in order to protect the health and safety of participants enrolled in each class section.
- Lessons will NOT be held during a public session. Therefore, you may not remain to skate.
- There will be no spectators permitted in the rink for children ages 10 years and older. Only one adult spectator will be permitted entrance into the rink for children younger than ten years of age or those with special needs. Spectators must wear masks and must remain socially distanced from others in a designated waiting area.
- Please do not arrive at the rink more than ten minutes prior to scheduled lesson time, as you will not be granted access to the rink. The entrance door will remain locked.
- Participants should exit the rink promptly after their lesson has concluded.
- The entrance and exit doors will remain separate. Please make sure to use the correct doors.
- Skaters must come dressed to skate, except for putting on their skates. NO LOCKER ROOMS.
- All participants should bring their own water bottles, filled at home, as no water fountain will be available.
- Participants and instructors should sanitize their hands before and after their lesson by hand-washing with soap and water for 20 seconds or using an alcohol based hand sanitizer.
- There will be NO end of season skating parties this season in order to maintain a safe environment for skaters and instructors.

## **GENERAL LESSON INFORMATION**

- The Greenwich Skating School is under the direction of **Nancy Leamy**, who holds the rating of two-time National and International Coach by the U.S.F.S.A.
- Class fees include four (4) practice sessions during a public session and badge testing.
- Skate rentals are NOT included in the price of the lesson.
- The Parks and Recreation Department does NOT issue refunds. A letter of credit is considered if a request is received in writing prior to the start of the program. Registrants assume full responsibility for any changes in their personal life, which may affect their ability to participate. There is a \$15.00 administrative fee for all credits issued.
- The Dorothy Hamill Skating Rink is **CLOSED** all day Thanksgiving Day, Christmas Day, New Year's Day.
- **Clothing** that should be worn for Skating School classes includes: hats, gloves or mittens, a warm coat, snow pants for younger children, and helmets for less experienced skaters are recommended.

Classes for Session I begin Tuesday October 13 and end Monday, December 14.

### Class Schedule 2020-2021

|   |  |  |  |
|---|--|--|--|
| <b>ACTIVITY &amp; SECTION</b><br><b>32203</b><br>A1<br>A2<br>A3<br>A4<br>A5<br>A6<br>A7<br>A8 | <b>YOUTH BASIC 1</b><br>5 - 15 year olds<br>5 - 15 year olds<br>5 - 15 year olds<br>5 - 15 year olds<br>5 - 15 year olds<br>5 - 15 year olds<br>5 - 15 year olds<br>5 - 15 year olds | <b>DAY</b><br>WED<br>WED<br>WED<br>THU<br>THU<br>FRI<br>SAT<br>SAT | <b>CLASS TIME</b><br>3:20 - 3:50 pm<br>3:55 - 4:25 pm<br>4:30 - 5:00 pm<br>4:30 - 5:00 pm<br>5:05 - 5:35 pm<br>4:05 - 4:35 pm<br>12:35 - 1:05 pm<br>2:20 - 2:50 pm |
| <b>32203</b><br>B1<br>B2<br>B3<br>B4<br>B5<br>B6  | <b>YOUTH BASIC 2</b><br>5 - 15 year olds<br>5 - 15 year olds<br>5 - 15 year olds<br>5 - 15 year olds<br>5 - 15 year olds<br>5 - 15 year olds   | <b>DAY</b><br>WED<br>THU<br>FRI<br>SAT<br>SAT<br>SAT               | <b>CLASS TIME</b><br>4:30 - 5:00 pm<br>5:05 - 5:35 pm<br>4:05 - 4:35 pm<br>1:45 - 2:15 pm<br>2:20 - 2:50 pm<br>3:30 - 4:00 pm                                      |
| <b>32203</b><br>C1<br>C2<br>C3<br>C4  | <b>YOUTH BASIC 3</b><br>5 - 15 year olds<br>5 - 15 year olds<br>5 - 15 year olds<br>5 - 15 year olds   | <b>DAY</b><br>THU<br>FRI<br>SAT<br>SAT                             | <b>CLASS TIME</b><br>3:55 - 4:25 pm<br>3:30 - 4:00 pm<br>12:00 - 12:30 pm<br>3:30 - 4:00 pm  |
| <b>32203</b><br>D1<br>D2<br>D3<br>D4  | <b>YOUTH BASIC 4</b><br>5 - 15 year olds<br>5 - 15 year olds<br>5 - 15 year olds<br>5 - 15 year olds   | <b>DAY</b><br>THU<br>THU<br>SAT<br>SAT                             | <b>CLASS TIME</b><br>3:55 - 4:25 pm<br>5:05 - 5:35 pm<br>1:10 - 1:40 pm<br>3:30 - 4:00 pm  |
| <b>32203</b><br>E1<br>E2  | <b>YOUTH BASIC 5</b><br>7 - 15 year olds<br>7 - 15 year olds   | <b>DAY</b><br>THU<br>SAT   | <b>CLASS TIME</b><br>4:30 - 5:00 pm<br>2:55 - 3:25 pm  |
| <b>32203</b><br>F1  | <b>YOUTH BASIC 6</b><br>7 - 15 year olds   | <b>DAY</b><br>SAT  | <b>CLASS TIME</b><br>2:55 - 3:25 pm  |
| <b>32202</b><br>K1<br>K2<br>K3<br>K4<br>K5  | <b>SNOWPLOW SAM 1</b><br>4-5 year olds<br>4-5 year olds<br>4-5 year olds<br>4-5 year olds<br>4-5 year olds   | <b>DAY</b><br>WED<br>THU<br>FRI<br>SAT<br>SAT                      | <b>CLASS TIME</b><br>3:20 - 3:50 pm<br>3:55 - 4:25 pm<br>3:30 - 4:00 pm<br>12:00 - 12:30 pm<br>1:10 - 1:40 pm  |
| <b>32202</b><br>L1<br>L2<br>L3<br>L4  | <b>SNOWPLOW SAM 2&amp;3</b><br>4-5 year olds<br>4-5 year olds<br>4-5 year olds<br>4-5 year olds  | <b>DAY</b><br>WED<br>THU<br>SAT<br>SAT                             | <b>CLASS TIME</b><br>3:55 - 4:25 pm<br>4:30 - 5:00 pm<br>12:35 - 1:05 pm<br>1:45 - 2:15 pm   |
| <b>32205</b><br>1A  | <b>ADULT BASIC 1 &amp; 2</b><br>16 years and up  | <b>DAY</b><br>TUE  | <b>CLASS TIME</b><br>8:00 - 8:30 pm  |
| <b>32201</b><br>M1  | <b>Mommy, Daddy &amp; Me</b><br>3-4 year olds  | <b>Day</b><br>MON  | <b>CLASS TIME</b><br>12:45 - 1:15 pm   |

## SKATING SCHOOL AVAILABLE PROGRAMS

|                              |  |
|------------------------------|--|
| <b>Mommy, Daddy &amp; Me</b> | This class is open to children ages 3 & 4; each child must be accompanied on the ice with a parent or other adult relative or "sitter" who skates. This is strictly a beginner class. Children must be three years old on the first day of class. Children must exhibit capability to function in this class. It will be provided on Wednesdays from 12:45-1:15 to provide a quiet atmosphere on the ice. <b>(No makeup classes available)</b> |
| <b>Snowplow Sam</b>          | Classes are open for children ages 4 & 5. Children must be 4 years old before start date. There are two levels; Snowplow Sam 1 is for children who have never been on the ice, Snowplow Sam 2/3 is for children who have been on the ice before and have good forward movement.  |
| <b>Youth</b>                 | This class is open for ages 5-15 years. The classes will follow U.S.F.S.A badge programs and teach the students the fundamental skills for each level of skating. Children must pass each level to continue to the next. <b>Please see requirements to pass each skill level on the next page.</b>   |
| <b>Bridge</b>                | NOT CURRENTLY OFFERED  |
| <b>Adults</b>                | These classes are offered for ages 16+. Adult classes will follow the U.S.F.S.A badge programs for classes offered in basic skating, dance, patch and freestyle.   |
| <b>Ice Dancing</b>           | NOT CURRENTLY OFFERED  |

## REQUIREMENTS TO PASS EACH SKILL LEVEL

|                |  |
|----------------|--|
| <b>Basic 1</b> | Sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles (6-8 in a row), backward wiggles (6-8 in a row), snowplow stop, two-foot hop in place (optional).   |
| <b>Basic 2</b> | Scooter pushes- right and left, forward one-foot glides- right and left, backward two-foot glides- right and left, rocking horse, backward swizzles (6-8 in a row), two-foot turns from forward or backward in place clockwise and counterclockwise  |
| <b>Basic 3</b> | Forward stroking- showing correct use of blade, forward ½ swizzle pumps or a circle (6-8 consecutive clockwise or counterclockwise), moving forward to backward two-foot turn (clockwise and counterclockwise), backward one-foot glides (focus on balance), backward snowplow stop (right and left), forward slalom.          |
| <b>Basic 4</b> | Forward outside edge on a circle (right and left), forward inside edge on a circle (right and left), forward crossovers (clockwise and counterclockwise), backward ½ swizzle pumps on a circle (clockwise and counterclockwise), beginning one-foot glides (right and left), beginning two-foot spins (up to two revolutions). |
| <b>Basic 5</b> | Backward outside-edge on a circle (right and left), Backward inside edge on a circle (right and left), backward crossovers (clockwise and counterclockwise), forward outside three-turn (right and left), advanced two-foot spin (4-6), hockey stop (both directions).   |
| <b>Basic 6</b> | Forward inside three turn (right and left), moving backward to forward two-foot turn on a circle (clockwise and counter-clockwise), backward stroking, beginning one-foot spin (2-4 revolutions), T-stops (right and left), Bunny hop, forward spiral on a straight line (right).  |



# Program Registration (please print)

Program Name \_\_\_\_\_ Activity # \_\_\_\_\_ Section(s) # \_\_\_\_\_

Participant's Name \_\_\_\_\_ Gender (M/F) \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Zip Code \_\_\_\_\_

Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ e-mail \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell \_\_\_\_\_

*In case of emergency notify the following:*

Name \_\_\_\_\_ Phone \_\_\_\_\_ Relationship: \_\_\_\_\_

List Physical Restriction(s): \_\_\_\_\_

## INDEMNIFICATION AND RELEASE

**THIS IS A LEGALLY BINDING DOCUMENT. DO NOT SIGN IT UNTIL YOU HAVE READ THE CONTENTS HEREOF AND UNDERSTAND THE SAME. IF YOU ARE IN DOUBT, CONSULT AN ATTORNEY PRIOR TO SIGNING THIS DOCUMENT.**

The Undersigned (hereinafter referring to myself, my minor children or charges, my heirs and assigns) hereby agree(s) to assume all risk and bear all responsibility and to indemnify and hold the TOWN OF GREENWICH, its agents, representatives, servants, officers, and employees, harmless from and against any and all claims, demands, suits, proceedings, liabilities, judgments, awards, losses, damages arising out of injuries to any persons or property, including any and all costs and expenses incurred in the defense of such claims, demands, suits and proceedings including court costs and attorneys' fees resulting from, arising out of, or in any way related to or connected with my/our participation in the \_\_\_\_\_ program sponsored by the Town of Greenwich/use of Town of Greenwich property/facilities/apparatus or equipment thereof.

The Undersigned, does forever discharge the Town of Greenwich, its agents, representatives, servants, officers and employees from any and all claims including claims of negligence or carelessness, alleging damages and any and all causes of action which the Undersigned may have or may hereafter have, arising out of, related to, or in any manner connected with injuries or damages the Undersigned may sustain by reason of my participation in the above-described program or use of the Town of Greenwich property, facilities, apparatus or equipment.

The Undersigned, the participant or parent/guardian of the above named person, who participates in programs organized by the Town of Greenwich Department of Parks and Recreation, assumes all risks and hazards incidental to the conduct of the activity and transportation to and from the activity. I am aware that participating in any recreational program can be a dangerous activity involving many risks of injury. I further understand there is inherent risk associated with the(se) activity(ies) and authorize emergency medical treatment and transportation in my absence.

Dated at Greenwich, Connecticut, this \_\_\_\_\_ day of \_\_\_\_\_ 202\_\_.

Signature of Participant or Parent or Guardian for participants under 18 years of age: \_\_\_\_\_

### Town of Greenwich Parks and Recreation—Anti-discrimination Policy

It is the Town of Greenwich's policy to provide full, equal and nondiscriminatory access to its park facilities, beaches and recreation areas in accordance with applicable state and federal laws. The Town's park facilities, beaches and recreation areas are open to all Town residents and other members of the general public admitted thereto in accordance with, and subject to, applicable state and federal laws, and ordinances, and regulations promulgated by the Director of Parks and Recreation and the Selectmen. It is the policy of the Town of Greenwich that all Town ordinances, regulations, policies and rules with respect to the Town's park facilities, beaches and recreation areas are applied consistently without regard to race, creed, color, national origin, ancestry, sex, sexual orientation, marital status, lawful source of income, mental retardation, mental disability or physical disability, including but not limited to blindness or deafness or any other legally protected classification.

The Town complies with all applicable federal and state laws regarding non-discrimination, equal opportunity, affirmative action, and providing reasonable accommodations for persons with disabilities. If you require an accommodation to participate, please contact the Commissioner of Human Services at 203-622-3800 or [Demetria.nelson@greenwichct.org](mailto:Demetria.nelson@greenwichct.org) as soon as possible in advance of the event.

**Office Use Only:**

HH# \_\_\_\_\_ Check # \_\_\_\_\_ Receipt # \_\_\_\_\_ Proof \_\_\_\_\_ Initials \_\_\_\_\_